



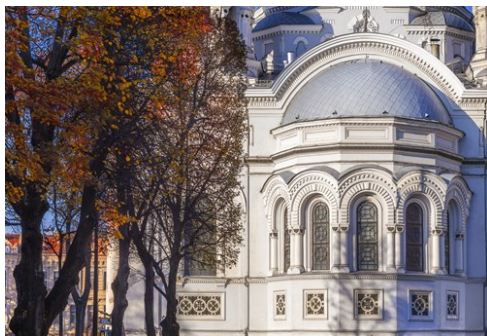
Kaunas

Photo: A. Aleksandravicius/Shutterstock.com



Leonid Andronov/Shutterstock.com

In the heart of Lithuania, Kaunas is a city that might seem compact at first, but once you start discovering it, you'll realise that history is still truly alive here. Start your trip by walking through its main artery, Laisvės Alėja, while you admire its beautiful architecture, and make sure you get familiar with the delicious Lithuanian dishes and the ancient bath traditions in a city that was once the admired place of Adam Mickiewicz, too.



Algirdas Gelazius/Shutterstock.com



Madrugada Verde/Shutterstock.com

QUIZ
*What Type of Traveller
Are You Based on
Your Travel IQ?*

TAKE THE QUIZ

Top 5



Town Hall (Rotušės Aikštė)

The Town Hall, often called the White Swan, is a true spectacularity with it...



Pažaislis Monastery

This ensemble is regarded as the most beautiful Baroque-style landmark in th...



Ninth Fort

Kaunas was a significant cultural base of the Jews living in Lithuania; its ...



St. Michael the Archangel ...

Commonly known as the garrison church, this Neo-Byzantine-style building



Funiculars in Kaunas

Embarking on a funicular journey is a unique experience in Kaunas, as this i...



THE CITY



Artur Bociarski/Shutterstock.com

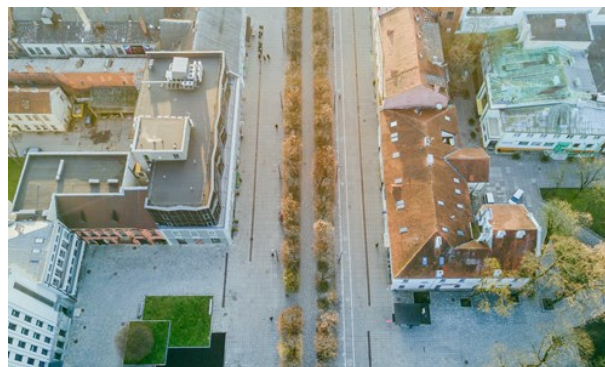
During its history, Kaunas was continuously regarded as one of the most important cities in what we call Lithuania today. Its brick castle, built in the 14th century, had earned the city an important position in the Grand Duchy of Lithuania, as well as internationally, in the Hanseatic League.

In the 20th century, Kaunas served as the national capital while Vilnius was invaded by the Russian Empire between 1919 and 1939. This period played an important role in Kaunas becoming a culturally rich city, often regarded in these years as the Little Paris for its spectacular architecture and bustling social life.

Sadly, Kaunas was not exempt from the tragic events of the past century, either. Given its significant Jewish community, it saw the killings of thousands of victims, and was heavily repressed by the Soviet rule, against which the June Uprising was organised here in 1941.

Perhaps it's her troubled history that helped Kaunas build such a captivating character, which a visitor today can still experience by taking a walk in the cobblestoned historic Old Town of the city that is going to be 2022's European Capital of Culture.

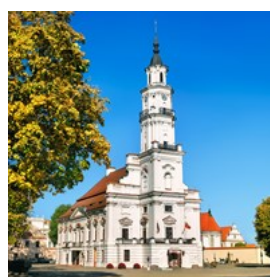
DO & SEE



A. Aleksandravicius/Shutterstock.com

Abundant in beautiful landmarks and interesting museums, Kaunas has a remarkable cultural heritage that celebrates Lithuania's eventful history.

Town Hall (Rotušės Aikštė)



The Town Hall, often called the White Swan, is a true spectacularity with its impressive 53-metre tall tower. It was built in 1542, after the former building had been destroyed by the fire. Located at the centre of what once was a marketplace, today it is a popular wedding scene, and houses a pottery museum, as well as the Kaunas City Museum, representing the rich cultural and political history of Kaunas. Don't forget to hunt for the sculpture bugs, unveiled here in homage to "European Walt Disney" Władysław Starewicz!

