



Oslo

Photo: DigitalMammoth&Shutterstock.com



Anna Jedynak/Shutterstock.com

Thanks to the country's thriving oil industry, Oslo is one of the wealthiest cities in Europe. This is visible in its glass-covered skyscrapers, new infrastructure, and in a plethora of trendy restaurants, bars and boutiques. This beautiful city is situated right next to the Oslo fjord, combining a modern attitude with a most beautiful natural environment.



William Perugini/Shutterstock.com



Vladimir Mucibabic/Shutterstock.com

QUIZ

*What Type of Traveller
Are You Based on
Your Travel IQ?*

TAKE THE QUIZ

Top 5



Viking Ship Museum
The Viking Ship Museum showcases great viking ship discoveries from Gokstad,...



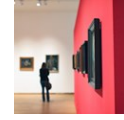
Oslo Opera House
An iconic city landmark, the white oblique building of the Opera House is lo...



Aker Brygge and Tjuvholmen
Aker Brygge is a lively and very popular area situated right by the fjord. I...



Vigeland Sculpture Park
Located in Frogner Park, this park-inside-a-park hosts more than 200 granite...



Munch Museum
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THE CITY



Krzysztof Zalewski/Shutterstock.com

With the mountains and the sea enhancing its innovative architecture, Oslo is a modern capital with a unique Nordic feeling. With plenty of state-of-the-art-museums looking back at the city's ancient past and cultural heritage, a cityscape scattered with artworks and green areas just a step away from the bustling centre, Oslo is one of the most appealing urban destinations in the North.

DO & SEE



Scharfsinn/Shutterstock.com

Oslo is a lively city full of museums, art and entertainment that will never leave visitors bored. Right in the city centre, viking history and old wooden neighbourhood are just beside hip districts with innovative architecture and contemporary art. Festivals and concerts are held frequently all around the city.

Viking Ship Museum



The Viking Ship Museum showcases great viking ship discoveries from Gokstad, Oseberg and Tune, including the world's two

best-preserved viking wooden ships, as well as other findings from viking tombs around the Oslo Fjord.

Photo: David Jones/Flickr.com (image cropped)

Address: Huk Aveny 35

Opening hours: 1 May-30 September: 09:00 - 18:00, 1 October-30 April: 10:00 - 16:00

Phone: +47 22 13 52 80

Internet:

www.khm.uio.no/english/visit-us/viking-ship-museum

Email: entre-vsh@khm.uio.no

Oslo Opera House



An iconic city landmark, the white oblique building of the Opera House is located right next to the harbour and was constructed to emulate a

floating glacier.

Offering a rich program of opera and ballet, this emblematic building has oak interiors, street-level windows and a shimmering marble rooftop: to climb it and enjoy the great view over Oslo and its fjord is a must for every visitor.

Photo: Medvedeva Oxana/Shutterstock.com

Address: Kirsten Flagstads Plass 1

Opening hours: Monday-Friday: 10:00 - 19:00, Saturday: 11:00 - 18:00, Sunday: 12:00 - 18:00

Phone: + 47 21 42 21 21

Internet: operaen.no/en

Email: post@operaen.no

Aker Brygge and Tjuvholmen

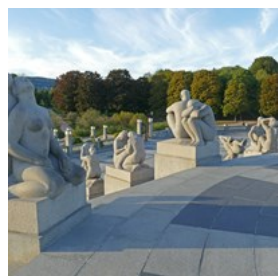


Aker Brygge is a lively and very popular area situated right by the fjord. It has seen an enormous development since the days when it used to be a ship yard, up until the 80s. Now visitors and locals come here for shopping, al fresco dining at one of the countless restaurants and bistros or just to take a stroll along the waterfront.

Tjuvholmen is one of the most recent areas in Oslo: characterised by innovative architecture, it hosts many art galleries, a sculptures park and a city beach. Here you'll also find the Astrup Fearnley Museum, housed in the spectacular wooden building designed by Renzo Piano.

Photo: byggarn.se/Shutterstock.com
Address: Aker Brygge and Tjuvholmen
Internet: www.akerbrygge.no, www.tjuvholmen.no
Email: post@akerbrygge.no

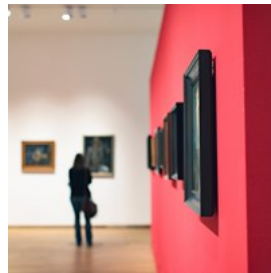
Vigeland Sculpture Park



Located in Frogner Park, this park-inside-a-park hosts more than 200 granite and bronze sculptures by artist Gustav Vigeland and is one of Norway's most popular tourist attractions. There is no entrance fee and the park is open 24h all year round.

Photo: Milan Sommer/Shutterstock.com
Address: Frognerparken, Nobels Gate 32
Internet: vigeland.museum.no/en/vigelandsparken

Munch Museum



Edvard Munch has a unique position in the history of art, as one of Expressionism's early pioneers. The Munch Museum hosts a unique collection of more than 1,100 of Munch's paintings. This makes the Munch Museum a unique starting point to explore the majority of Munch's world-renowned works. Major works will always be on display in the museum.

Photo: Ysbrand Cosijn/Shutterstock.com
Address: Tøyengata 53
Opening hours: Monday-Sunday: 10:00 - 17:00
Phone: +47 23 49 35 00
Internet: munchmuseet.no/en/
Email: info.munch@munchmuseet.no

Damstredet & Telthusbakken



A picturesque area in central Oslo with characteristic wooden houses from the 19th century. These two narrow and crooked streets lined with colourful houses are the perfect way to take a break from the hustle and bustle of the city and experience some authentic old-Norway atmosphere. Around are the peaceful Egeberggløkka, an allotment gardens area, and medieval Gamle Aker Kirke.

Photo: Arnsdale/Shutterstock.com
Address: St. Hanshaugen area

Akershus Fortress



This cultural and recreational area has stood witness to defining events of the country's history for centuries. The medieval fortress erected by King Håkon V was turned into a Renaissance castle and royal residence by King Christian IV and is today a complex of castle, walls and smaller buildings overlooking the harbour. The site is frequently used for events and celebrations and there are guided tours available daily.

Photo: Paulo Miguel Costa/Shutterstock.com

Opening hours: Main Gate: 06:00 - 21:00, Side gates: 07:00 - 21:00

Phone: + 47 23 09 39 17

Internet: www.forsvarsbygg.no/no/festningene/finn-din-festning/akershus-festning/english

Email: akershusfestning@mil.no

Norwegian Museum of Cultural History



Norsk Folkemuseum is an extensive open-air museum displaying more than 150 traditional buildings from all around Norway, including an impressive stave church.

Craft demonstration, animal feeding and horse raiding are among the many activities available daily through the summer.

An indoor exhibition showcases traditional handicraft items, national costumes, folk art and an exceptional insight into Sami history and culture.

Photo: vyskoczilova/Shutterstock.com

Address: Museumsveien 10

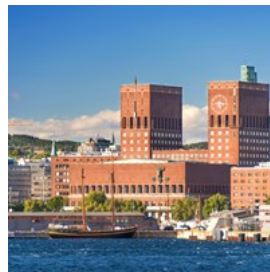
Opening hours: 1 January-30 April: 11:00 - 16:00, 1 May-30 September: 10:00 - 17:00

Phone: +47 22 12 37 00

Internet: norskfolkemuseum.no/en

Email: post@norskfolkemuseum.no

Oslo City Hall



The double-towered building made of red bricks hosting Oslo Rådhus is a major symbol of the city. The interiors are decorated with scenes of Norwegian culture, history and working life from the first half of the 20th century. The ceremony for the Nobel Peace Prize awarding is held here every year.

Photo: Nanisimova/Shutterstock.com

Address: Fridtjof Nansens plass / Rådhusplassen 1

Opening hours: Wednesday-Monday: 10:00 - 16:00. Closed on Tuesday

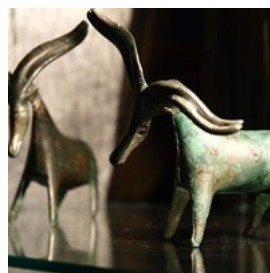
Phone: +47 23 46 12 00

Internet:

www.oslo.kommune.no/politikk-og-administrasjon/radhuset

Email: postmottak@rft.oslo.kommune.no

Museum of Cultural History



At the Museum of Cultural History visitors will find a large collection of items tracing back Norwegian History from the Ice Age to Christianity, with a focus on the Viking period and the Middle Ages. On the top floors there is an ethnographic museum with rotating exhibitions.

