



River Shannon & Lakelands

Photo: Monkey Business Images/Shutterstock.com



Patryk Kosmider/Shutterstock.com

The Lakelands is a region consisting of 12 counties--Monaghan, Cavan, Leitrim, Longford, Roscommon, Westmeath, Offaly, Tipperary, Galway, Clare, Limerick, and Kerry--connected by approx. 380km of River Shannon.



Lukasz Pajor/Shutterstock.com



matthi/Shutterstock.com

QUIZ

*What Type of Traveller
Are You Based on
Your Travel IQ?*

TAKE THE QUIZ

Top 5



Patrick Kavanagh Centre

Patrick Kavanagh is one of Ireland's best loved poets. Hailing from Monaghan,...



Dún na Rí Forest Park

This beautiful historic forest park is home to diverse wildlife and historic...



Out-Doors & Dirty Adventur...

Daring adventurers won't want to miss ODD Adventure Park, which offers outdo...



Moon River Pleasure Cruiser

Luxury awaits you on the Moon River pleasure cruiser. Decompress as you enjo...



Sliabh An Iarainn Visitor ...

Mountaineers will be fascinated by this unique centre, featuring exhibitions...



THE REGION & GETTING AROUND



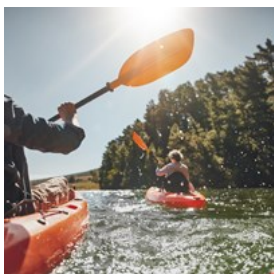
walshphotos/Shutterstock.com

The Lakelands is a region of island-dotted lakes, riverside restaurants, and majestic castles. Wander off-the-beaten track to experience nature up close.

In the Upper Lakelands, drumlin-strewn landscapes, forest walks, and bustling market towns are nestled among a multitude of rivers and a string of 400 lakes, including Lough Key and Lough Allen.

In the Lower Lakelands, Lough Derg (known as 'Ireland's Pleasure Lake'), surrounded by rolling farmland and wooded hillsides, encompasses 32,000 acres of spectacular waterway, the perfect backdrop for a water sport adventure.

By canoe



Naturally the best way to explore this watery region, the most popular canoe trail is 80 km and stretches all the way from Shannon bridge in County Offaly to the twin towns of Killaloe and Ballina on the Clare-Tipperary border. Lovers of wildlife won't want to miss this opportunity to get so close to nature. If time is on your side, stop off for a hearty pub lunch along the way.

Photo: Jacob Lund/Shutterstock.com

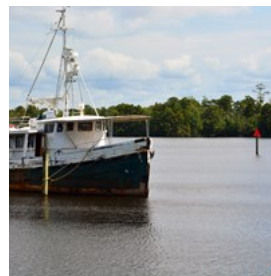
By bicycle



All-weather cyclists will enjoy the Shannon Corridor's seven cycle routes, some of which reach as far as to the Cliffs of Moher in County Clare. The route between Milltown Malbay and Doolin in west Clare is considered among the best cycling routes in the world.

Photo: Vandathai/Shutterstock.com

By boat



Cruise up the River as our ancestors did - by boat. Renting a boat allows you to relax as you sail by beautiful landscapes. Another advantage is the ability to stop wherever takes your fancy.

Photo: D Guest Smith/Shutterstock.com

By foot



Landlubbers will have plenty to choose from in the form of the Shannon Waterway Walks. 1: The Medieval Limerick Walking Trail weaves its way through the medieval quarter of the city, passing Anglo-Norman influenced buildings all the way.

2. The Lough Derg Way, where old whiskey stills and idyllic views of Youghal Bay are just some of the highlights.
3. Glenafelly Eco Walk is a perfect opportunity to lose yourself in the country's natural beauty.

Photo: Semmick Photo/Shutterstock.com

By car



Any road trip in Ireland will invariably pass through the Shannon region. If you find yourself in Limerick, start at the river's end and

arrive in rugged north Kerry by following the southern coastline of the estuary. It is thanks to the river's water that this region is so green, so enjoy the scenery by taking your sweet time on a scenic tour from Kitterycloghar to Mohill in County Leitrim.

The Shannon Erne Tour starts in Carrick-on-Shannon, Ballinamore, Carrigallen, Dromod, Jamestown and returns to Carrick-On-Shannon in the end, with a length of approx 92km.

Carrick-on-Shannon, the cruising capital, is home to the smallest chapel in Europe, while Ballinamore is an angler's paradise with 40 lakes in a 10 km radius. The Lough Rynn estate in Mohill features 100 acres of rare woodland and exotic walled ornamental gardens, whereas Dromod houses the Cavan and Leitrim Railway. Jamestown, in the end, and named after King James 1, was a walled and fortified city that still holds one of the gates until today.

Photo: Stefania Rossitto/Shutterstock.com

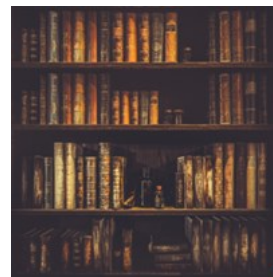
DO & SEE



walshphotos/Shutterstock.com

The River Shannon and the Lakelands is a large region, taking in bountiful countryside as well as several towns.

