



Photo: Sterling Images/Shutterstock.com



Helen Hotson/Shutterstock.com



Hicki/Shutterstock.com



Leonid Andronov/Shutterstock.com

Southampton is the cruise capital of Northern Europe. With a cosmopolitan atmosphere borne from centuries of international trade, Southampton is one of the UK's leading ports and liveliest cities, combining medieval walls and buildings, modern shopping and entertainment complexes, marinas, culture and nightlife. Explore the city's rich culture and long history and try the wide range of leisure activities in the surrounding countryside before relaxing to recount the day in one of Southampton's many harbour-side restaurants, cafés and bars.

QUIZ

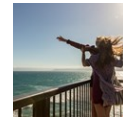
*What Type of Traveller
Are You Based on
Your Travel IQ?*

TAKE THE QUIZ

Top 5



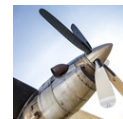
Southampton's Old Town
The Old Town is a vibrant quarter based on its own historic identity. It has...



Titanic Trail
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SeaCity Museum
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Solent Sky Aviation Museum
The Southampton Hall of Aviation (Solent Sky) depicts the history of aviatio...



Southampton City Art Gallery
The magnificent City Art Gallery has over 5000 works of art covering six cen...



THE CITY



Pimlico Badger/Flickr (image cropped)

The city has witnessed the departure of the Mayflower for the New World, the building of the first submarine, the fateful maiden voyage of the Titanic and the creation of the spitfire fighter plane. To celebrate its nautical tradition, the city hosts some of the world's most prestigious maritime events, drawing hundreds of thousands of people from across the globe to witness the vast array of colourful crafts on Southampton water. Today, it is recognised as the country's main destination and departure point for the world's great cruise liners with a constant stream of vast, luxurious floating palaces dashing through the city's skyline at all times of day and night.

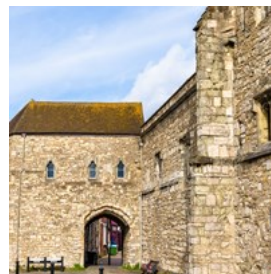
DO & SEE



Sterling Images/Shutterstock.com

Whether you want to visit one of the best UK art galleries outside London or fancy catching a blockbusting musical, Southampton is place to come to. The city is home to some of the region's best concert halls and venues, boasting three outstanding art galleries and two magnificent theatres.

Southampton's Old Town



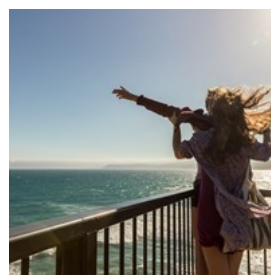
The Old Town is a vibrant quarter based on its own historic identity. It has a mix of building design dating to the 12th century, Victorian

architecture, and contemporary design. The Old Town is clearly bordered on three sides by one of the longest surviving stretches of medieval town walls in the country.

Photo: Leonid Andronov/Shutterstock.com

Address: Old Town, Southampton

Titanic Trail



Southampton will always be associated with the ill-fated liner, RMS Titanic, which set sail from shore in 1912. You can take a guided tour

with Tourist Guides Association and explore various memorials and other related points of interest of this tragic story. A self-guided booklet may be purchased at the Tourist Information Centre.

Photo: gnoparus/Shutterstock.com

SeaCity Museum



SeaCity Museum is located at the heart of Southampton, and tells the story of the city's past and its connection to the sea. Here you will hear stories of the Titanic, and experience the sights and sounds of Southampton in 1912.

Photo: Kit Leong/Shutterstock.com

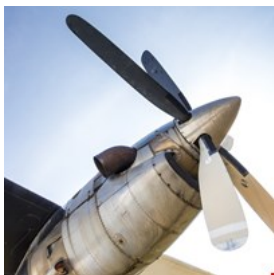
Address: Havelock Road, Southampton

Opening hours: Daily 10am-5pm

Phone: +44 23 8083 3007

Internet: www.seacitymuseum.co.uk

Solent Sky Aviation Museum



The Southampton Hall of Aviation (Solent Sky) depicts the history of aviation in the Solent area with a collection of authentic aircrafts dating back primarily to the 20th century. It houses a Spitfire and a Sandringham Flying Boat, among others. Many exhibits were produced locally.

Photo: kawephoto/Shutterstock.com

Address: 7 Albert Road South, Southampton

Opening hours: Tue-Sat 10am-5pm, closed on Mondays

Phone: +44 23 8063 5830

Internet: www.solentskymuseum.org

Southampton City Art Gallery



The magnificent City Art Gallery has over 5000 works of art covering six centuries of European culture from the Italian Renaissance to French Impressionism. Its core collection of 20th century British art is internationally renowned. Entry is free of charge.