Photo: mararie/Flickr.com (image cropped)

Address: Frederiksgate 2

Opening hours: 2 May-30 September: 10:00 - 17:00, 1

October-30 April: 11:00 - 16:00 Closed on Monday

Phone: 47 22 85 19 00

Internet: www.khm.uio.no/english

Email: info@khm.uio.no

The Botanical Garden



The Botanical Garden in Oslo is a nice retreat from the hustle of the city, with vast green and lush gardens. The garden was established in 1814 and is

the oldest one in Norway; it boasts: an Arboretum with about 1,800 different plants including many exotic species, a scent garden and wooden sculptures by British artist Tom Hare.

Photo: Nanisimova/Shutterstock.com

Address: Sars Gate 1

Opening hours: 1 October-14 March: 07:00 - 17:00 daily, 15

March-30 September: 07:00 - 21:00 daily

Phone: +47 22 85 17 00

Internet: www.nhm.uio.no/english

Email: postmottak@nhm.uio.no

Holmenkollen Ski Museum & Tower



A must see when visiting Oslo: the views of the city and the fjord from the ski jump are amazing. The ski museum traces the history of skiing through

4,000 years.

Photo: Marcel Alsemgeest/Shutterstock.com

Address: Kongeveien 5

Opening hours: October-April: 10:00-16:00, May and

September: 10:00 - 17:00, June-August: 09:00 - 20:00

Phone: +47 22 92 32 00

Internet: www.skiforeningen.no/en/holmenkollen

Email: post@skiforeningen.no

The Royal Palace



The neo-classical Royal Palace lies right at the end of Karl Johann Street, and makes for a very impressive sight. The park, which surrounds

the palace, is a popular picnic and sun-bathing spot thanks to its grassy areas and majestic trees. Every day at 1.30 pm the guard changing ceremony takes place.

Photo: PlusONE

Address: Slottsplassen 1

Opening hours: The palace is accesible during summer season with guided tours only

Phone: +47 22 04 89 64

Internet: www.royalcourt.no

Email: post@slottet.no

Tusenfryd Amusement Park



Tusenfryd is an amusement park about 45 minutes outside of Oslo and it's a favourite with children and families.

Visit Tusenfryd and have a great time on one of the many attractions, including wooden roller coaster, carousels and long rides.

Photo: rustycanuck/Shutterstock.com

Address: Fryds Vei 25

Phone: +47 64 97 64 97

Internet: www.tusenfryd.no/en

Email: firmapost@tusenfryd.no

Bygdøy



Bygdøy is a beautiful peninsula not far from district Frogner. There are many popular museums here, but the peninsula is also a well-appreciated recreational area during summer months, with beaches, hiking trails and cycling paths.

Photo: Maria Endermar/Shutterstock.com

Address: Bygdøy

Internet: www.visitoslo.com/bygdoy

DOGA



DogA, the Norwegian Centre for Design and Architecture, was established by Norsk Form and the Norwegian Design Council in 2005 as a meeting place for design, architecture and related disciplines. DogA is located in a converted power station by the Aker River, and hosts a number of exhibitions, conferences and seminars.

Photo: Jean-Pierre Dalbéra/Wikimedia Commons (image cropped)

Address: Hausmanns Gate 16

Opening hours: Monday-Friday: 10:00 - 16:00

Phone: +47 23 29 28 70

Internet: www.doga.no

Email: post@doga.no

Lake Sognsvann



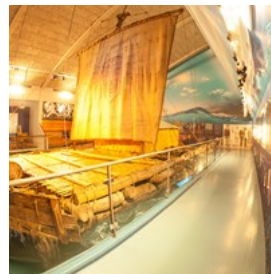
A popular recreational area, Lake Sognsvann is easily accessible directly from the city centre. During the winter there are skiers everywhere,

and in the summer many people walk or run the approximately 3 kilometres path around the lake.

Photo: Tim M/Shutterstock.com

Address: Sognsvann

The Kon-Tiki Museum



Thor Heyerdahl earned international fame for his expeditions across the Pacific Ocean on board of the Kon-Tiki and Ra in 1947. At The Kon-Tiki Museum you can follow the intriguing events during his expeditions and their significance for world history. See the actual balsa and papyrus rafts, and learn more about Heyerdahl's travels.

Photo: The Kon-Tiki Museum/WikimediaCommons.com (image cropped)

Address: Bygdøynesveien 36

Opening hours: November-February: 10:00 - 16:00,

March-May: 10:00 - 17:00, June-August: 09:30 - 18:00,

September-October: 10:00 - 17:00

Phone: +47 23 08 67 67

Internet: www.kon-tiki.no

Email: kon-tiki@kon-tiki.no

The National Museum - Architecture



The combination of classical and modernist architecture makes the building signed by two of the most important Scandinavian architects, Fehn and Grosch, an attraction in itself. Here you can find changing exhibitions related to different historical periods, with photos, models and drawings, as well as a gift shop and cafe.

Photo: Dalbéra Annie/Wikimedia Commons (image cropped)

Address: Bankplassen 3

Opening hours: Tuesday-Wednesday: 11:00 - 17:00,

Thursday: 11:00 - 19:00, Friday: 11:00 - 17:00, Saturday -

Sunday: 12:00 - 17:00

Phone: +47 21 98 20 00

Internet: www.nasjonalmuseet.no/en/visit/locations/the_national_museum_architecture

Email: info@nasjonalmuseet.no

More Info: Free entry on Thursdays

Norwegian Maritime Museum



The Norwegian Maritime Museum is located on the Bygdøy peninsula.

Visitors can enjoy fascinating environmental exhibitions about fishing,

ship building, sailing, marine archaeology and an impressive collection of boat models and marine paintings.

Photo: [sirtravelalot/Shutterstock.com](#)

Address: Bygdøynesveien 37

Opening hours: 1 October-30 April: 11:00 - 16:00 daily, 1

May-30 September: 10:00 - 17:00 daily

Phone: +47 22 12 37 00

Internet: www.marmuseum.no/en

Email: fellespost@marmuseum.no

DINING



[LMspencer/Shutterstock.com](#)

Oslo is an exceptionally modern capital with a large variety of ethnic cuisines, gourmet restaurants and classic eateries. The city is one of the most expensive in the world and prices are generally high, nonetheless cheaper alternatives serving good quality food can be found all

around the city.

Brasserie Sanguine



Brasserie Sanguine sits in the middle of the iconic Opera House's foyer. You can visit during day time, have a coffee in the sun or combine a grand

dinner with an opera show. Serving Norwegian classics and some international dishes, Sanguine's menu changes every month.

Photo: [Mostovyi Sergii Igorevich/Shutterstock.com](#)

Address: Kirsten Flagstads Plass 1

Opening hours: Days without show: Monday-Saturday: 11:00

- 19:00, Sunday: 12:00 - 18:00. Days with performance:

Monday-Saturday: 11:00 - 23:00, Sunday: 12:00 - 22:00

Phone: +47 21 42 21 42

Internet: www.sanguinebrasserie.no/english

Email: post@opera-huset.no

Syverkiosken



One of the cheapest eats in Oslo, Syver hot dog kiosk has come to stand as a landmark of the city. The boiled wieners are prepared following a

family recipe, wrapped in a sort of thick potato pancake and served with a wide range of traditional toppings.

Photo: [Skumer/Shutterstock.com](#)

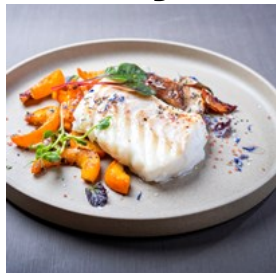
Address: Maridalsveien 45

Opening hours: Monday-Friday: 09:00 - 23:30,

Saturday-Sunday: 11:00 - 23:30

Phone: +47 96 70 86 99

The Ekeberg Restaurant



The first thing that strikes you as you arrive at Ekeberg restaurant is the magnificent view over the Oslo fjord, the islands and the city. This

restaurant was first built in 1916, but was modified into its current appearance in 1929, following a design competition. Ekeberg consists of several restaurants, a bar/lounge, an outside venue and a fine dining restaurant upstairs.