Patrick Kavanagh Centre



Patrick Kavanagh is one of Ireland's best loved poets. Hailing from Monaghan, Kavanagh was a chronicler of Irish life, and his works are still studied in schools today. This centre houses a permanent exhibition on his life and works, as well as a 60-seat audio-visual theatre and a reference library.

Photo: Casezy idea/Shutterstock.com

Address: Inniskeen, Co. Monaghan

Opening hours: Tue-Fri 11am-4:30pm

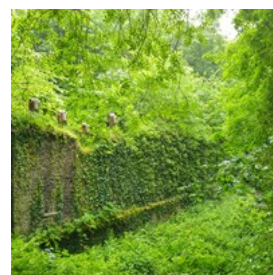
Phone: +353 42 937 8560

Internet: www.patrickkavanaghcountry.com

Email: infoatpkc@eircom.net

More Info: This house is also open 3rd June - 30th Sep 3pm-5pm.

Dún na Rí Forest Park



This beautiful historic forest park is home to diverse wildlife and historical features such as the ruins of Flemings Castle. While families will

enjoy the sculpture trail best, visitors of all ages will relish the tranquillity of this beautiful place.

Photo: Jack Zalium/Flickr.com (image cropped)
Address: Kingscourt, Co. Cavan
Opening hours: Daily 8am-9pm
Phone: +353 49 433 1942
Internet: www.coillte.ie/site/dun-a-ri-forest-park

Out-Doors & Dirty Adventure Park



Daring adventurers won't want to miss ODD Adventure Park, which offers outdoor activities for adults and children (10+) including off-road

Buggies, paintball, clay pigeon and hover crafting.

Photo: SunyawitPhoto/Shutterstock.com
Address: Bawnboy, Co. Cavan
Phone: +353 49 952 3877
Internet: www.odd.ie
Email: hello@odd.ie

Moon River Pleasure Cruiser



Luxury awaits you on the Moon River pleasure cruiser. Decompress as you enjoy on-board entertainment and a full bar while taking in the

stunning beauty of Ireland's finest river.

Photo: David Hughes/Shutterstock.com
Address: Quay Road, Carrick on Shannon, Co. Leitrim
Phone: +353 71 962 1777
Internet: www.moonriver.ie
Email: info@moonriver.ie

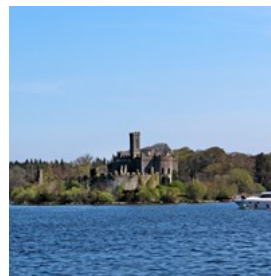
Sliabh An Iarainn Visitor Centre



Mountaineers will be fascinated by this unique centre, featuring exhibitions about life, transport and industry between the Arigna and Sliabh an Iarainn mountains. Learn about the railway, the canal, lakes, iron and coal mining.

Photo: Iakov Filimonov/Shutterstock.com
Address: Drumshanbo, Co. Leitrim
Opening hours: Mon-Fri 9:30am-4:30pm
Phone: +353 71 964 1851
Email: sliabhaniarainnvc1@gmail.com

Lough Key Forest and Activity Park



This lakeside forest park is home to beautiful flora and fauna in an area of even greater historical interest. The vast and rugged islands are the

stuff of myths and legends. Featuring unique activities, such as Boda Borg and a Tree Canopy Trail. Relax outdoors in the picnic area or admire the ruins of a 12th century Abbey.

Photo: Svetlana Irtiseva/Shutterstock.com
Address: Boyle, Co. Roscommon
Opening hours: Nov-Feb Wed-Sun 10am-5pm. Mar, Sep-Oct Wed-Sun 10am-6pm. Apr-Jun daily 10am-6pm. Jul-Aug 10am-7pm
Phone: +353 71 967 3122
Internet: www.loughkey.ie
Email: info@loughkey.ie

Roscommon Castle



This 13th Century Norman castle alongside the Loughnaneane Park - with a mile of walking paths, loads of ponds with ducks, a modern

playground and even an outdoor gym for adults - is the perfect spot for taking a break (or having a picnic!) in the beauty of nature.

Photo: rarena/Shutterstock.com

Address: Roscommon, Co. Roscommon

Opening hours: 24/7

Phone: +353 90 662 6342

Internet: www.visitroscommon.com

Bog Oak Sculptures



This studio displays hand carved sculptures and gifts crafted from 5,000 year old bog wood. Be inspired by the ancient artistry of this unique

place.

Photo: Stas Vulkanov/Shutterstock.com

Address: Newtowncashel, Co. Longford

Phone: +353 43 332 5297

Internet: www.bogoak.ie

Email: info@bogwood.net

More Info: Call the studio in advance before visiting.

Ardagh Heritage Village



Ardagh, a designated heritage village, and one of the most picturesque locations in Ireland.

Surrounded by a beautiful park with more than

2,000 broad leaved trees, the village itself is bursting with old-world charm. Drop in to the Visitor Centre to learn more about this quaint

place.