Photo: Valery Bareta/Shutterstock.com

Address: Rotušės a. 15, Kaunas

Opening hours: Tue to Sat: 10:00-18:00, Sun: 10:00-16:00

Internet: <http://kaunomuziejus.lt/?lang=en>

Email: edukacijuskyrius@kaunomuziejus.lt

Pažaislis Monastery



This ensemble is regarded as the most beautiful Baroque-style landmark in the Baltic states, nestled in foresty Kaunas Reservoir. The church and abbey were built for Camaldolese monks in the 17th century, under the supervision of Italian masters from Florence. Its on-site museum offers educational classes and a small cinema.

The monastery is home to about 140 frescoes of varying sizes, including the famous painting of the Mother of Fair Love, which was presented to Kristupas Zigmantas Pacas, founder of the Pažaislis Church, by Pope Alexander VII in 1661.

Photo: A. Aleksandravicius/Shutterstock.com

Address: T. Masiulio 31, Kaunas

Opening hours: Open 10:00-16:30, Sat 10:00-15:00. Closed Mon, Sun

Phone: +370 37 458 868

Internet: www.pazaislis.org

Email: gidas@pazaislis.org

Ninth Fort



Kaunas was a significant cultural base of the Jews living in Lithuania; its Jewish community amounted to one third of the city's inhabitants, and the ghetto set up here further increased their number. Fort IX is a stronghold and museum that commemorates Kaunas's eventful history, and the people who were killed or imprisoned here under the WWII Holocaust.

Photo: MoLarjung/Shutterstock.com

Address: Žemaičių pl. 73, Kaunas

Public Transport: Recommended to arrange transport individually

Opening hours: Tue to Sun: 10:00-18:00, Mondays: closed

Phone: +370 37 377 750

Internet: www.9fortomuziejus.lt

Email: info@9fortomuziejus.lt

St. Michael The Archangel Church



Commonly known as the garrison church, this Neo-Byzantine-style building was designed and built by order of Russian Tsar Alexander III in the late 19th century. Located at the eastern end of the main pedestrian street Laisves aleja, it is one of the most impressive landmarks of the city, and a lot more than a Roman Catholic church: the catacombs underneath are home to the Museum for the Blind, where there is not much to see—but a lot to experience!

Photo: Guliveris/Shutterstock.com

Address: Nepriklausomybes a. 14, Kaunas

Opening hours: Museum: 9:00-11:30, and 13:00-15:00

Phone: +370 37 226 676

Email: soboras@takas.lt

Funiculars in Kaunas



Embarking on a funicular journey is a unique experience in Kaunas, as this is the only city in the Baltic states where this means of transport is available. The Žaliakalnis, built in 1931, is one of the oldest funiculars still in operation in the world. The other funicular in Kaunas, Aleksotas is much sought for the view you'll get (of the Old Town) once you reach the hill of the same name.

Photo: proslgn/Shutterstock.com

Address: Žaliakalnis: Aušros g. 6, Aleksotas: Amerikos Lietuvių g. 6

Opening hours: Closed on Sundays

Phone: +370 37 425 882

Internet:

<http://visit.kaunas.lt/en/to-see/top/zaliakalnio-funikulierius>, <http://visit.kaunas.lt/index.php/en/to-see/top/kauno-funilukieriai>

Kaunas Castle



Located at the confluence of the Nemunas and Neris rivers, this impressive brick castle was built in the 14th century at the beginning

of the Teutonic attacks. Unique for its double walls and the surrounding tunnel, many events and legends of Lithuanian history are attributed to it. Today, the castle is home to various temporary and permanent programs all year round. Join educational trips and exhibitions, mould a stove tile, and try your knowledge with the Castle Quiz. Just opposite the castle, St. George the Martyr Church is also worth a visit, for it is an important landmark of Roman Catholicism.

Photo: Audrius Merfeldas/Shutterstock.com

Address: Pilies g. 17, Kaunas

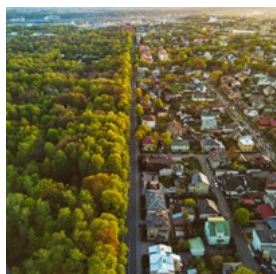
Opening hours: Tuesday to Friday: 10:00-18:00, Saturday: 10:00-17:00

Phone: +370 37 300 672

Internet: http://kaunomuziejus.lt/pilies_skyrius/?lang=en

Email: pilis.kasa@kaunomuziejus.lt

Ažuolynas Park



This is not an ordinary oak grove, as its name suggests, but the largest in whole urban Europe!

Visit the Kaunas Zoo nearby, or simply take a

stroll here, and try to find the rock which Adam Mickiewicz carved on at his favorite spot.

Photo: A. Aleksandravicius/Shutterstock.com

Address: Sporto g., Kaunas

Atomic KGB Bunker



Just six metres underground you'll find yourself in the interesting world of WWII relics—gas masks, surveillance equipment, aircraft black boxes, radiation meters, have been all gathered here to give you a unique insight into this dark era of history.