Photo: hiphoto/Shutterstock.com

Address: Kongsveien 15

Opening hours: Monday-Saturday: 11:00 - 23:00, Sunday: 12:00 - 21:00

Phone: +47 23 24 23 00

Internet: www.ekebergrestauranten.com/english

Email: post@ekebergrestauranten.com

Grådi



A laid-back eatery serving simple but tasty Norwegian fusion food, good beers and cocktails at very fair prices. Try the traditional Norwegian

lompe: potato pancakes topped with meat, vegetables or fish.

Photo: CHIKARAvv/Shutterstock.com

Address: Sørligata 40

Opening hours: Tuesday-Thursday: 11:00 - 23:30,

Friday-Sunday: 11:00 - 01:00

Phone: +47 97 88 05 44

Email: graadi.t@gmail.com

Theatercaféen



A classic Viennese-style venue located inside the elegant Continental Hotel and just in front of the National Theatre, Theatercaféen is one of

the most popular eatery in Oslo.

The focus is on national cuisine, with Norwegian classics from both sea and land prepared with local, fresh ingredients.

Photo: Mateusz Gzik/Shutterstock.com

Address: Stortingsgaten 24/26

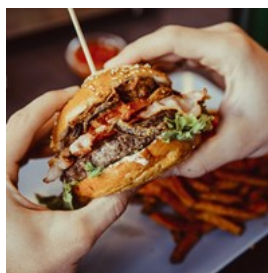
Opening hours: Monday-Saturday: 11:00 - 22:30, Sunday: 15:00 - 22:00

Phone: +47 22 82 40 50

Internet: www.theatercafeen.no

Email: bord@theatercafeen.no

Munchies



A cheap option offering some of the best burgers and fries in Oslo. They have three branches around the city and also serve good craft beer.

Photo: veryulissa/Shutterstock.com

Address: Thorvald Meyers Gate 36A

Opening hours: Monday-Wednesday: 11:00 - 22:00, Thursday: 11:00 - 00:00, Friday-Saturday: 11:00 - 03:00, Sunday: 11:00 - 22:00

Internet: www.munchies.no

Email: info@munchies.no

Alex Sushi



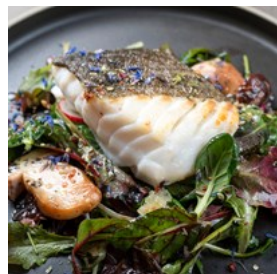
Modern interiors, top-quality ingredients and innovative cuisine have made Alex Sushi one of the most popular sushi restaurants in town. The

food is prepared just in front of the customers'

eyes and the menu offers a broad choice of different combinations of tastes and cooking styles. The restaurant also has a take-away counter

Photo: prapass/Shutterstock.com
Address: Cort Adelers Gate 2
Opening hours: Monday-Saturday: 16:00 - 23:00, Sunday: 16:00 - 21:00
Phone: +47 22 43 99 99
Internet: www.alexsushi.no
Email: alex@alexsushi.no

Louise Restaurant & Bar



Louise Restaurant & Bar is situated on the premises occupied by Aker boat workshop in the 1920s. Many unique artefacts from Oslo's

naval history were utilised for the interiors' decoration. The restaurant overlooks the beautiful Oslo fjord and the Akershus Fortress across the water and offers prime-quality seafood based on seasonal Norwegian ingredients. In the summer, the outside area is very popular.

Photo: hiphoto/Shutterstock.com
Address: Stranden 3
Opening hours: Monday-Thursday: 11:00 - 23:00, Friday-Saturday: 11:00 - 03:00, Sunday: 01:00 - 22:00
Phone: +47 22 83 00 60
Internet: www.restaurantlouise.no/english
Email: bordbestilling@restaurantlouise.no

The Great India



The Great India is located in downtown Oslo, right in front of the National Gallery. Colourful decorations and fabrics transport you right into the glory of India, while the food boasts a huge

variety of flavours from traditional Northern India cuisine.

Photo: Mukesh Kumar/Shutterstock.com
Address: Kristian Augustsgate 14
Opening hours: Monday-Saturday: 15:00 - 23:00, Sunday: 15:00 - 22:00
Phone: +47 22 20 03 89
Internet: www.thegreatindia.no
Email: post@thegreatindia.no

Delicatessen



A tapas restaurant with a casual atmosphere serving also salads and sandwiches. Try their jamon and manchego or the saffron and chorizo croquettes.

Photo: Takin' Shotz/Shutterstock.com
Address: Søndre Gate 8
Opening hours: Monday-Thursday: 11:00 - 22:00, Friday: 11:00 - 23:00, Saturday: 12:00 - 23:30, Sunday: 12:00 - 22:00
Phone: +47 22 46 72 00
Internet: www.delicatessen.no/en
Email: grunerlokka@delicatessen.no

Trattoria Popolare



Trattoria Popolare is an Italian restaurant located in an old brewery that serves lunch and dinner in an informal environment. The pasta is

home-made, the ingredients seasonal and fresh and the Italian wines selection is the widest in Norway.

Photo: Piyato/Shutterstock.com
Address: Trondheimsveien 2
Opening hours: Monday-Thursday: 11:00 - 22:00, Friday: 11:00 - 23:00, Saturday: 12:00 - 23:00, Sunday: 12:00 - 21:00
Phone: +47 40 67 52 31
Internet: www.popolare.no

Email: post@popolare.no

Hanami



From its excellent location at beautiful Tjuvholmen, Hanami serves Japanese fusion food in an enchanting environment inspired by nature. The restaurant is specialized in Robata charcoal grill and can boast a sushi bar and delicious home-made desserts.

Photo: Wuttisit Somtui/Shutterstock.com

Address: Kanalen 1

Opening hours: Monday-Friday: 11:00 - 23:00, Saturday: 13:00 - 23:00, Sunday: 14:00 - 22:00

Phone: +47 22 83 10 90

Internet: hanami.no/en.htm

Email: booking@hanami.no

The Nighthawk Diner



The Nighthawk Diner is located in the very popular neighbourhood of Grünerløkka and serves a range of all-American favourites, like Louisiana chicken, milkshakes, pies, hamburgers and pancakes.

Photo: iolab/Shutterstock.com

Address: Seilduksgata 15

Opening hours: Monday-Friday: 11:00 - 21:00, Saturday: 10:00 - 22:00, Sunday: 10:00 - 20:00

Phone: +47 96 62 73 27

Internet: www.nighthawkdiner.com

Email: reservations@nighthawkdiner.com

Bølgen & Moi Briskeby



Bølgen & Moi is located in an old power station and is definitely worth a visit. Being a well-known restaurant brand in Norway, the establishment can be best described as a modern brasserie. The menu includes classic meals, oven-baked pizza and a popular breakfast buffet.

Photo: Inspired by Maps/Shutterstock.com

Address: Briskebyveien 31

Opening hours: Monday-Wednesday: 11:00 - 01:00, Thursday-Friday: 07:30 - 01:00, Saturday: 09:00 - 01:00, Sunday: 11:00 - 18:00

Phone: +47 24 11 53 53

Internet: www.bolgenogmoi.no

Email: briskeby@bolgenogmoi.no

Yaya's Restaurant Vika



An authentic Thai environment where to taste the variety of meals made from scratch at a very reasonable price, have a drink at the beach bar and enjoy the happy reggae tones.

Photo: jutamas/Shutterstock.com

Address: Munkedamsveien 53B

Opening hours: Monday-Sunday: 16:00 - 22:00

Phone: +47 22 83 71 10

Internet: www.yayas.no

Email: feedback@yayas.no

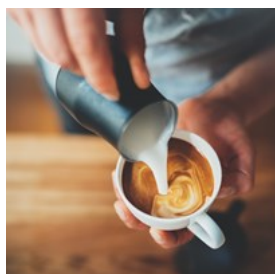
CAFÉS



Jacob Lund/Shutterstock.com

You can easily find a cafe in Oslo to rest your legs, but the city's teeming urban scene and proximity to sublime landscapes can offer much more; espresso bars, cosy bakeries and tasty snacks can be found in every of the city's districts, serving top-notch products in characteristic environments.

Tim Wendelboe



Extremely popular micro roastery and espresso bar, Tim Wendelboe serves prime-quality coffee-based beverages and makes for the perfect

place to experience Nordic coffee culture. All beans are self-sourced and hand-roasted in the shop.