Photo: Graham Tiller/Flickr (image cropped)

Address: Commercial Road, Southampton

Opening hours: Mon-Fri 10am-3pm, Sat 10am-5pm, closed on Sundays

Phone: +44 23 8083 2277

Internet: www.southampton.gov.uk/art

Mayflower Theatre



At the heart of Southampton's performing arts tradition is the majestic Mayflower Theatre, the largest theatre in Southern England. This opened in 1928, and has undergone extensive refurbishment. You can see musicals, ballet, operatic productions as well as comedy acts and evenings with celebrities.

Photo: Turquoisefish/Wikimedia Commons (image cropped)

Address: Commercial Road, Southampton

Phone: +44 2380 711811

Internet: www.mayflower.org.uk

Email: tickets@mayflower.org.uk

Tudor House & Garden



The Tudor House & Garden is located in the Old Town and is Southampton's oldest museum, built at the end of the 15th century. This

important historic building has undergone a major £5.4m refurbishment and transformed into an exceptional visitor experience.

Photo: Jane Rix/Shutterstock.com
Address: Bugle Street, Southampton
Opening hours: Mon-Sun 10am-5pm
Phone: +44 23 8083 4242
Internet: www.tudorhouseandgarden.com

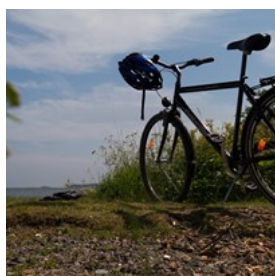
Day Trip To The Isle Of Wight



Take a short boat journey from Southampton's Town Quay to this popular holiday island. Once there, you can enjoy plenty of attractions and fun activities. The beautiful landscape has a mix of forests, wide sandy beaches and chalk cliffs - ideal location for a day trip.

Photo: Ronald Saunders/Flickr (image cropped)
Address: Isle Of Wight
Internet: www.redfunnel.co.uk

Bike The Tracks Of New Forest



A 12 minute river crossing from Southampton brings you to the picturesque harbour town of Hythe from where your choice of bike can be collected. You are then free to explore the New Forest with its beautiful scenery, historic castles and famous sea views.

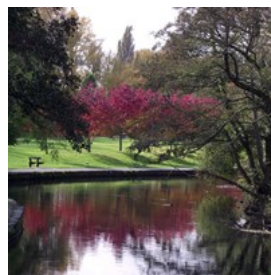
Hythe Ferry
+44 23 8084 0722
Prospect Place, Hythe, Southampton

Cyclexperience
+44 23 8084 0765
Suite 4a South Street Centre, 16 South Street,

Hythe, Southampton
cyclexhytheltd@gmail.com

Photo: AleGranhholm/Flickr (image cropped)
Address: Prospect Place, Hythe, Southampton
Phone: +44 23 8084 0722
Internet: www.cyclex.co.uk

Southampton's Parks



Southampton is probably the greenest city in Southern England. Close to the Old Town are seven Grade II listed formal parks, which have been fully restored to their former Victorian glory and have their traditional bandstand, rose gardens, elaborate fountains and imposing sculptures which evoke the city's history and civic pride.

There are plenty of activities to do here such as mini-golf course, basketball court, a skate park and cricket pitches. There are also guided walks and regular music sessions in the bandstand.

Photo: Beckie/Flickr (image cropped)

Medieval Merchant's House



Built in 1290, as the home of a Southampton man who made his fortune trading with Bordeaux, and is one of the earliest surviving merchant's houses in England. It has been restored to its mid-14th century appearance and replica furnishings provide an insight into medieval life.

Photo: Leimenide/Flickr (image cropped)
Address: 58 French Street, Southampton, Hampshire
Phone: +44 870 333 1181

Internet: www.english-heritage.org.uk/visit/places/medieval-merchants-house

More Info: Opening times & Prices: www.english-heritage.org.uk/visit/places/medieval-merchants-house/prices-and-opening-times

Guided Walks



Sightseeing walks and tours in and around Southampton is a great way to explore the city. Many guided walks on a variety of themes are arranged by See Southampton and Southampton Tourist Guides Association. They provide both public and private walking tours. Consult the web sites for more info.

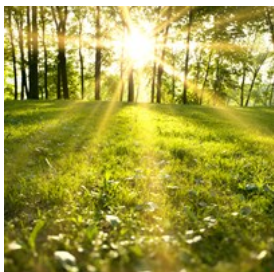
Photo: [baranq/Shutterstock.com](#)

Address: Old Town, Southampton

Phone: +44 7804 120 479

Internet: www.seesouthampton.co.uk

Southampton Common Park



The huge 326 acre Common park, just a short walk from the city centre, is a haven for flora and fauna and has been designated as

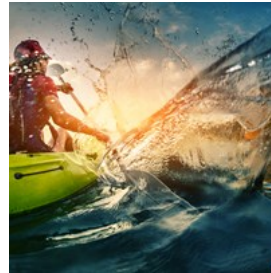
UNESCO site of special scientific interest. The Hawthorns Urban Wildlife Centre gives visitors the opportunity to learn about the local ecology and wildlife.