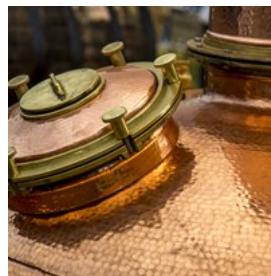
Photo: Jamesco101/Wikimedia.org (image cropped)

Address: Ardagh, Co. Longford

Phone: +353 86 302 7602

Internet: www.longfordtourism.ie/see-do/attractions/ardagh-heritage-village

Kilbeggan Distillery Experience



The oldest licensed distillery in Ireland, dating back to 1757, now welcomes visitors to experience real artisan Irish whiskey at its finest.

Discover the craft that is whiskey distillery and learn about its significance in the local culture.

Photo: mailsonpignata/Shutterstock.com

Address: Lower Main Street, Kilbeggan, Co. Westmeath

Opening hours: Apprentice tours: Nov-Mar 11am, 1pm, 2pm, 2:30pm. Apr-Oct 10am, 11am, 12pm, 1pm, 2pm, 4pm, 4:30pm

Phone: +353 57 933 2134

Tickets: Concessions for Groups & Seniors/Students

Internet: www.kilbeggandistillery.com

Email: info@kilbeggandistillery.com

Athlone Castle Visitor Centre



Athlone's 13th century Castle incorporates an impressive keep and eight interactive exhibition spaces. First built as a timber fort, this

castle soon evolved into the bold and defensive fortress. Breath-taking views of the Shannon inspire awe in locals and visitors alike.

Photo: Sheila Berrios-Nazario/Flickr.com (image cropped)

Address: Athlone, Co. Westmeath

Opening hours: Wed-Sat 11am-5pm. Sun 12pm-5pm

Phone: +353 90 644 2130

Internet: www.athlonecastle.ie

Email: info@athlonecastle.ie

More Info: Opening hours during the summer are extended, and they can be check on the venue's website.

Dartfield



Equestrians will delight in this centre dedicated to the Connemara Pony and the Irish Horse. Featuring 350 acres of parkland, visitors are invited to explore walking trails, meet the farm animals, and join activities such as archery, horse riding and clay pigeon shooting. The museum displays farm machinery, carriages and an equine veterinary gallery, offering unique insight in to the farming world of yesteryear.

Photo: Ivica Drusany/Shutterstock.com

Address: Loughrea, Co. Galway

Opening hours: Daily 9am-6pm

Phone: +353 91 843 968

Internet: www.dartfield.com

Email: info@dartfield.com

Portumna Castle



Built before 1618, this castle features two complimentary architectural influences; a medieval Town House and a Renaissance styled manor. The imposing facade and the long avenue right in front of the estate, as well as the magnificent scenery on the shores of Lough Derg, promise striking views.

Photo: Luke Ravitch/Flickr.com (image cropped)

Address: Portumna, Co. Galway

Phone: +353 90 974 1658

Internet:

www.heritageireland.ie/en/west/portumnacastleandgardens

Lough Boora



This discovery park features five main trails for taking in the beautiful flora and fauna. Adventurers may try coarse angling and game fishing. A casual stroll is the best way to enjoy the park's biodiversity, sculpture park and Mesolithic sites.

Photo: Niall McAuley/Flickr.com (image cropped)

Address: Cloghan, Co. Offaly

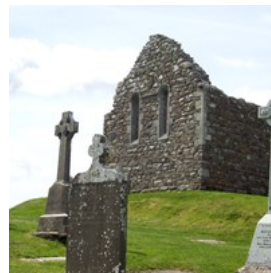
Opening hours: 24/7

Phone: +353 79 340 010

Internet: www.loughboora.com

More Info: The Visitor Centre is open Mon-Fri 10am-6pm.

Clonmacnoise Monastery



This 6th century monastery boasts seven churches and two round towers. Spirit yourself back to the ere of saints and scholars, considered Ireland's Golden Age.

Photo: Bryce Mullet/Flickr.com (image cropped)

Address: Clonmacnoise, Co. Offaly

Opening hours: Daily 10am-5:30pm

Phone: +353 90 967 4195

Internet: www.heritageireland.ie/Arts-Culture-Heritage/clonmacnoise-monastic-site/16281

More Info: Opening hours are extended during the summer, and they can be check on the venue's website.

Nenagh Heritage Centre



Follow the footsteps of the condemned prisoners at the former County Gaol (prison) Governor's house. Impressive architecture as well as an art gallery housing rotating art, craft and

photographic exhibitions make this a point of interest for culture vultures as well as historians.

Photo: Pam O'Brien/Flickr.com (image cropped)

Address: Nenagh, Co. Tipperary

Opening hours: Tue-Fri 10am-4pm

Phone: +353 67 338 50

Internet: www.discoverireland.ie/Arts-Culture-Heritage/nenagh-heritage-centre-north-tipp-genealogy-centre/16037

Email: nenaghheritage@eircom.net

Killaloe River Cruises



Take a one hour cruise on the shores of Lough Derg on a comfortable, modern boat. Marvel at views of stunning landscapes and extra stops will allow you to sample the region's cuisine and fine pints.