Photo: ImYanis/Shutterstock.com

Address: Grüners Gate 1

Opening hours: Monday-Friday: 08:30 - 18:00,

Saturday-Sunday: 11:00 - 17:00

Phone: +47 944 31 627

Internet: www.timwendelboe.no

Email: brenneriet@timwendelboe.no

Café Sør



Café Sør, literally translated as "cafe south", operates as a cafe during day time, serving coffee and offering an extensive breakfast and

lunch menu with many vegetarian options. At night, it turns into more of a club, with DJs present every night.

Photo: Kjetil Ree/Wikimedia Commons (image cropped)

Address: Torggata 11

Opening hours: Monday-Thursday: 10:00 - 00:30,

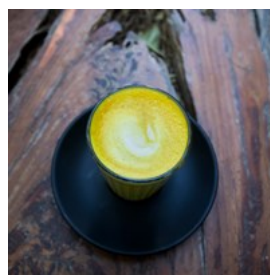
Friday-Saturday: 11:00 - 03:30, Sunday: 12:00 - 00:30

Phone: +47 23 65 46 46

Internet: www.cafesor.no

Email: post@cafesor.no

Habits Coffee



A small cafe serving genuine food at very reasonable prices. Habits has many vegetarian and vegan options and serves great smoothies,

homemade soups and fresh juices. Try their turmeric milk and lentil soup.

Photo: Let Geo Create/Shutterstock.com

Address: Pilestredet 55

Opening hours: Sunday-Thursday: 12:00 - 22:30,

Friday-Saturday: 12:00 - 00:00

Phone: +47 96 66 31 10

Email: habitscoffee@hotmail.com

Pascal

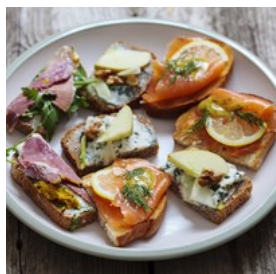


Pascal Dupuy is a famous French cafe and patisserie with cakes, pastries and petit fours of the highest international quality. They also serves

simple French dishes for lunch.

Photo: Anne-Sophie/Flickr.com (image cropped)
Address: Henrik Ibsens Gate 36
Opening hours: Monday-Friday: 08:00 - 18:00, Saturday:
10:00 - 18:00, Sunday: 12:00 - 17:00
Phone: +47 22 55 00 20
Internet: www.pascal.no
Email: henrikibsen@pascal.no

Café Skansen



Café Skansen is ideally located right by Christiania Plaza, with an amazing view over Rådhusplassen, drenched in sunlight until late in the evening during the summer. The menu mostly contains classics, including shrimp and mussels if you are in the mood for a proper meal.

Photo: Magdanatka/Shutterstock.com
Address: Rådhusgata 32
Opening hours: Monday-Friday: 11:00 - 23:00, Saturday:
12:00 - 23:00, Sunday: 12:00 - 22:00
Phone: +47 24 20 13 11
Internet: www.cafeskansen.no
Email: bordbestilling@cafeskansen.no

Asylet



Asylet is located in the oldest wooden house in Oslo and welcomes customers with a great atmosphere: there is an open fireplace to heat up frozen limbs in winter and a relaxed backyard to soak up the sun in summer. They serve traditional open-faced sandwiches and simple Norwegian lunch dishes. Try their homemade cakes.

Photo: Alan Ang Hock Siang/Shutterstock.com
Address: Grønland 28
Opening hours: Monday-Friday: 11:00 - 00:30, Saturday:
12:00 - 00:30, Sunday: 12:00 - 23:00

Phone: +47 22 17 09 39
Internet: www.asylet.no
Email: bestilling@asylet.no

Hjemme Hos Svigers



Cafe Hjemme Hos Svigers is located on the beautiful Bygdøy peninsula, in an old postal office. This family-run restaurant and cafe has cosy interiors decorated with antiques and a menu focused on gluten- and lactose-free dishes, including homemade burgers, salads and soups.

Photo: Brent Hofacker/Shutterstock.com
Address: Fredriksborgveien 16
Opening hours: Tuesday-Sunday: 11:00 - 18:00. Monday
closed.
Phone: +47 22 55 62 26
Internet: www.cafehjemmehossvigers.no
Email: cafehjemmehossvigers@gmail.com

Åpent Bakeri



A cosy little bakery located in the city centre of Oslo serving prime-quality pastries, home-baked with fresh ingredients and following traditional recipes.

Beside pastries and cakes, you will also have an excellent choice of salads and hot drinks to be enjoyed in the outside patio.

Photo: ampersandphoto/Shutterstock.com
Address: Inkognito Terrasse 1
Opening hours: Monday-Friday: 07:30 - 17:00, Saturday:
08:00 - 16:00, Sunday: 09:00 - 16:00
Phone: +47 92 04 65 43
Internet: www.apentbakeri.no
Email: post@apentbakeri.no

Fuglen



Drop by Fuglen to have an aromatic coffee, or choose from well-selected tea flavors from Asia. During the night, the cafe turns into a cocktail bar and you get the chance to try some of the best cocktails in the city while mingling. Fuglen is also a vintage design shop and everything from furniture to plates and cutlery is for sale.

Photo: Bex Walton/Flickr.com (image cropped)

Address: Universitetsgata 2

Opening hours: Monday-Friday: 08:30 - 18:30, Saturday: 10:00 - 18:30, Sunday: 10:00 - 18:30

Phone: +47 22 20 08 80

Internet: www.fuglen.no

Email: heisann@fuglen.no

Stockfleths



Stockfleths is a well-regarded cafe chain in Oslo, known for its high quality espresso drinks and loose teas.

This modern coffee shop is a favourite spot for many locals and the biggest of the seven locations across the city. They also serve baked good, cakes and sandwiches

Photo: [baranq/Shutterstock.com](https://www.shutterstock.com)

Address: Prinsens gate 6

Opening hours: Tuesday-Friday: 07:00 - 18:00, Saturday: 10:00 - 17:00. Monday and Sunday closed.

Phone: +47 40 09 23 64

Internet: stockfleths.as/kaffebar/prinsens-gate

Cafe Sara



Centrally located, Cafe Sara has more of a pub-like atmosphere with cosy wooden interiors and a backyard garden. They have reasonable prices and serves food until late at night. The menu include wraps, pizza, tex-mex, grilled meat, desserts and snacks.

Photo: Yulia Davidovich/Shutterstock.com

Address: Hausmanns gate 29

Opening hours: Monday-Saturday: 11:00 - 03:30, Sunday: 13:00 - 03:30

Phone: +47 22 03 40 00

Internet: www.cafesara.no

Email: kontakt@cafesara.no

Café Laundromat



Café Laundromat is based on an unusual concept: not only can you have a cup of coffee or a meal, but you can even do your laundry at the same time.

They serve a variety of meals like burgers, salads and pizzas. Grab a book from their big collection, have a snack and sip some coffee while waiting for you laundry.

Photo: [locrifa/Shutterstock.com](https://www.shutterstock.com)

Address: Underhaugsveien 2

Opening hours: Monday-Sunday: 10:00 - 01:00

Phone: +47 21 38 36 29

Internet: www.laundromat.no

Email: post@laundromat.no

Javelin Coffee & Tea



A cosy neighbourhood cafe, Javelin serves delicious homemade cakes, sandwiches, soups and plenty of hot drinks in a relaxed and quiet atmosphere.

Photo: suriyachan/Shutterstock.com

Address: Bøgata 10

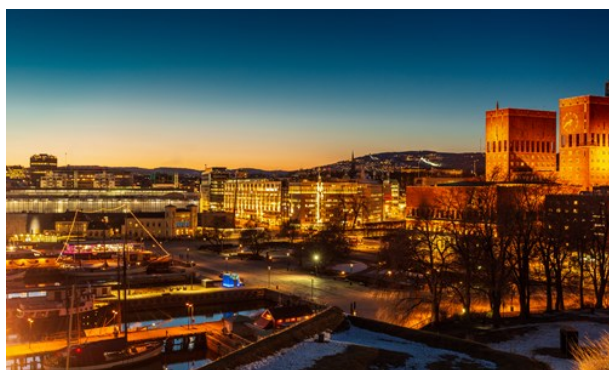
Opening hours: Monday-Friday: 08:00 - 18:00,

Saturday-Sunday: 10:00 - 18:00

Phone: +47 98 07 64 21

Email: kampenkaffebare@gmail.com

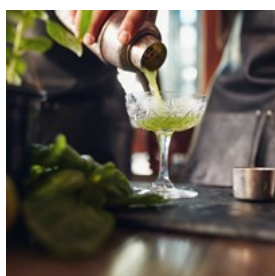
BARS & NIGHTLIFE



[basiczto/Shutterstock.com](https://www.shutterstock.com/Basiczto)

Oslo has a lot of places to go for a night out, boasting top-quality wine bars, famous clubs and innovative night spots. From fancy cocktail bars to more chill venues, the central area has a lot to offer. If you're looking for a more relaxed evening instead, you should head to Grünerløkka for a beer and a laid-back crowd.