Photo: [Peshkova/Shutterstock.com](#)

Address: Southampton Common, Southampton

Phone: +44 23 8067 1921

Sport Activities



Southampton offers a wide range of sports facilities including golf (The Municipal Golf Course), Tennis (David Lloyd Tennis Club), sailing, canoeing/kayaking, swimming and diving, and general leisure centre activities.

Southampton Golf Club

Golf Course Road

Bassett

Southampton

www.southamptongolfclub.co.uk

David Lloyd Leisure

Off Brownhill Way Frogmore Lane

Southampton Hampshire

www.davidlloyd.co.uk

Woodmill Outdoor Activities Centre

www.activenation.org.uk/outdoor_venue/woodmill

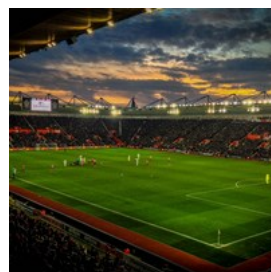
+44 300 0200 135

Photo: [Dudarev Mikhail/Shutterstock.com](#)

Address: Golf Course Road, Bassett, Southampton

Internet: www.southamptongolfclub.co.uk

St Mary's Stadium



If you like football then you should head over to St Mary's Stadium which is the home of Southampton F.C. The stadium has undergone

some constructions between December 1999 and July 2001 at a total cost of £32 million.

Besides watching football you can take a stadium tour where you get the chance to see the

players' dressing rooms, warm-up room, tunnel entrance and the tactics board where the players gather round for pep talk. The tour lasts for one and a half hours.

Photo: Mike Beales/Flickr (image cropped)

Address: Britannia Road, Southampton

Phone: +44 2381 780 780

Internet: www.saintsfc.co.uk

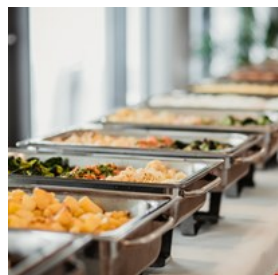
DINING



dalecruse/Flickr (image cropped)

Southampton's world trade links through its harbour are reflected in the wide choice of international cuisine on offer in its restaurants: Oriental, Indian, Mediterranean, American, Mexican or new and traditional British are all represented. Deep within the old town, Oxford Street has developed a reputation as the new home of cosmopolitan chic with its collection of eateries, bars and cafés. Bedford Place also offers an equally enticing dining experience to Oxford Street. It is home to a number of restaurants, cafés and bars.

Kuti's



A lively, bright brasserie in the heart of Oxford Street serving traditional Bangladeshi and Indian cuisine together with a selection of innovative signature dishes. Lunch buffet is offered Sunday

to Friday, and buffet-style dinner is served Fridays, Saturdays and Sundays.

Photo: OMolleker/Shutterstock.com

Address: 39 Oxford Street, Southampton

Opening hours: Daily lunch: 12pm-2.30pm, dinner: 6pm-12am

Phone: +44 23 8022 1585

Internet: www.kutis.co.uk

The White Star Tavern And Dining Rooms



The White Star is an award winning restaurant and hotel. The restaurant boasts 2 AA Rosettes for food and dining. Here they offer you fresh,

locally sourced meals in a classic modern British style. At the bar you can enjoy the very best drinks and cocktails.

Photo: Yulia Grigoryeva/Shutterstock.com

Address: 28 Oxford Street, Southampton

Phone: +44 23 8082 1990

Internet: www.whitestartavern.co.uk

Ennio's



Ennio's is recognised as one of the finest Italian restaurants in Hampshire. The speciality is fresh fish and seafood, with 10-12 different

varieties daily. The most popular dish is "Grigliata Mixta" which is mixed fish and seafood grill - a good way to sample a variety of flavors at once.

Photo: norikko/Shutterstock.com

Address: 1 Town Quay, Southampton

Opening hours: Opens for lunch and dinner

Phone: +44 23 8022 1159

Internet: www.ennios.co.uk

Email: info@ennios.co.uk

Banana Wharf



Banana Wharf is a modern and atmospheric restaurant on the waterfront. It is popular with families and mooring yacht folk. The restaurant

opens from early breakfast (Sat & Sun starting 8.30am) all day to late at evening, and offers a fusion of oriental and tropical influences in its dishes.