Photo: Kwiatek7/Shutterstock.com

Address: Killaloe, Co. Clare

Phone: +353 86 814 0559

Internet: www.killaloerivercruises.com

Holy Island



One of the most famous monastic sites in Ireland, Holy Island features a well-preserved Round Tower and the ruins of six churches. The cell-like structure is one of Ireland's most iconic architectural sights.

Photo: Owl Prints/Flickr.com (image cropped)

Address: Scarriff, Co. Clare

Phone: +353 86 8749710

Internet: www.holyisland.ie

Rock of Cashel



A contrast of Celtic and Medieval architecture, the Rock of Cashel is one of Ireland's most iconic, and most visited, historic sites. Dating back to the time of St. Patrick (5th century), the first rocks laid here were said to be cast out from the cave of the Devil! Holy relics and high crosses from the Celtic era dot the grounds, which were once the seat of the king of Munster. A 12th century Romanesque chapel, as well as a 13th century Gothic one, house some of the country's most impressive frescoes and medieval art.

Photo: Giorgio Galeotti/Wiki Commons (image cropped)

Address: Moor, Cashel, Co. Tipperary

Phone: (+353) 062 61437

Internet: www.cashel.ie

Craggaunowen Castle & Crannóg



Whisk yourself back to Celtic times at this open-air museum. Craggaunowen ("Owen's rocky little hill") houses reconstructions of Celtic structures, such as a dolmen, Ringfort, Fulachta Fia (Bronze Age cooking and industrial site), Souterrain, and Standing Stone (Ogham Stone). Visitors familiar with the legend of St. Brendan will admire the Currach boat, while naturalists will marvel at the Celts' coexistence with nature - you can even explore a Crannóg, an ancient lake dwelling fashioned from all natural materials. The grounds also house a later 16th century castle, around which native species such as Wild Boar and Soay Sheep continue to roam the plain.

Photo: Pinzgauer/Wiki Commons (image cropped)

Address: Craggaunowen, Kilmurry, Co. Clare, V95 AD7E
Phone: (+353) 061 360 788
Internet: www.craggaunowen.ie

EVENTS



gpointstudio/Shutterstock.com

The region around River Shannon features events nearly all year long. To experience the lively festival culture, plan your stay to include overnights in hosting villages and towns.

Irish Bog Snorkelling Championship



One of the most memorable Irish experiences, this tongue-in-cheek championship is the muddiest event on earth.

Activities include foot mud slides and bog bath racing.

Photo: [Pavel1964/Shutterstock.com](https://www.shutterstock.com/user/Pavel1964)
Opening hours: Beginning of September
Internet: www.irishbogsnorkelling.com

National Heritage Week



For a small town, Carrick on Shannon has produced many persons of note.

The local historical society presents a hearty feast and an occasion to

learn more about the region's famous ancestors.

Photo: [Halfpoint/Shutterstock.com](https://www.shutterstock.com/user/Halfpoint)
Address: Carrick On Shannon, Co. Leitrim
Opening hours: Mid September
Internet: www.carrickheritage.com

Taste of Monaghan

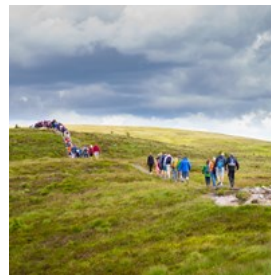


This festival is a joyful celebration of the region's flavourful food and the lush green fields which produce it.

Experience a mouth-watering blend of Asian, Indian, Mexican Mediterranean and Central European cuisine.

Photo: [Josep Suria/Shutterstock.com](https://www.shutterstock.com/user/Josep%20Suria)
Address: Monaghan Town, Co. Monaghan
Opening hours: Beginning of October
Internet: www.tasteofmonaghan.com

East Clare Walking Festival



Experience the wild beauty of East Clare by joining guided tours or a boat trip to Holy Island.

Photo: [Semmick Photo/Shutterstock.com](https://www.shutterstock.com/user/Semmick%20Photo)
Address: Scarriff, Co. Clare
Opening hours: Beginning of October
Internet: www.eastclarewalkingfestival.com

Virginia Pumpkin Festival



Haunted forest walks and a fancy dress ball open the gateway to the other world at this unique festival. Artisan food and craft fairs are part of the

old-world atmosphere. Parades and fireworks close up the feast.

Photo: Romiana Lee/Shutterstock.com

Address: Virginia, Co. Cavan

Opening hours: End of October

Internet: www.virginia.ie

ACTIVITIES



walshphotos/Shutterstock.com

The Lakelands is a place for adventurers, with numerous providers offering thrilling, as well as a few relaxing, activities.

Spa and Wellness



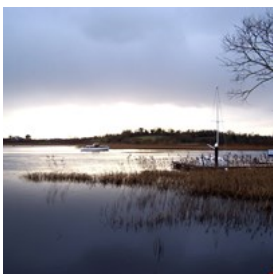
Tucked away in one of Ireland's most tranquil spots, these sanctuaries of calm seek nourishment from the island's mineral-rich seaweeds, as

well as offering treatments from around the world.