Torrgata Botaniske



A lush cocktail bar with climbing plants covering the ceiling and its own greenhouse. The interiors are simple and classy while the superb cocktails

are made with fresh ingredients grown in the greenhouse and quality spirits. The cocktail list changes according to the season.

Photo: Jacob Lund/Shutterstock.com

Address: Torrgata 17B

Opening hours: Sunday-Thursday: 17:00 - 01:00,

Friday-Saturday: 14:00 - 03:00

Email: post@torrgatabotaniske.no

Territoriet



A wine bar with an intimate atmosphere serving almost 400 different wines, most of which available by the glass. They have wines

for every taste and price range that can be enjoyed with some cheese and finger-food.

All the music at Territoriet is played on vinyl and can be also chosen by customers.

Photo: MaksLogvinov/Shutterstock.com

Address: Markveien 58, Oslo

Opening hours: Monday-Friday: 16:00 - 01:00,

Saturday-Sunday: 12:00 - 01:00

Phone: +47 95 02 38 94

Internet: www.territoriet.no/english

Email: hei@territoriet.no

Blå



Blå is an independent club hosting numerous concerts that vary from hip-hop and r&b to jazz and electronic music.

They have both

Norwegian and international artist performing early in the evenings and then, as time progresses, Blå turns into a vibrant nightclub. They have a great outdoor terrace just on the banks of Akerselva river.

Photo: Melinda Nagy/Shutterstock.com

Address: Brenneriveien 9C

Opening hours: Depending on the night's schedule

Phone: +47 40 00 42 77

Internet: www.blaaoslo.no

Email: leie@blaaoslo.no

Aku-Aku



Aku-Aku is a Tiki Bar with decorations and atmosphere inspired by the Polynesian culture.

They have a great selection of cocktails and

rum and their own tap beer. Drinks can be a little expensive, but not above average prices in Oslo.

Photo: Shyripa Alexandr/Shutterstock.com

Address: Thorvald Meyers gate 32

Opening hours: Monday: 18:00 - 01:00, Tuesday: 17:00 - 01:00, Wednesday-Thursday: 17:00 - 02:00, Friday-Saturday: 15:00 - 03:30, Sunday: 17:00 - 01:00

Phone: +47 41 17 69 66

Internet: www.akuaku.no

Email: post@akuaku.no

Bar Boca



The smallest bar in Oslo, Bar Boca is a cosy venue with 1950s decor serving some of the best cocktails in town. The selection is huge and the bartenders

are always ready to make off-the-list cocktails on spot. They also serves craft beer and wine

Photo: Adam J Horwitz/Shutterstock.com

Address: Thorvald Meyers gate 30

Opening hours: Sunday-Tuesday: 12:00 - 01:00, Wednesday-Thursday: 12:00 - 02:00, Friday-Saturday: 12:00 - 03:00

Phone: +47 22 04 13 77

Email: artogmatas@gmail.com

The Villa



An underground club with electronic music in two different dance floors. Beside Friday and Saturday nights there are occasionally Thursday gigs. The age limit to enter is 23.

Photo: Melinda Nagy/Shutterstock.com

Address: Møllergata 23

Opening hours: Friday-Saturday: 23:00 - 03:00

Phone: +47 93 25 57 45

Internet: www.thevilla.no

Email: post@thevilla.no

Champagneria



Champagneria offers many different types of sparkly wines, and it is a good place to start an evening out. Pick a glass of wine from the

extensive wine list, offering both affordable and exclusive drinks, with or without bubbles. They also have a much appreciated roof terrace and serve tasty tapas.

Photo: IVASHstudio/Shutterstock.com

Address: Frognerveien 2

Opening hours: Monday-Tuesday: 16:00 - 01:00, Wednesday: 16:00 - 02:00, Thursday: 16:00 - 03:00, Friday: 15:30 - 03:00, Saturday: 13:00 - 03:00, Sunday: 16:00 - 23:00

Phone: +47 21 08 09 09

Internet: www.champagneria.com

Email: kontakt@champagneria.com

Sosialen



An informal setting with good food, drinks and many events going on year-round. The restaurant serves mainly Norwegian dishes and

pub food.

They have a popular backyard court, heated in winter and with DJs playing at night in summer. At evening, there are concerts and other entertainments on the stage.

Photo: Skreidzeleu/Shutterstock.com

Address: Møllergata 13

Opening hours: Monday-Tuesday: 16:00 - 00:00, Wednesday: 16:00 - 01:00, Thursday-Saturday: 16:00 - 03:00

Phone: +47 22 42 97 00

Internet: www.sosialen.com

Email: post@sosialenbistro.no

Dattera til Hagen



Dattera Til Hagen is a colourful bar and cafe on two floors with a popular backyard beer garden.

The cafe serves tapas, salads, hamburgers and

pastas. They also host regular events like concerts, improv theatre and stand-ups. On the weekends there are DJs on both floors.

Photo: Joey_Danuphol/Shutterstock.com

Address: Grønland 10

Opening hours: Monday: 11:00 - 00:00, Tuesday: 11:00 - 01:00, Wednesday-Thursday: 11:00 - 02:00, Friday-Saturday: 11:00 - 03:00, Sunday: 12:00 - 00:00

Phone: +47 22 17 18 61

Internet: www.dattera.no

Email: kontakt@dattera.no

The Dubliner Folk Pub



A lively Irish Pub with a large selection of beers and pub fares. There are Irish dance classes on Monday nights and Irish music sessions on

Tuesdays. Wednesday and Saturday nights usually entail live music, where you can enjoy a true Irish experience.

Photo: Kirill Z/Shutterstock.com

Address: Rådhusgata 28

Opening hours: Sunday-Monday: 12:00 - 01:00,

Tuesday-Saturday: 12:00 - 03:00

Phone: +47 22 33 70 05

Internet: www.dubliner.no

Email: post@dubliner.no

Justisen



Justisen gets its charm partly from the culturally protected building from the 19th century in which it is housed. A cosy bar during the afternoon, it

turns into more of a nightclub late in the evening. There are several bars with different drinks selections and a backyard that is quite popular all year round.

Photo: Tsuguliev/Shutterstock.com

Address: Møllergata 15

Opening hours: Wednesday-Saturday: 16:00 - 03:00

Phone: +47 22 42 24 72

Internet: www.justisen.no

Email: post@justisen.no

Magic Ice Bar and Gallery



As suggested by the name, Magic Ice is a bar made entirely of ice, encompassing an art gallery of ice sculptures representing illustrious

Norwegian personas.

Being more of an attraction than a regular bar, Magic Ice has an entrance fee which includes warm clothes to be worn inside the bar and a signature drink.

Photo: atu atu/Shutterstock.com

Address: Kristian IVs gate 12

Opening hours: Sunday-Thursday: 11:00 - 23:00,

Friday-Saturday: 11:00 - 00:00

Phone: +47 92 03 13 00

Internet: www.magicice.no/listings/oslo-norway

Email: booking@magiciceoslo.no

Friday's American Bar



A well-established brand serving American food and good cocktails in an informal environment. Next to the restaurant in Aker Brygge you can find the Friday's American Bar, offering a huge selection of drinks and music.

Photo: [Kondor83/Shutterstock.com](https://www.shutterstock.com/user/Kondor83)

Address: Stranden 39

Opening hours: Monday-Thursday: 11:00 - 22:00,

Friday-Saturday: 11:00 - 24:00, Sunday: 12:00 - 22:00

Phone: +47 45 27 13 77

Internet: www.fridays.no

Email: akerbrygge@fridays.no

SHOPPING



[Daniel_Dash/Shutterstock.com](https://www.shutterstock.com/user/Daniel_Dash)

You will find everything in Oslo: plenty of shopping malls and department stores as well as independent boutiques and characteristic shopping streets with small shops and retailers. Antique shops, flea markets and local handicraft shops are also very popular around the city.