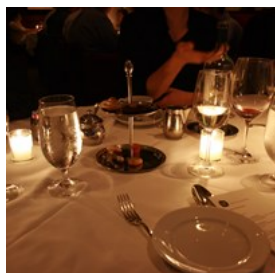
Photo: Viktor Hanacek/Shutterstock.com

Address: Ocean Village, Southampton

Phone: +44 23 8033 8866

Internet: www.bananawharf.co.uk

Carnicero Steakhouse Restaurant & Bar



This Galician steakhouse with a distinct bistro feel is the place to be for meat-lovers: the menu features various cuts cooked to perfection, but

extends to include a multitude of seafood and even vegetarian options.

Photo: Swaminathan/Shutterstock.com

Address: 29 Oxford Street, Southampton

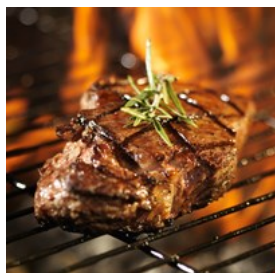
Opening hours: 12:00-22:00

Phone: +44 23 8034 3333

Internet: www.carnicero.co.uk

Email: infocarnicero@gmail.com

The Oxford Brasserie



Everyone in Southampton who's into food knows the legendary Oxford Brasserie. Never resting on laurels, they've revamped the

restaurant's image to reflect the contemporary menus and understanding of the modern working

lunch. In the evening, the restaurant transforms into an intimate, relaxed oasis.

Photo: Joshua Resnick/Shutterstock.com

Address: 33-34 Oxford Street, Southampton

Opening hours: Daily noon-10pm

Phone: +44 2380 635 043

Internet: www.theoxfordbrasserie.co.uk

Email: hello@theoxfordbrasserie.co.uk

More Info: Monday to Friday closed from 15:00 to 18:00

Fusion Noodle Bar



This restaurant serves primarily oriental noodle and rice dishes, with a few variations on the theme. On the menu you will find mouth-watering

dishes such as Thai green curry chicken, roasted duck in Hoi Sin sauce, Malaysian beef curry and much more.

Photo: jreika/Shutterstock.com

Address: 15 Mary Street, Southampton

Opening hours: Tue-Fri 12pm-2.30pm & 5pm-11pm, Sat 12pm-11pm, Sun 12pm-10pm, closed Mondays

Phone: +44 23 8063 2221

Internet: www.fusionnoodlebar.co.uk

La Regata



La Regata is a small Spanish family-run restaurant with a beautiful location on the Southampton's water front. This is an ideal

restaurant if you fancy trying lots of different flavours since the menu offers a wide variety of traditional tapas, which are all home made.

Photo: Yulia Grigoryeva/Shutterstock.com

Address: Town Quay, Southampton

Opening hours: Daily 12pm-2.30pm, 6pm-10.30pm

Phone: +44 23 8022 3456

Internet: www.laregata.co.uk

Email: laregata94@gmail.com

CAFES



Yulia Grigoryeva/Shutterstock.com

There are a range of cafés in Southampton to suit anyone's taste and budget. You will find the highest concentration of eateries and coffee shops around Southampton harbour, Oxford Street and Bedford Place.

The Art House Southampton



The Art House Gallery Café is a volunteer-run, multi-disciplinary art venue and café. It's located in the heart of Southampton's evolving

cultural quarter and they also offer organic food and drink. Immerse yourself into the place's unique atmosphere of creativity.

Photo: Chaloemphan/Shutterstock.com

Address: 178 Above Bar Street, Southampton

Opening hours: 11:00-22.00 (Tuesday to Saturday)
12:00-17:00 (Sunday)

Phone: +44 23 8023 8582

Internet: www.thearthousesouthampton.co.uk

Email: info@thearthousesouthampton.co.uk

More Info: Closed on Mondays

Costa



Costa is a chain of Italian coffee shops. In this café you will be served coffee made the Italian way, slow-roasted for 20 minutes for a fuller, richer taste. Costa also offers different types of snacks and cakes - perfect for a short pit stop when touring the city.

Photo: JIL Photo/Shutterstock.com

Address: Civic Centre Road, Southampton

Phone: +44 23 8022 3023

Internet: www.costa.co.uk

More Info: Located at Marlands Shopping Centre

Cafe Creme



This is a café/coffee shop with a warm and friendly atmosphere. Here you can have a good, solid breakfast, a hefty lunch or - if you are craving something sweet - the menu offers fruit scones, cakes and tasty smoothies; do not miss the heavenly fresh croissants.

Photo: AS Food studio/Shutterstock.com

Address: 31 Bedford Place, Southampton

Opening hours: Mon-Fri 8am-5pm, Sat 9am-5pm

Phone: +44 23 8023 6616

BARS & NIGHTLIFE



Rawpixel.com/Shutterstock.com

Like most major towns and cities, Southampton has a burgeoning bar scene. New, fashionable and trendy bars keep popping up on a regular basis, while the more traditional and quintessential British drinking houses – the pubs – remain ever popular. Southampton's vast array of clubs cater to every kind of musical taste, making it a major draw for students of the city's two Universities. The compact city centre means you're never that far from a new, pounding dance floor.