Photo: UfaBizPhoto/Shutterstock.com

Internet: www.discoverireland.ie/spa

On the Water



The Lakelands are tailor-made for anglers, explorers or those who simply love messing about with boats.

Photo: Susilyn/Shutterstock.com

Internet: www.discoverireland.ie/adventure

Biking and Cycling



The region around River Shannon and the Lakelands features some of the most stunning scenery in Ireland, with excellent routes for cyclists and walkers. Whether you're looking for an adrenaline rush or historic sights, you will find a hidden gem in this spectacular region.

Photo: Alex Staniloff/Shutterstock.com

Internet: www.discoverireland.ie/cycling

Walking & Hiking



Ireland's breathtaking scenery is best enjoyed by foot. Explore the countryside on a trail or looped walks, and stop for a picnic in one of these breathtakingly beautiful spots.

Photo: Daniel M. Nagy/Shutterstock.com

Internet: www.discoverireland.ie/walking

Golf



From internationally renowned courses to welcoming local clubs in every corner of the country, Ireland is a golfer's paradise.

Whether it's green parkland or rugged coastal links, there is a course to suit every skill level and budget.

Photo: Hugh O'Connor/Shutterstock.com

Internet: www.discoverireland.ie/golf

DINING



Rawpixel.com/Shutterstock.com

The River Shannon & Lakelands Region has options to suit all tastes and every budget, while locally sourced ingredients adding some local flavour. Sample Farmers' and Country Markets for some of the finest products.

The Oarsman (Carrick On Shannon)



spirits.

This gastropub is a gathering place featuring hearty food from organic pasta to seafood specials. Drinks served include wine, craft beer and

Photo: Milosbeo/Shutterstock.com

Address: Bridge Street, Carrick On Shannon, Co. Leitrim

Opening hours: Tue-Sun 12pm-9pm

Phone: +353 71 962 1733

Internet: www.theoarsman.com

Email: info@theoarsman.com

Thyme (Athlone)



Right in the heart of historic Athlone, and nestled in the valley of River Shannon, this restaurant serves modern Irish cuisine. Committed to freshness and quality, the menu changes with the season and makes the most of Irish

ingredients.

Photo: petereleven/Shutterstock.com

Address: Custume Place, Athlone, Co. Westmeath

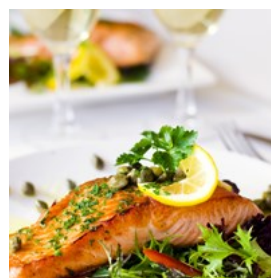
Opening hours: Mon-Sat 5pm-10pm. Sun 1pm-8pm

Phone: +353 90 647 8850

Internet: www.thymerrestaurant.ie

Email: info@thymerrestaurant.ie

Andy's Bar & Restaurant (Monaghan)



This family-run restaurant is a gem in the small town of Monaghan, and what its eye catching facade already promises – traditional customs and modern elegance – is delivered in the form of its Irish cuisine with international influences. The bar serves gins from all over the globe.

Photo: Rawpixel.com/Shutterstock.com

Address: 12 Market St, Mullaghmonaghan, Co. Monaghan

Opening hours: Tue-Fri 4-9:30pm, Sat 2-9:30pm, Sun 1:30-9pm

Phone: +353 47 82277

Internet: www.andysmonaghan.com

Email: info@andysmonaghan.com

Bobby Byrne's (Limerick)



This authentic Irish pub in the heart of Limerick City serves characterful traditional dishes since 1963. Wash down local cuisine with a classic pint of Guinness.

Photo: Anna Kurzaeva/Shutterstock.com

Address: 3 O'Connell Avenue, Limerick, Co. Limerick

Opening hours: Mon-Fri 8:30am-9pm, Sat 9am-9pm, Sun 12-4pm

Phone: +353 61 316 949

Internet: www.bobbybyrnes.ie

Email: info@bobbybyrnes.ie

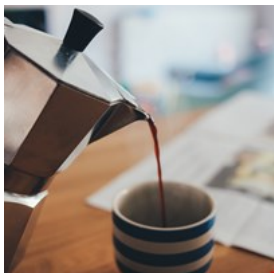
CAFES



aradaphotography/Shutterstock.com

The region around River Shannon and the Lakelands boasts lovely little cafes in even lovelier little villages and towns. Expect homemade goods and drinks to warm you up after a long day's sightseeing.

Aromas Café (Carrick-On-Shannon)



Located at The Landmark Hotel, this little cafe specialises in the finest blends of teas and coffees paired with freshly baked cakes and pastries. Sink

into the soft furniture in this relaxed and cosy atmosphere, while taking in the stunning views of the river Shannon during an afternoon tea or lunch.

Photo: Free-Photos/Pixabay.com (image cropped)

Address: Shannon Lodge, Townparks, Carrick-On-Shannon, Co. Leitrim

Opening hours: Mon-Sat 8am-4pm

Phone: +353 71 962 2222

Internet: www.thelandmarkhotel.com/food/aromas-cafe

Email: reservations@thelandmarkhotel.com

Beans & Leaves (Athlone)



In the heart of Athlone, this cute venue boasts great menus for breakfast and lunch as well as riverside views. Start the day with a traditional Irish breakfast, or take a break and treat yourself to homemade goods and flavourful drinks.