Sunday Market at Blå



A handicraft and second-hand market taking place every Sunday all year round. Designers and craftsmen sell their handmade products, like ceramics, knit wear, glass, jewellery, paintings and soap. The market also hosts some second hand vendors offering clothing and shoes at bargain prices. Usually some street-food stalls are also present.

Photo: [Helge Høifødt/Wikimedia Commons.com](https://commons.wikimedia.org/wiki/File:Helge_Høifødt/Wikimedia_Commons.com) (image cropped)

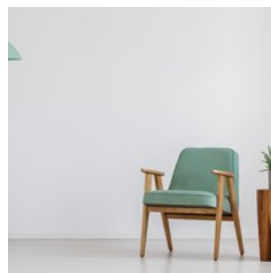
Address: Ingensgate - Brenneriveien 9

Opening hours: Sunday: 12:00 - 17:00

Phone: +47 41 32 99 54

Email: sondagsmarkedet@kunaoslo.no

Utopia Retro Modern



A design gallery specialised in mid-century decorative art. There are plenty of international and Scandinavian works, but the focus is on Norwegian and Italian pieces of design.

Photo: [Photographee.eu/Shutterstock.com](https://www.shutterstock.com/user/Photographee.eu)

Address: Bygdøy Allé 60

Opening hours: Tuesday-Friday: 12:30 - 18:00, Saturdays: 13:00 - 16:00

Phone: +47 21 30 48 85

Internet: www.utopiaretromodern.com

Email: info@utopiaretromodern.com

Gutta på Haugen



A well-stocked deli shop with top-quality cheeses, sausages, cold cuts, olive oils and sweet treats, both Norwegian and international. They also sell fresh produce and ice-cream. Try the traditional Brunost and the Norwegian flat bread.

Photo: Artens/Shutterstock.com

Address: Ullevålsveien 45

Opening hours: Monday-Sunday: 08:00 - 19:00

Phone: +47 22 60 85 12

Internet: www.gutta.no

Email: post@gutta.no

Gulating Grünerløkka



One of the widest selection of beers in Norway, with over 400 labels of craft beer, including gluten- and alcohol-free options. The focus here is on local and small breweries and quality products.

Photo: Piotr Piatrouski/Shutterstock.com

Address: Nordre Gate 18

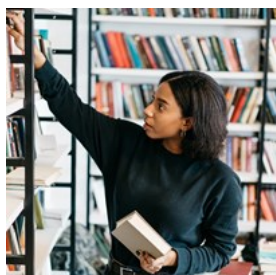
Opening hours: Monday: 13:00 - 19:00, Tuesday-Friday: 10:00 - 20:00, Saturday: 10:00 - 18:00

Phone: +47 92 29 72 29

Internet: www.gulating.net/grunerlokka

Email: christoffer@gulating.net

Cappelens Forslag Bookshop



An independent bookshop selling used, new and antiquarian books of both rare and cult literature. The books are mostly in English, but also in Norwegian and other languages. They also have

a small selection of vinyl and photographs and a cosy cafe.

Photo: GaudiLab/Shutterstock.com

Address: Bernt Ankers Gate 4

Opening hours: Monday-Friday: 11:00 - 18:00, Saturday: 11:00 - 16:00

Phone: +47 93 66 59 93

Internet: www.cappelensforslag.no

Email: post@cappelensforslag.no

Paleet



Paleet is located on the main street Karl Johan and is a classy department store with more than 30 luxury stores, most of which designer shops. Oslo's largest book store, Tanum, is located within Paleet, as well as some interesting art work collections.

Photo: nd3000/Shutterstock.com

Address: Karl Johans Gate 37-43

Opening hours: Monday-Friday: 10:00 - 20:00, Saturday-Sunday: 10:00 - 18:00

Phone: +47 23 08 08 11

Internet: www.paleet.no/english

Email: paleet@klpeiendom.no

Norway Shop



Norway Shop is perfect for tourists who wish to bring back home a small piece of Norway, and can be found right next to the City Hall. A great place to find typical Norwegian souvenirs such as knitwear and small trolls. The knitwear, fur and pewter are all made in Norway to guarantee high quality.

Photo: Litle Adventures/Shutterstock.com

Address: Fridtjof Nansens Plass 2

Opening hours: Monday-Saturday: 10:00 - 19:00, Sunday:
11:00 - 19:00

Phone: +47 22 33 41 97

Internet: www.norwayshop.com

Email: info@norwayshop.com

Chillout Travel Store



A travellers' paradise, Chillout is a one-of-a-kind shop, combining a bookshop, a travel agency, a travel gear shop and a cafe under the same roof. At the entrance level you will find all sorts of travel-related products and apparel while downstairs you will find their impressive travel books collection. The guides, maps and photography books are on sale but you are free to browse through them while sipping on one of the internationally-inspired hot beverage from the cafe.

Photo: [Kimrawicz/Shutterstock.com](https://www.shutterstock.com/author/kimrawicz)

Address: Markveien 55

Opening hours: Monday-Friday: 10:00 - 19:00, Saturday:
10:00 - 18:00, Sunday: 12:00 - 18:00

Phone: +47 22 35 42 00

Internet: chillout.no

Email: grunerlokka@chillout.no

Birkelunden Flea Market



Held every Sunday, all year round, this bric-a-brac market is worth to experience even if you are not planning to buy anything. Here you will find countless stalls selling a range of everything, from books and clothing to kitchen utensils and small pieces of furniture.

Photo: [Rishiken/Shutterstock.com](https://www.shutterstock.com/author/rishiken)

Address: Birkelunden Park

Opening hours: Sunday: 12:00 - 19:00

Bærums Verk



A few miles outside of Oslo you will find Bærums Verk, a charming area dating back to the 17th century, today full of eateries,

shops, galleries and workshops.

Many of the shops are artist shops covering hand-made products: everything from quilts, pottery, and jewellery to glass and furniture. It's a perfect place to head to when seeking that specific souvenir, or just for a relaxing stroll.

Photo: [Alexander Ottesen/Flickr.com](https://www.flickr.com/photos/alexanderottesen/) (image cropped)

Address: Verksgata 15

Phone: +47 67 13 00 18

Internet: www.baerumsverk.no

Email: baerumsverk@lovenskiold.no

Steen & Strøm



Steen & Strøm Magasin is a high-end shopping centre with seven floors filled with well-known, Norwegian, Scandinavian and international brands.

In the basement there is a food court with many restaurants and specialized deli shops.

Photo: [Mockey Business Images/Shutterstock.com](https://www.shutterstock.com/author/mockey)

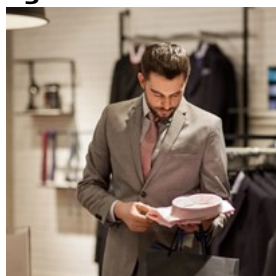
Address: Nedre Slottsgate 8

Opening hours: Monday-Wednesday: 10:00 - 19:00, Thursday:
10:00 - 20:00, Friday: 10:00 - 19:00, Saturday: 10:00 - 18:00

Internet: steenogstromoslo.no

Email: info@steenogstromoslo.no

Eger Karl Johan



Eger Karl Johan is a trendy high-end fashion house where you can find the most exclusive brands. There are more than 125 different fashion and beauty brands available, focusing on exclusive lifestyle products.

Photo: Syda Productions/Shutterstock.com

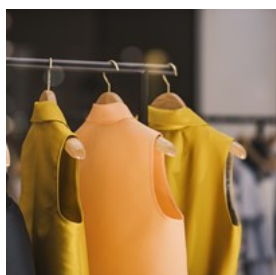
Address: Karl Johans Gate 23

Opening hours: Monday-Wednesday: 10:00 - 19:00, Thursday: 10:00 - 20:00, Friday: 10:00 - 19:00, Saturday: 10:00 - 18:00

Internet: www.egerkarljohan.no/en

Email: info@egeroslo.no

Byporten



Byporten is a shopping centre with more than 70 shops and several restaurants and cafés in the middle of downtown Oslo, right next to Oslo

Central Station. Here you will find everything from clothes and accessories to shoes, beauty products, cosmetics and toys.