Photo: Roman Zenin/Shutterstock.com

Address: Raudondvario pl. 164 A, Kaunas

Phone: +370 682 66666

Internet: www.atominisbunkeris.lt

Email: info@atominisbunkeris.lt

The Historical Presidential Palace



Served as the presidential palace between 1919 and 1940, this building is one of the most important locations of Lithuanian history. Once the home of presidents like A. Smetona, K. Grinius and A. Stulginskis, today it hosts various cultural events, as well as permanent and temporary exhibitions.

Photo: Leonid Andronov/Shutterstock.com

Address: Vilniaus g. 33, Kaunas

Opening hours: Tue to Sun: 11.00-17.00

Phone: +370 37 201 778

Internet: www.istorineprezidentura.lt/en

Email: info@istorineprezidentura.lt

Stumbras Museum



Stumbras is the largest liquor company in Lithuania, and this museum showcases the history of the still-operational distillery,

as well as its impact on alcohol consumption and industrialisation in Lithuania since its foundation in 1906. Find out how the best Lithuanian vodka is made!

Photo: Oleksandra Naumenko/Shutterstock.com
Address: K.Būgos g. 7, Kaunas
Phone: +370 37 30 88 00
Internet: www.stumbras.lt/en
Email: stumbras@stumbras.lt

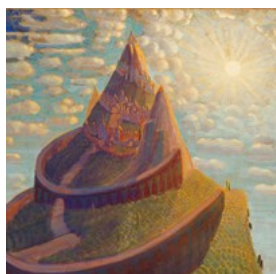
House of Perkūnas



A merchants' place during Hanseatic times, then a school also attended by Adam Mickiewicz, this Gothic building has always had an important role in Lithuanian history. The building is named after Pagan god Perkūnas, whose sculpture was revealed during the reconstruction works in 1919.

Photo: Leonid Andronov/Shutterstock.com
Address: Aleksoto g. 6, Kaunas
Opening hours: Monday to Friday: 10:00-16:30
Phone: +370 641 44614
Internet: www.perkunonamas.lt
Email: info@perkunonamas.lt

M. K. Čiurlionis National Museum of Art



Named after Lithuania's most prominent Art nouveau artist and composer, this gallery displays a vast collection of Lithuanian art in

collaboration with multiple other museums and galleries throughout the city. Ancient world art, folk art, and an exhibition on numismatics are also on display here, together with various temporary ones.

Photo: [ciurlionis.eu/Wikimedia Commons](https://www.ciurlionis.eu/Wikimedia Commons) (image cropped)
Address: V. Putvinskio g. 55, Kaunas
Opening hours: Tuesday to Sunday: 11.00-17.00, Thursday: 11.00-19.00
Phone: +370 37 229 475
Email: mkc.info@ciurlionis.lt

Sugihara house



The building is named after Japanese diplomat Chiune Sugihara, acclaimed for saving the lives of 10,000 Lithuanian, Polish and

German Jews during WWII, by issuing Japanese visas for them. The museum exhibits all the important moments of his and the refugees' lives, shedding light on the years of the war as well as its aftermath.

Photo: ChiccoDodiFC/Shutterstock.com
Address: Vaižganto g. 30, Kaunas
Opening hours: Monday to Friday: 10:00-17:00, Saturday and Sunday: 11:00-16:00
Phone: +370 698 02184
Internet: www.sugiharahouse.com
Email: sugihara@yahoo.com

Christ's Resurrection church

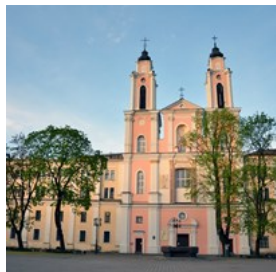


This Roman Catholic church was built to celebrate Lithuanian independence, regained in 1918. A unique landmark in Kaunas not only for its modern functionalist layout, but it is also regarded as the largest basilical church in the Baltic states.

Photo: Simon Dux/Shutterstock.com
Address: Žemaičių g. 31, Kaunas
Opening hours: Mon to Fri: 11.30-18:30, Sat and Sun: 11.00-18.30 (Mar to Sept) Mon to Fri: 12.00-18.00, Sat and Sun: 11.00-18.00 (Oct to Feb)

Phone: +370 37 229 222
Internet: www.prisikelimas.lt
Email: parapija@prisikelimas.lt

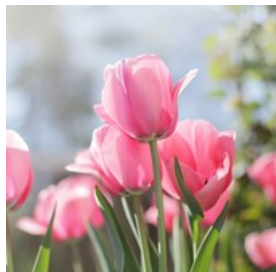
Church of St. Francis Xavier



Located in the heart of Old Town, this 17th-century Jesuit church is another Baroque gem of Kaunas. It also has a terrace with a stunning view of Town Hall square.