Photo: Free-Photos/Pixabay.com (image cropped)

Address: Lloyds Lane, Athlone, Co. Westmeath

Opening hours: Mon, Wed-Fri 9:30am-4:30pm. Sat 9:30am-5:30pm. Sun 10am-4:30pm

Phone: +353 90 643 3534

Email: slpersonalchef@gmail.com

Tea Rooms at The Stables Guesthouse (Birr)



Located in a sumptuous Georgian house, this cafe serves both seasonal offerings as well as classic desserts, coffee, and wine. Enjoy light lunches and decadent afternoon tea alongside an open fireplace.

Photo: sharonang/Pixabay.com (image cropped)

Address: 6 Oxmantown Mall, Birr, Co. Offaly

Opening hours: Tue-Sat 9:30am-5:30pm. Sun 10am-5pm

Phone: +353 57 912 0263

Internet: www.thestablesbirr.com

Email: caroline@thestablesbirr.com

Country Choice (Nenagh)



This cafe serves wholesome Irish food, as well as a great range of picnic dishes to-go. The perfect stop after a day's exploration.

Photo: Tania Zbrodtko/Shutterstock.com

Address: Nenagh, Co. Tipperary

Opening hours: Tue-Sat 9am-4pm
Phone: +353 67 325 96
Internet: www.countrychoice.ie
Email: info@countrychoice.ie
More Info: The shop is open Tue-Sat 9am-5:30pm.

Delish (Raheen & Castletroy)



These brightly-decorated cafes (one in Raheen, and one in Castletroy) offer coffee, juices and desserts to lunches and dinners (for catering).

Photo: [frantic00/Shutterstock.com](https://www.shutterstock.com/frantic00)
Address: 6 Courtfields Shopping Centre, Raheen, Co. Limerick
Opening hours: Mon-Fri 8am-4:30pm. Sat 9:30am-3pm
Phone: +353 61 300 090
Internet: www.delish.ie
Email: info@delish.ie

BARS & NIGHTLIFE



[Standret/Shutterstock.com](https://www.shutterstock.com/Standret)

Experience the lively pub culture of Ireland. Start your evening with a good pint of local beer and see where the night takes you.

Bridge House Bar (Tullamore)



In the heart of Tullamore, this authentic Irish pub is a vibrant late bar hosting live bands and DJs every week, and a dedicated wine and draft beer

selection every day. Head here to enjoy the start of a great night out, and pop into the venue's other establishments: the Char Bistro and the Palace Venue & Nightclub.

Photo: [Goran Bogicevic/Shutterstock.com](https://www.shutterstock.com/GoranBogicevic)
Address: Tullamore, Co. Offaly
Opening hours: Sun-Wed 9am-12am. Thu-Sat 9am-2am
Phone: +353 57 932 5600
Internet: www.bridgehousebar.ie
Email: events@bridgehouse.com

Millar's Bar (Athlone)



This family-run bar is renowned for its exceptional food as well as sensational drinks and service. Head here for a night out with friends, or mingling with locals over a pool or card game.

Photo: [gpointstudio/Shutterstock.com](https://www.shutterstock.com/gpointstudio)
Address: Ballydangan, Co. Roscommon
Opening hours: Daily 12am-11:30pm
Phone: +353 90 967 3523

Hugh Lynch's (Tullamore)



With three party areas, an extensive menu of food and drink, live music on the weekends and major sporting fixtures, this venue has it all.

Photo: [bbernard/Shutterstock.com](https://www.shutterstock.com/bbernard)
Address: Kilbride Street, Tullamore, Co. Offaly
Opening hours: 24/7

Phone: +353 87 250 5422
Internet: www.hughlynchs.com
Email: hughlynchs@gmail.com

Larkins (Garrykennedy)



This family-run bar is charmingly situated on the south shore of Lough Derg on the River Shannon and is among locals' and tourists'

favourites.

Photo: Yulia Grigoryeva/Shutterstock.com
Address: Garrykennedy, Portroe, Co. Tipperary
Opening hours: Mon-Thu 11:30am-11:30pm, Fri 11am-11:30pm, Sat-Sun 10:30am-11:30pm
Phone: +353 67 23232
Internet: www.larkins.ie
Email: info@larkins.ie

Cox's Steakhouse (Dromod)



Cox's Steakhouse in the remote little town of Dromod is well-known for its restaurant serving great food nearly all day long, while the adjacent

bar is a hidden gem worth a try. Raise a glass (or two) on the patio overlooking the village, and enjoy both award winning food as well as flavourful drinks that will make for a great stay.

Photo: [tommaso79/Shutterstock.com](https://www.shutterstock.com/user/tommaso79)
Address: Harbour Road, Dromod, Co. Leitrim
Opening hours: Daily 4pm-closing
Phone: +353 71 963 8234
Internet: www.coxs-steakhouse.com
Email: hello@coxs-steakhouse.com
More Info: The restaurant is open daily 8am-8:45pm.