Photo: Creative Lab/Shutterstock.com

Address: Jernbanetorget 6

Opening hours: Monday-Friday: 10:00 - 21:00, Saturday: 10:00 - 20:00

Phone: +47 23 36 21 60

Internet: www.byporten.no

Email: byporten@byporten.no

Aker Brygge



Aker Brygge is a popular neighbourhood for shopping and dining situated by the Oslo fjord. There are more than 30 stores selling fashion and design products, but also flowers, books,

jewellery, home decor and cosmetics.

Photo: Grisha Bruev/Shutterstock.com

Address: Grundingen

Opening hours: Monday-Friday: 10:00 - 20:00, Saturday: 10:00 - 18:00

Phone: +47 23 11 54 60

Internet: www.akerbrygge.no

Email: post@akerbrygge.no

Arkaden



Located in Karl Johans street, in the heart of Oslo, Arkaden has 25 shops and cafes, with many special stores catering to the young.

Photo: Syda Productions/Shutterstock.com

Address: Karl Johansgate 5-7

Opening hours: Monday-Friday: 10:00 - 20:00, Saturday: 10:00 - 18:00

Phone: +47 22 17 05 71

Internet: www.arkaden.no

Email: arkaden@thoneiendom.no

Oslo City



One of the biggest shopping mall in Oslo and the most visited in Norway, Oslo City has more than 90 shops and eateries spread on five floors. Here you'll find shops selling everything from clothes, shoes and accessories to music, home decor and electronic devices.

Photo: veryulissa/Shutterstock.com

Address: Stenersgaten 1

Opening hours: Monday-Friday: 10:00 - 22:00, Saturday: 10:00 - 20:00

Phone: +47 81 54 40 33

Internet: oslo-city.steenstrom.no

Email: oslocity@steenstrom.com

TOURIST INFORMATION



Beas777/Shutterstock.com

Passport/Visa



Norway can be visited visa-free for up to 90 days by citizens of Australia, New Zealand, Japan, South Korea, Taiwan, Malaysia, Israel, UAE and

most countries in America. If you are unsure whether or not you need to apply for a visa, we recommend contacting the embassy or consulate in your country.

International (non-Schengen) travelers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the Schengen zone.

Citizens of Schengen countries can travel without a passport, but must have a valid ID with them during their stay.

Photo: TukTuk Design/Shutterstock.com

Gardermoen Airport



Oslo's main airport Gardermoen is situated 50 kilometres north of the Norwegian capital. The airport coaches and high-speed trains depart

regularly for central Oslo.

The train takes about 20 minutes and there are two trains to choose from:

- Airport Express Train (Flytoget - www.flytoget.no/flytoget_eng)
- NSB - Norwegian State Railways (www.nsb.no/en/frontpage).

There are also several buses to take from the airport, one of them is Airport Express Coach (SAS Flybussen) that runs every 20 minutes every day between the airport and city centre. (www.flybussen.no)

Taxis are represented at the airport, just head over to the taxi information desk in the arrival hall where you will get information about the fixed rates of the different taxi companies. They can also help you book a taxi, otherwise the taxi rank is just outside the arrival hall.

Photo: Juan Garces

Address: Gardermoen Airport, Oslo

Phone: +47 64 81 20 00

Internet: avinor.no/en/airport/oslo-airport

Email: passasjerservice@avinor.no

Sandefjord Airport Torp



Sandefjord Airport Torp is located in Sandefjord, approximately 120 kilometres south-west of Oslo city centre.

Torp-Ekspressen coaches will take you to Oslo's bus terminal from the airport. (torpekspressen.no)

NSB has a train service to Oslo that runs from the train station by the name of Torp, located between Stokke and Sandefjord. There is a connected shuttle bus service between the airport and the train station that takes approx. 4

minutes.

Taxis and car rental companies are also represented at the airport.

Photo: Juan Garces

Address: Sandefjord Airport, Torpveien 30, Sandefjord

Phone: +47 33 42 70 00

Internet: www.torp.no/en

Email: post@torp.no

Best Time to Visit



The best time to visit Oslo is in late spring and during the summer, as the temperatures rise and you can enjoy the numerous outdoor

activities; it can still get chilly, however, so make sure to pack proper clothes.

Spring and summer are some of the most popular seasons to travel to Oslo, especially from May to July. During this period, you will experience nearly 24 hours of daylight.

For those who are interested in winter sports, November to April are good periods to visit. In the north of the city, there are great skiing opportunities but be aware the temperatures are around freezing and the daylight hours are short.

Photo: VectorA/Shutterstock.com

Public Transport



Oslo has convenient public transportation, and there are multiple options for travelling around Oslo, including buses, trams, subways, ferries,

and local trains.

The public transport system is operated by Ruter, and they are all part of the same ticketing and pricing system. Tickets can be purchased from Ruter's Customer Service Centre (in front of Oslo Central Station), from ticket machines at metro stations or in most Narvesen and 7Eleven stores. Single tickets can be bought on the buses and ferries, but be aware it gets more expensive than tickets bought in advance.

There is also the Ruter's mobile ticket app where you can buy single, 24-hour, 7-day and 30-day tickets before boarding.

Photo: Pierre-Luc Auclair

Address: Jernbanetorget 1

Opening hours: Monday-Friday: 07:00 - 20:00, Saturday: 09:00 - 18:00, Sunday and public holiday: 10:00 - 16:00

Phone: +47 22 05 70 70

Internet: www.ruter.no/en

Taxi



You can easily catch a taxi from one of Oslo's many taxi stands or call ahead to book. Do not try to hail cabs on the street, fares are more expensive

than if you book one by telephone.

Oslo Taxi

+47 02323

www.oslotaxi.no

Norgestaxi

+47 080 00

www.norgestaxi.no

Taxi2

+47 02202

www.taxi2.no

Photo: ArrivalGuides

Post



In addition to the regular post offices, many grocery stores have a postal service. Stamps are also available from most newsagents and

tobacconists.

Photo: Andy Fuchs

Address: Olafiagangen 5

Opening hours: Monday-Friday: 09:00 - 18:00, Saturday:
10:00 - 15:00

Phone: +47 22 40 90 50

Internet: www.posten.no/en

Pharmacy



The pharmacy Vitusapotek on Jernbanetorget is open around the clock.

Photo: Gemma Garner

Address: Jernbanetorget 4 B

Opening hours: 24/7

Phone: +47 23 35 81 00

Internet: www.vitusapotek.no

Email: jernbanetorget@vitusapotek.no

Telephone



Country code: +47 Area code for Oslo: 022, 023 or 024

Photo: Jardson Almeida

Electricity

230 V, 50 Hz



Photo: Stirling Tschan

Population

672,000

Currency

Norwegian Kroner (NOK) 1 krone = 100 øre

Opening hours

Shops are normally open Monday-Friday: 10:00 - 18:00 and Saturday: 10:00 - 16:00.

Department stores are open Monday-Friday: 10:00 - 20:00 and Saturday: 9:00 - 18:00

Internet

www.visitoslo.com

www.visitnorway.se

Newspapers

VG (Verdens Gang)

Aftenposten

Dagbladet

Natt & Dag

Emergency numbers

Police: 112

Fire Brigade: 110

Ambulance: 113

Tourist information

Oslo Visitor Centre

Østbanehallen, next to Oslo Central Station. The entrance is from Jernbanetorget.