Bring & Mix



A different cocktail bar, where patrons are allowed to bring their spirits of choice along to let themselves be surprised by resident mixologists' creations. Guests hand the alcohol over to the barman, and receive artisan drinks with juices, syrup infusions, herbs and spices.

Photo: Ivan Mateev/Shutterstock.com
Address: 34 Bedford Place, Southampton
Opening hours: Fri-Sat 6pm-11pm
Phone: +44 7595 264773
Internet: www.bringandmix.com
Email: info@bringandmix.com

The London Hotel



Located quite close to the busy Oxford Street nightlife district, The London Hotel (housed inside an imposing 19th century building) is an old-fashioned pub that offers entertainment almost every night, including cabaret, pub-quizzes and karaoke. The bar staff are extremely helpful and friendly.

Photo: khuruzero/Shutterstock.com
Address: 2 Terminus Terrace, Southampton
Phone: +44 23 8071 0652
Internet: www.the-london.co.uk

Orange Rooms



Established in 2001, Orange Rooms is winner of Southampton's Best Bar Award. A great place for a burger (be sure to try the Lamb far-kofta), or to unwind with a cocktail and soak in the music and good times. Orange Rooms features blues every Monday and various other shows throughout the week.

Photo: Viktor Hanacek/Shutterstock.com
Address: 1-2 Vernon Walk, Southampton
Opening hours: Sun-Mon 12pm-12am, Tues-Thurs 12pm-1am, Fri-Sat 12pm-2am
Phone: +44 23 8023 2333
Internet: www.orangerooms.co.uk/southampton
Email: info@orangerooms.co.uk

The Giddy Bridge



Conversation takes precedent over loud music in the traditional environment of this Southampton pub. The friendly staff serve hot meals and ales at reasonable prices. The drink selection is quite extensive, and includes ciders, draft & bottled beers (including exotic Polish & Chinese), and more.

Photo: Brent Hofacker/Shutterstock.com

Address: 10-16 London Road, Southampton

Phone: +44 23 8033 6346

Internet: www.jdwetherspoon.com

SHOPPING

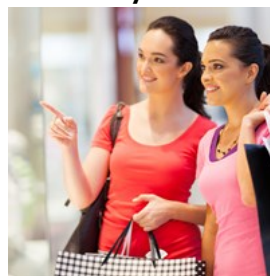


connel/Shutterstock.com

The compact city centre has a variety of department stores, wide pedestrian streets and markets. Markets can be found every Friday and Saturday around the Bargate Monument.

Traditional high street shopping is found on the traffic-free Above Bar Street, and specialty shops are available in East Street, High Street, Queensway, Oxford Street, London Road and Bedford Place.

WestQuay



WestQuay has been voted as the best of its kind in the UK. This is a large shopping centre with three floors. It is a paradise for the fashion-conscious with brands such as French Connection, Karen Millen, Hollister, Apple and other big names recognised worldwide.

Photo: michaeljung/Shutterstock.com

Address: Harbour Parade, Southampton

Phone: +44 2380 336 828

Internet: www.west-quay.co.uk

The Marlands



The Marlands shopping centre contains around sixty shops. Here you can find street fashion, lifestyle, furnishings and toys. Major retailers run shop here such as Matalan, Poundland, CeX, The Disney Store and Claire's Accessories. For food, stop by Stakks Pancake House or JRC Global Buffet.

Photo: Syda Productions/Shutterstock.com

Address: Civic Centre Road, Southampton

Phone: +44 2380 339164

Internet: www.intomarlands.co.uk

Above Bar Street



The Above Bar Street and surrounding areas contain some of the mid- and upper-range brand name boutiques known the world over (as well as some local brands). Clothing stores, electronics, book shops and more, along with a multitude of cafés and restaurants.

Photo: blurAZ/Shutterstock.com

Address: Above Bar Street, Southampton

Bedford Place



This Southampton area is where some of the privately run local businesses set up shop - most belong to the upmarket sector. It's a

lively area with bars and eateries located to the north of the Parks, a 10-minute walk from the central train station and/or downtown.

Photo: Dragon Images/Shutterstock.com

Address: Bedford Place, Southampton

Disney Store



The Southampton installment of this worldwide store chain sells anything and everything a Disney fan's heart desires. Toys,

collectibles, decorations, clothing, and all imaginable Disney memorabilia all gathered under one roof (featured Marvel and Star Wars themed items).