Paddy's Bar (Terryglass)



On the north eastern shore of Lough Derg, where the Shannon enters the lough, this little venue offers homemade foods and fine wine best be enjoyed right next to a fireplace. Live music from time to time.

Photo: [Gorodenkoff/Shutterstock.com](https://www.shutterstock.com/user/Gorodenkoff)
Address: Terryglass, Co. Tipperary
Opening hours: 24/7
Phone: +353 67 221 47
Email: paddysbar1@gmail.com

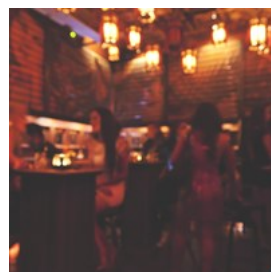
The Keepers Arms (Bawnboy)



This family-run venue retains the original stone building's character, while providing a comfy atmosphere and modern selection of drinks.

Photo: [View Apart/Shutterstock.com](https://www.shutterstock.com/user/View+Apart)
Address: Bridge Street, Bawnboy, Co. Cavan
Opening hours: 24/7
Phone: +353 49 952 3318
Internet: www.keepersarms.com
Email: info@keepersarms.com

The Chestnut (Birr)



This Victorian style bar is a place of cosy turf fires, dark wood interiors, and warm smiles. Pints and cocktails are served, as well as coffee and tea.

Concerts feature traditional songs as well as blue grass and rock during events and activities of all kinds.

Photo: [ben bryant/Shutterstock.com](https://www.shutterstock.com/user/ben+bryant)
Address: 1823 Green St, Townparks, Co. Offaly

Opening hours: Mon-Tue 8-11:30pm, Wed-Thu 5-11:30pm,
Fri 5pm-12:30am, Sat 3pm-1am, Sun 3-11pm
Phone: +353 87 220 8524
Internet: www.thechestnut.ie
Email: info@thechestnut.ie

Giltraps (Kinnity)



This award-winning pub in the picturesque village of Kinnity is nestled in the foothills of the Slieve Bloom Mountains. A warm ambience as well as traditional interiors and open fireplaces provides the ideal setting for the 'perfect' pint of Guinness.

Photo: Syda Productions/Shutterstock.com
Address: Kinnity Lodge, Birr, Co. Offaly
Opening hours: Daily 10am-11:30pm
Phone: +353 57 913 7076
Internet: visitkinnity.com
Email: info@giltrapspub.com

The Derg Inn (Terryglass)



Expect a hearty pint as well as local seasonal produce, ranging from Atlantic coast fish to seafood and tender beef.

Photo: William Perugini/Shutterstock.com
Address: Main Street, Terryglass, Co. Tipperary
Opening hours: Sun-Thu 10am-11:30pm. Fri-Sat
10am-00:30am
Phone: +353 67 220 37
Email: thederginn@gmail.com

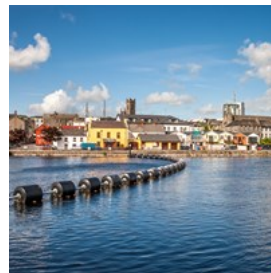
SHOPPING



BABAROGA/Shutterstock.com

While travelling the beautiful region of River Shannon and the Lakelands, you will not only pass stunning scenery and picturesque villages but also small towns brimming with unique souvenirs and gifts.

Athlone



In the very centre of Ireland, near the southern shore of Lough Ree, Athlone's shops range from high street brands to stylish

boutiques with unique items. Athlone Towncentre is the region's biggest shopping centre, while locals recommend Nells Closet for fashion, Strawberry Hill or Sheffield for jewellery, and Bastion Gallery or Luan Gallery for antiques.

Photo: Monicami/Shutterstock.com
Address: Athlone, Co. Westmeath
Internet: www.athlone.ie/shopping

Carrick on Shannon



This cute little village home to one of Ireland's best farmer's market, every Thursday from 10am-2pm. Browse Rosebank Retail Park, The Docks Arts Centre or the King House, to find memorable gift ideas at a reasonable price.

Photo: creativemarc/Shutterstock.com

Address: Carrick on Shannon, Co. Leitrim

Limerick



Limerick's compact city centre is easy to navigate, marked with both sights and shops. Featuring big brands as well as independent stores, the streets right next to River Shannon - especially O'Connell Street and William Street - take hours to be thoroughly explored, while close-by parks and cafes provide every refreshment needed. Take your time looking around, and do not forget to stop by The Milk Market running Fri-Sat, which is one of the best-known markets in Ireland.

Photo: tony spuria/Shutterstock.com

Address: Limerick City, Co. Limerick

Internet: www.limerick.ie/discover/eat-see-do/shopping/shopping-limerick-city-centre

Roscommon



Known for its craftspeople, Roscommon is brimming with old-world charm. Stores range from metal crafts to artisan good shops, snackeries, and design galleries.