+47 23 10 62 00

info@visitoslo.com

Opening Hours:

January–March:

Monday–Saturday: 09:00 - 17:00

Sunday: 10:00 - 16:00

April

Monday–Saturday: 09:00 - 18:00

Sunday: 10:00 - 16:00

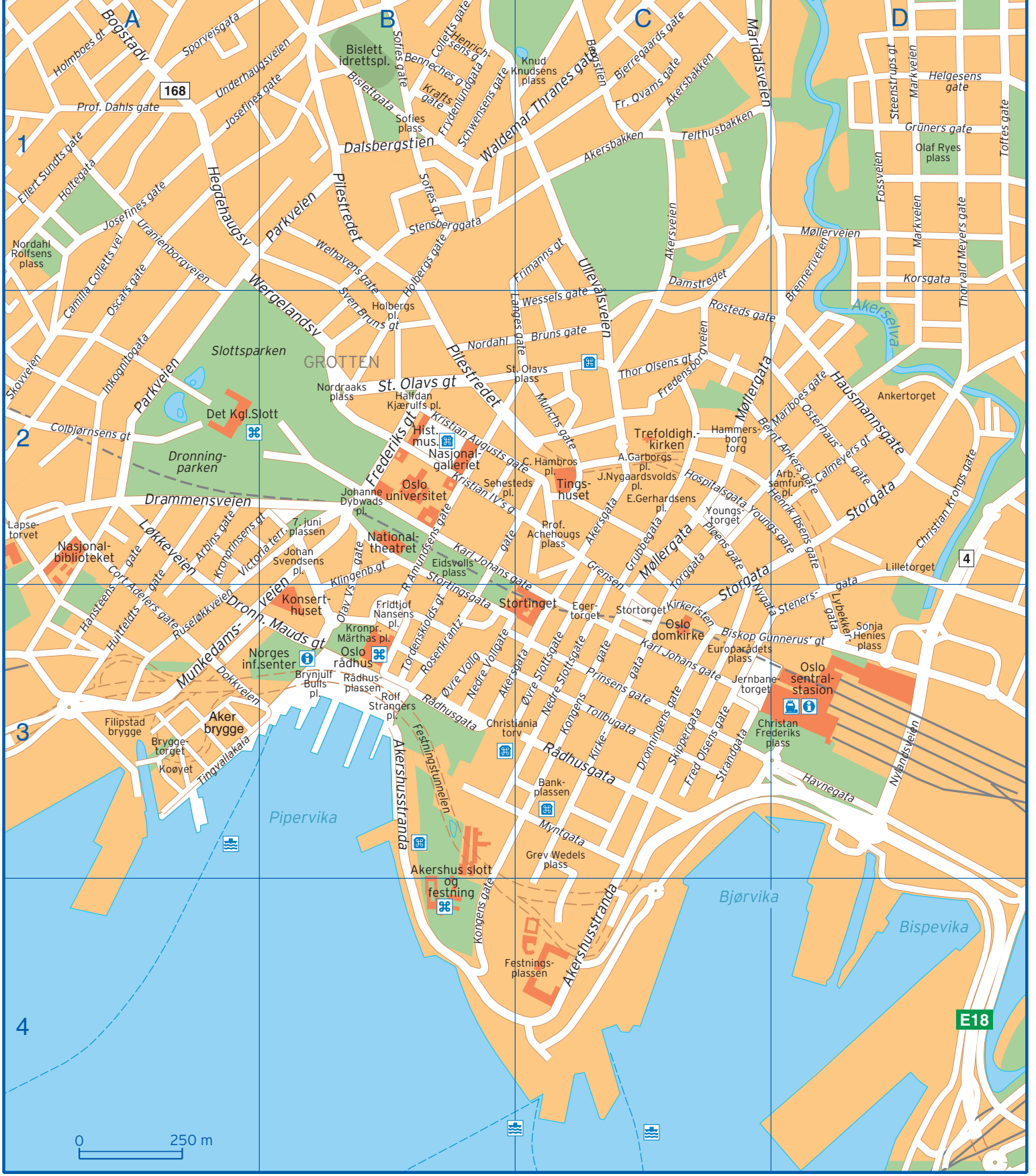
May–June

Monday–Sunday: 09:00 - 18:00

July–August

Monday–Saturday: 08:00 - 19:00

Sunday: 09:00 - 18:00



168

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A

B

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D

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E18

7. juni plassen	B2	Frimanns gate	C1	Munkedamsveien	A3 B2 B3
Akersbakken	C1	Frydenlundgata	B1	Myntgata	C3
Akersgata	B3 C2 C3	Grensen	C2 C3	Møllergata	C2 D2
Akershusstranda	B3 C4	Grev Wedels plass	C3	Møllerveien	D1
Akersveien	C1	Grubbegata	C2	Nedre Slottsgate	C3
Ankertorget	D2	Grüners gate	D1	Nedre Vollgate	B3
Arbeidersamfunnets plass	D2	Halfdan Kjærulfs plass	B2	Nordahl Bruns gate	B2 C2
Arbins gate	A2	Hammersborg torg	C2	Nordahl Rolfsens plass	A1
Arne Garborgs plass	C2	Hansteens gate	A3	Nordraaks plass	B2
Bankplassen	C3	Hausmannsgate	D2	Nygata	C3 D3
Benneches gate	B1	Havnegata	D3	Nylandsveien	D3
Bergstien	C1	Hegdehaugsveien	A1	Olaf Ryes plass	D1
Bernt Ankers gate	C2 D2	Helgesens gate	D1	Olav Vs gate	B2 B3
Biskop Gunnerus' gate	C3 D3	Henrichsens gate	B1	Oscars gate	A1 A2
Bislettgata	B1	Henrik Ibsens gate	C2 D2	Osterhaus' gate	D2
Bjerregaards gate	C1	Holbergs gate	B1 B2	Parkveien	A2 B1
Bogstadveien	A1	Holbergs plass	B2	Pilestredet	B1 B2
Brenneriveien	D1 D2	Holmboes gate	A1	Pløens gate	C2
Bryggetorget	A3	Holtegata	A1	Prinsens gate	C3
Brynjulf Bulls plass	B3	Hospitalsgata	C2	Professor Achehougs plass	C2
C. Hambros plass	C2	Huitfeldts gate	A3	Professor Dahls gate	A1
Calmeyers gate	D2	Inkognitogata	A2	Roald Amundsens gate	B2 B3
Camilla Colletts vei	A1 A2	Jernbanetorget	C3 D3	Rolf Strangers plass	B3
Christan Frederiks plass	C3 D3	Johan Nygaardsvolds plass	C2	Rosenkrantz' gate	B2 B3 C2
Christian Krohgs gate	D2	Johan Svendsens plass	B2	Rosteds gate	C2 D2
Christiania torv	B3 C3	Johanne Dybwads plass	B2	Ruseløkkveien	A3
Colbjørnsens gate	A2	Josefines gate	A1 B1	Rådhusgata	B3 C3
Colletts gate	B1	Karl Johans gate	B2 C3	Rådhusplassen	B3
Cort Adelers gate	A2 A3	Kirkegata	C3	Schwensens gate	B1
Dalsbergstien	B1	Kirkeristen	C3	Sehesteds plass	B2 C2
Damstredet	C1	Klingenberggata	B2 B3	Skippergata	C3
Dokkveien	A3	Knud Knudsens plass	C1	Skovveien	A2
Drammensveien	A2	Kongens gate	B3 B4 C3	Sofies gate	B1
Dronning Mauds gate	A3 B3	Korsgata	D1	Sofies plass	B1
Dronningens gate	C3	Koøyet	A3	Sonja Henies plass	D3
Egertorget	C3	Krafts gate	B1	Sporveisgata	A1
Eidsvoll's plass	B2	Kristian Augusts gate	B2 C2	St. Olavs gate	B2
Eilert Sundts gate	A1	Kristian IV's gate	B2	St. Olavs plass	B2 C2
Einar Gerhardsens plass	C2	Kronprinsens gate	A2 B2	Steenstrups gate	D1
Europarådets plass	C3 D3	Kronprinsesse Märthas plass	B3	Stenersgata	D2 D3
Festningsplassen	B4 C4	Langes gate	B2 C2	Stensberggata	B1
Festningstunnelen	B3	Lapsetorvet	A2	Storgata	C3 D2
Filipstad brygge	A3	Lilletorget	D2	Stortingsgata	B2 B3
Fossveien	D1	Lybekkergata	D3	Stortorget	C3
Fred Olsens gate	C3	Løkkeveien	A2	Strandgata	C3
Fredensborgveien	C2	Mariboegate	D2	Sven Bruns gate	B2
Frederikke Qvams gate	C1	Maridalsveien	C1	Telthusbakken	C1
Frederiks gate	B2	Markveien	D1	Thor Olsens gate	C2
Fridtjof Nansens plass	B3	Munchs gate	C2	Thorvald Meyers gate	D1 D2

Tingvallakaia	A3	Underhaugsveien	A1 B1	Wessels gate	C2
Toftes gate	D1	Uranienborgveien	A1	Youngs gate	C2 D2
Tollbugata	C3	Victoria terrasse	A2 B2	Youngstorget	C2
Tordenskiolds gate	B3	Waldemar Thranes gate	B1 C1	Øvre Slottsgate	C3
Torggata	C2 C3	Welhavens gate	B1 B2	Øvre Vollgate	B3
Ullevålsveien	C1 C2	Wergelandsveien	A1 B2		