Photo: michaeljung/Shutterstock.com

Address: The Marlands Centre, Southampton

Phone: +44 23 8022 2543

Internet: www.disneystore.co.uk

More Info: Unit 17, Marlands Shopping Centre

TOURIST INFORMATION



QQ7 / Shutterstock.com

Passport / Visa



Citizens of the European Union member-states, Norway, Liechtenstein, Iceland, Switzerland, and Overseas Countries and Territories (OCT) only

require a valid passport to enter the UK. Residents of a further 10 countries do not require entry visas for stays under 6 months: the USA, Canada, Australia, New Zealand, Japan, Singapore, South Korea, South Africa, Hong Kong, and Malaysia. Nationals of some further countries do not require a visa, but need to hold an entry certificate. Use the UK Government website to check for specific requirements: www.gov.uk/check-uk-visa.

Photo: TukTuk Design/Shutterstock.com

Best Time to Visit



The best times to visit weather-wise are late spring to early autumn, with peak tourist season falling on the month of August. To avoid the crowds, plan your trip for June or July.

Photo: VectorA/Shutterstock.com

Airport



Southampton has its own international airport, serving approximately 50 destinations courtesy of around 12 airlines. It has the closest plane-to-train

link of any European airport with frequent services to the city centre (8 minute journey time). Booking in advance can save you up to 43%. You can book your ticket online.

www.thetrainline.com

There are multiple bus services that operate between the city centre and the airport. The journey time from the city centre and the airport is approximately 30 - 40 minutes.

The Uni-Link bus service operates between the airport, Southampton city centre and waterfront. www.unilinkbus.co.uk

Velvet Bus runs to Hedge End and Eastleigh (stop located outside train station).

The First Group run hourly buses between the airport and city centre. www.firstgroup.com

Whealers Connect line operates on weekdays, and runs between Airport Parkway, Eastleigh Bus Station, Boyatt Wood, Chestnut Avenue, RSH Hospital and the city centre of Southampton.

Southampton Airport is easily accessible by car from the M27 and the M3, which is connected to the M25, so to the whole country.

There are over 200 taxi companies serving Southampton airport and the surrounding areas, many of which specialise in airport taxis and can offer great rates.

Photo: Juan Garces

Address: Southampton International Airport, Southampton

Phone: +44 844 481 7777

Internet: www.southamptonairport.com

Buses



Southampton has a wealth of public transport links to help you get around the city and further afield. However, keep in mind that

transport tickets purchased for use of a particular line cannot be used on others. Most buses stop at the central train station.

Regular inter-urban services link to and from Southampton operated by:

First Group

www.firstgroup.com

Bluestar

www.bluestarbus.co.uk

Velvet

www.velvetbus.co.uk

Wilts & Dorset buses

www.morebus.co.uk

Uni-Link

www.unilinkbus.co.uk

Photo: Pierre-Luc Auclair

Trains



There are direct local rail services that run from Southampton Central to Totton, Romsey, Chandlers Ford, Eastleigh and Southampton Airport.

You can also catch the train from 7 local stations (Redbridge, Millbrook, Swaythling, St. Denys, Bitterne, Woolston and Sholing) to Southampton Central or other destinations.

Photo: Michael Zenaty

Phone: +44 800 519 1919

Email: public.transport@southampton.gov.uk

Ferries



There are two ferry services to the Isle of Wight leaving from Town Quay (Red Funnel and The Hythe Ferry). Red Funnel has two services

to the Isle of Wight. The Red Jet is a high speed service which carries foot passengers between Town Quay and West Cowes. The journey takes approximately 25 minutes. Then there is the Vehicle Ferry between Town Quay and East Cowes which you can take if you are travelling with a bicycle. Journey time is approximately 55-60 minutes.

www.redfunnel.co.uk

+44 844 844 9988

The Hythe Ferry travels between Town Quay and Hythe Pier carrying foot passengers and cyclists. The journey time is approximately 10-15 minutes.

www.hytheferry.co.uk

+44 23 8084 0722

Photo: M-O Vector / Shutterstock.com

Taxi



There are several taxi companies serving Southampton and the surrounding areas. Star Taxis - Southampton +44 744 332

2004

www.startaxiuk.co.uk

Radio Taxis House

+44 23 80 666 666

www.radiotaxis-southampton.ltd.uk

Nick Rumsey Taxi Service

+44 7870 198968

This small taxi company service clients throughout Southampton. Specialising in long distance travel, wheelchair accessible and six seats vehicle is available.

Photo: ArrivalGuides

Post



Stamps are available from post offices and newsagents. The red-colored British post boxes are difficult to miss, and are scattered all throughout town. Post offices are generally open Monday-Friday 9am-5.30pm. Larger post offices are open Saturdays 9am - 12.30pm.