Photo: Monkey Business Images/Shutterstock.com

Address: Roscommon, Co. Roscommon

Monaghan



The Farmer's Market pays homage to the rolling hills and many farms of this region. Craft items make perfect gifts or souvenirs. Stroll

around the village's main streets, as well as the Monaghan Shopping Centre and the Carrickmacross General Market.

Photo: Syda Productions/Shutterstock.com

Address: Monaghan, Co. Monaghan

TOURIST INFORMATION



walshphotos/Shutterstock.com

Passport / Visa



Citizens of the European Union, the European Economic Area (Norway, Iceland, Liechtenstein) and Switzerland can enter Ireland without a visa. Citizens of a further 56 countries, including many in the Americas, Australia, New Zealand, Japan, and more are also visa-exempt.

A short-stay visa waiver programme allows

visitors of certain nationalities to enter Ireland visa-free if they are in possession of a UK type "C" visa, and have gone through initial immigration clearance in the UK.

Holders of a Residence Card of a family member of a Union citizen, or of a red United Nations laissez-passer also enjoy a visa exemption.

For those who do need a visa, one should be applied for in advance via an Irish embassy or consulate closest to them. Some nationalities also require a transit visa, even if they do not plan to leave the airport en route to their final destination.

Check whether you need a visa, and what prerequisites and fees may apply:
www.inis.gov.ie/en/INIS/Pages/check-irish-visa

Photo: TukTuk Design/Shutterstock.com
Address: 80 Street Stephen's Green, Dublin
Phone: + 353 14 780 822
Internet: www.inis.gov.ie

Best Time to Visit



Influenced by the Gulf Stream, Ireland has a mild climate that allows you to experience the stunning landscapes nearly all year long: with

15 to 20 degrees in the summer, around 10 degrees in spring and autumn, and 4 to 8 degrees in winter. Keep in mind, however, that most events take place during the summer months from May to September, and the cities and villages really come alive after winter.

Photo: VectorA/Shutterstock.com

Airports



The region around River Shannon and the Lakelands can best be reached via Shannon Airport, Ireland West Airport Knock, and Kerry

Airport while airports more far away can also be favourable. Try to match your plans and means of travel with the chosen (or possible) airport, and keep in mind that you can easily travel around in the region via car and railway.

Shannon Airport
www.shannonairport.ie

Ireland West Airport Knock
www.irelandwestairport.com

Kerry Airport
www.kerryairport.ie/website

Photo: Juan Garces

Public transport



The region around River Shannon and the Lakelands can be travelled by bus and railway services, and all the information - times,

prices and purchases - can be checked online.

Bus Éireann
www.buseireann.ie

Iarnród Éireann / Irish Rail
www.irishrail.ie

Photo: Pierre-Luc Auclair

Taxi



Taxis and Hackney Cabs are available throughout the region, and taxis can be hailed down in the street while Hackney Cabs must be booked

from offices - the costs are then measured by distance, as every taxi is equipped with a metre. Every hotel will provide you with information and phone numbers for services that operate in every town, and throughout the region.

Photo: Taxi

Pharmacy



Pharmacies can be found across the whole region in nearly every town, and they are usually marked by a brand logo. Keep in mind, that opening hours

can significantly vary but most of the venues are at least open Mon-Fri 8am-6pm and Sat 8am-1pm.

Photo: Gemma Garner

Health and Medical Treatment



EU Citizens are entitled to free hospital treatment in a public ward but they should obtain a European Health Insurance Card prior travels. For Visitors

from non-EU countries, private medical insurance is highly advised.

Photo: grmarc/Shutterstock.com

Internet: www.ehic.ie.

Post



Offices of Ireland's national postal service are generally open Mon-Fri 9am-5.30pm and Sat 9am-1pm, and they offer every service in

need. In larger towns, opening hours on Saturdays may be extended.

Photo: Andy Fuchs

Internet: www.anpost.ie

Telephone



Country code: +353

Photo: Jardson Almeida

Electricity



230 V, 50 Hz, G

Photo: Stirling Tschan

Driving



If you intend to rent a car, make sure to familiarise yourself with the Irish road rule, and with speed limits in particular: 120 km/h on

motorways, 100 km/h on national roads, 80 km/h on regional and local roads, and 50 km/h in a

built-up areas.

Photo: matsabe/Shutterstock.com

Internet: www.rsa.ie

Currency

1 Euro = 100 Cents

Opening hours

Shops are normally open Mon-Fri 9am-6pm while some of them may extend their opening hours on Thursdays nights up to 8pm. Banks are generally open Mon-Fri 10am-4pm while each bank has extended opening hours once a week.

Newspapers

Irish Examiner

Irish Times

Irish Independent

Emergency numbers

European Emergency Number: 999

Tourist information

Athlone Tourist Information Office

Athlone Castle, Athlone

+353 90 649 463 0

athlone@failteireland.ie

Mullingar Discover Ireland Centre

Market Square, Mullingar

+353 44 934 876 1

mullingar@failteireland.ie

Limerick City Tourist Information Office

Arthur's Quay, Limerick

+353 61 317 522

Limericktio@shannondevelopment.ie

Adare Tourist Information Office

Main Street, Adare

+353 61 396 255

adaretio@shannondevelopment.ie