Photo: Andy Fuchs

Address: 32 - 34 Above Bar Street, Southampton

Phone: +44 23 8022 7313

Internet: www.postoffice.co.uk

Pharmacy



All medication is readily available, either over the counter or on prescription. Boots the Chemist have 2 stores in the city centre: WestQuay

Retail Park

Open 8.30am-8pm Mon-Fri (7.30pm Thurs),
8am-6pm Sat and 11am-5pm Sun

19 - 29 Above Bar Street

Open 8.30am-6.15pm Mon-Sat, 10.30am-4.30pm
Sun

Southampton is home to some of the best healthcare in the country with excellent hospitals and clinics, highly skilled staff and groundbreaking research.

Southampton City Primary Trust is the organisation responsible for ensuring you get the NHS care you need.

List of local Doctors:

www.southamptonhealth.nhs.uk/gplist

If you need 24 hour urgent medical care, telephone NHS Direct (Tel: 111). They can give you free medical advice and direct you to the nearest hospital with 24 hour accident and emergency department.

Photo: Gemma Garner

Telephone



Country code: +44 Area
code: 023

Photo: Jardson Almeida

Electricity



230/240V AC, 50Hz.

Plugs have three square pins.

Photo: Stirling Tschan

Population

239,700

Currency

British pounds, £1 = 100 pence

Opening hours

Mon-Fri 9am-8pm, Sat 9am-7pm, Sun 11am-5pm

Newspapers

Daily Star
Daily Mail
The Independent
The Times
The Guardian
Southern Daily Echo

Emergency numbers

999

Tourist information

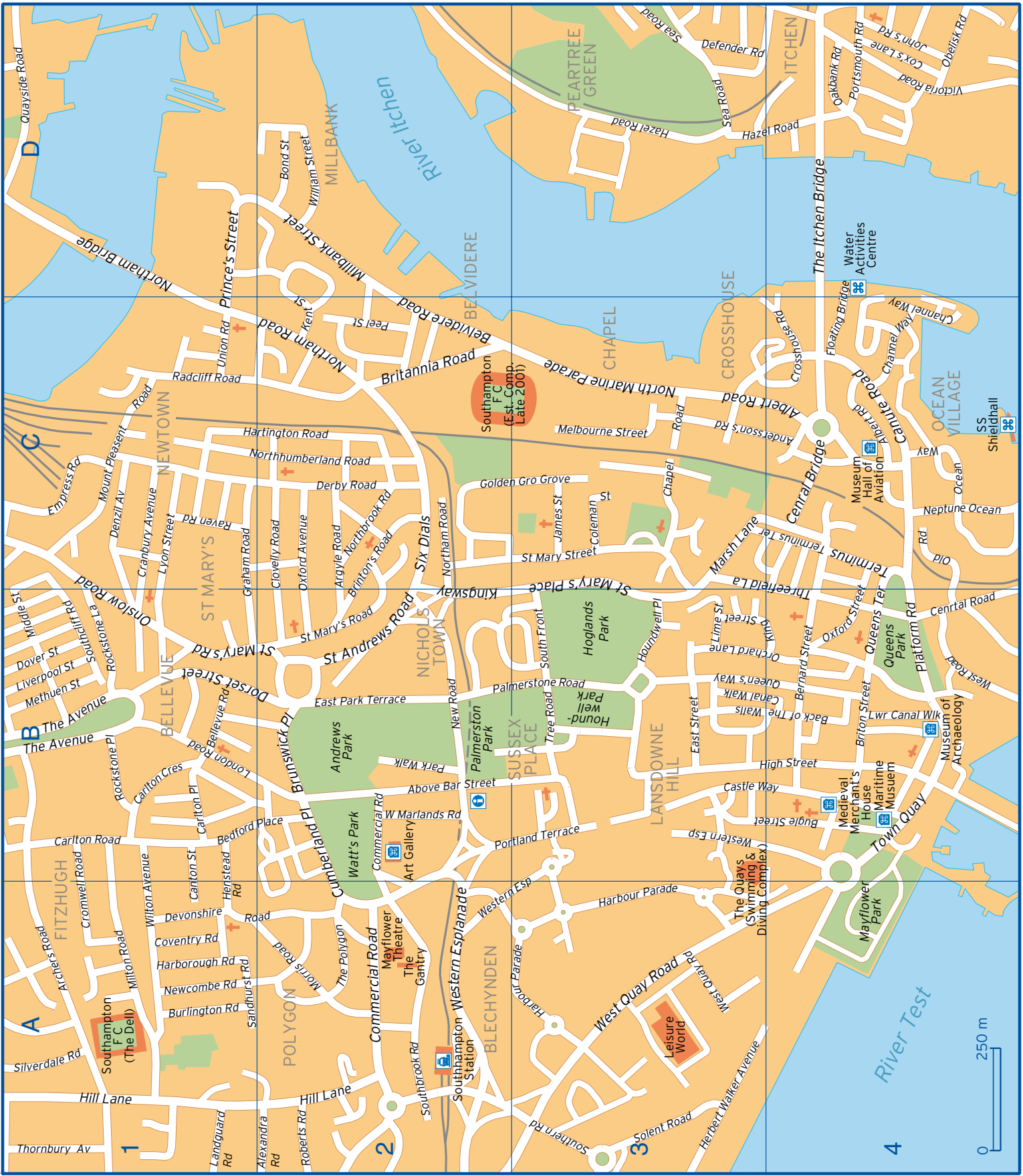
Tourist Information points around the city:

SeaCity Museum
Havelock Road, Southampton
Daily 10am-5pm

Oceans
160 High Street, QE2 Mile, Southampton
Mon-Sat 9am -6pm, Sun 10am-4pm
+44 2380 331395

Southampton Central Library
Civic Centre, Southampton





Above Bar Street	B2	Floating Bridge	C4 D4	Oxford Street	B4 C4
Albert Road	C3 C4	Golden Gro Grove	C2 C3	Palmerstone Road	B2 B3
Alexandra Road	A2	Graham Road	B1 C1	Park Walk	B2
Andersson's Road	C3 C4	Harborough Road	A1	Peel Street	C2
Archers Road	A1	Harbour Parade	A3	Platform Road	B4
Argyle Road	C2	Hartington Road	C1 C2	Portland Terrace	B2 B3
Back of The Walls	B3 B4	Hazel Road	D3 D4	Portsmouth Road	D4
Bedford Place	B1 B2	Henstead Rd	A1 B1	Prince's Street	C1 D1
Bellevue Road	B1	Herbert Walker Avenue	A3	Quayside Road	D1
Belvidere Road	C2	High Street	B3 B4	Queens Terrace	B4 C4
Bernard Street	B4	Hill Lane	A1 A2	Queen's Way	B3 B4
Bond Street	D2	Houndwell Place	B3	Radcliff Road	C1
Brinton's Road	B2 C2	James Street	C3	Raven Road	C1
Britannia Road	C2	John's Road	D4	Roberts Road	A2
Briton Street	B4	Kent Street	C2 D2	Rockstone Lane	B1
Brunswick Place	B2	King Street	B3 B4	Rockstone Place	B1
Bugle Street	B3 B4	Kingsway	C2	Sandhurst Road	A1
Burlington Road	A1	Landguard Road	A1	Sea Road	D3
Canal Walk	B3 B4	Lime Street	B3	Silverdale Road	A1
Canton Street	A1 B1	Liverpool Street	B1	Six Dials	C2
Canute Road	C4	London Road	B1	Solent Road	A3
Carlton Crescent	B1	Lower Canal Walk	B4	South Front	B3
Carlton Place	B1	Lyon Street	C1	Southbrook Road	A2
Carlton Road	B1	Marsh Lane	C3	Southcliff Road	B1
Castle Way	B3 B4	Melbourne Street	C3	Southern Road	A3
Central Bridge	C4	Methuen Street	B1	St Andrews Road	B2
Central Road	B4	Middle Street	B1	St Mary Street	C3
Channel Way	C4	Millbank Street	D2	St Mary's Place	C3
Chapel Road	C3	Milton Road	A1	St Mary's Road	B1 B2
Clovelly Road	C2	Morris Road	A2	Terminus	C4
Coleman Street	C3	Mount Pleasant Road	C1	Terminus Terrace	C3 C4
Commercial Road	A2 B2	Neptune Ocean	C4	The Avenue	B1
Coventry Road	A1	New Road	B2	The Itchen Bridge	D4
Cox's Lane	D4	Newcombe Road	A1	The Polygon	A2
Cranbury Avenue	C1	North Marine Parade	C3	Thornbury Avenue	A1
Cromwell Road	A1 B1	Northam Bridge	D1	Threefield Lane	B4 C3
Crosshouse Road	C4	Northam Road	C2	Town Quay	B4
Cumberland Place	A2 B2	Northbrook Road	C2	Tree Road	B3
Defender Road	D3	Northhumberland Road	C1 C2	Union Road	C1
Denzil Avenue	C1	Oakbank Road	D4	Victoria Road	D4
Derby Road	C2	Obelisk Road	D4	West Marlands Road	B2
Devonshire Road	A1	Ocean Way	C4	West Quay Road	A3
Dorset Street	B1 B2	Old Road	C4	West Road	B4
Dover Street	B1	Onslow Road	B1 C1	Western Esplanade	A2 A3 B3
East Park Terrace	B2	Orchard Lane	B3 B4	William Street	D2
East Street	B3	Oxford Avenue	B2 C2	Wilton Avenue	A1 B1
Empress Road	C1				