Photo: BPV/Shutterstock.com
Address: Rotušės a. 7, Kaunas
Opening hours: Mon to Fri: 16:00–18:00, Sunday: 07:00–13:00 and 16:00–18:00
Phone: +370 37 423 098
Tickets: 2,00 EUR
Internet: www.perkunonamas.lt
Email: info@perkunonamas.lt

Kaunas Botanical Garden



With its blossoming flower gardens and interesting greenhouse and pond system, this 62-hectare garden, maintained by Vytautas

Magnus University, is the perfect spot to take a romantic stroll.

Photo: Anna Bolsch/Shutterstock.com
Address: Ž. E. Žilibero g. 6, Kaunas
Public Transport: Buses 20, 32, 35
Opening hours: Daily 9:00–19:00
Phone: +370 37 390 033
Internet: <http://botanika.vdu.lt>
Email: bs@vdu.lt

Open-Air Museum of Lithuania



Just 20 km east of Kaunas city centre, this is one of the largest ethnographic museums of Europe. It showcases Lithuanian rural life through ample

collections on agriculture, architecture, and traditions. Various tours, horse rides, as well as accommodation available on the spot.

Photo: Regina Sarkuviene/Shutterstock.com
Address: L. Lekavičiaus g. 2, Rumšiškės
Opening hours: Interior exhibitions Mon to Sat: 10.00–18.00 (May to Sept), 10.00–16.00 (Oct to Mar)
Phone: +370 346 47392
Internet: www.llbm.lt
Email: info@llbm.lt

DINING



Timolina/Shutterstock.com

Kaunas has many cosy restaurants promoting Lithuanian cuisine, so here are a few suggestions on where you can try the famous cepelinai (potato dumplings), saltibarsciai (borscht), or the dark rye bread—or something international, if that's what you fancy.

Avily's



Avily's is a traditional restaurant with an on-site brewery, with specialties from smoked pork to tiger shrimps, to be washed off with the popular honey beer.

Photo: Stepanek Photography/Shutterstock.com

Address: Vilniaus g. 34, Kaunas

Opening hours: 12:00-24:00, Fri and Sat: 12:00-02:00

Phone: +370 699 66239

Internet: www.avilys.lt/en

Uoksas



Uoksas represents contemporary, seasonal cuisine in a most creative way. Its simple and modern interior is paired with cosy wooden details.

Worth a visit for its fresh ingredients and daily tasting menu (pre-booking required).

Photo: Visionsi/Shutterstock.com

Address: Maironio 28, Kaunas

Opening hours: Mon: 12:00-20:00, Tue to Thu: 12:00-22:00, Fri and Sat: 12:00-23:00, Sun: 12:00-18:00

Phone: +370 686 38881

Internet: www.uoksas.eu

Monte Pacis



Monte Pacis is where dining is combined with history. Taste historical recipes and award-winning monastery wines (of the largest

selection Lithuania-wide) in a beautiful Baroque setting! 3 and 9-course menu tastings are also available.

Photo: M Sosnowska/Shutterstock.com

Address: T. Masiulio g. 31, Kaunas

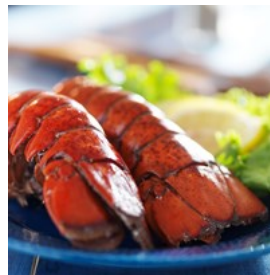
Opening hours: 12:00-22:00, Fri and Sat: 12:00-23:00

Phone: +370 655 95185

Internet: www.montepacis.lt

Email: info@montepacis.lt

Talutti



With four locations in town, Talutti serves you a wide variety of international cuisine, from barbecue and burgers to tex-mex and

Caesar salads.

Photo: Joshua Resnick/Shutterstock.com

Address: Taikos pr. 12, Kaunas

Opening hours: Mon to Thu: 11:00-23:00 Fri and Sat:

11:00-24:00 Sun: 11:00-23:00

Phone: +370 656 68999

Internet: <https://talutti.lt/talutti-restoranai-kaune>

Email: kaunas1@talutti.lt

Svarstyklės



The interior of Pažaislis Park Hotel's restaurant is itself worth a visit: dine in a room decorated by Tuscan frescos, and try the signature game meat

dishes, or the fish cooked on lava stones—served too as a piece of art.

Photo: Kzenon/Shutterstock.com

Address: T. Masiulio g. 18e, Kaunas

Phone: +370 614 63664

Internet: <http://pazaislisparkhotel.lt/restaurant>

Radharanė



An Indian restaurant with an impressive selection of vegetarian dishes, including stews, dumplings, rolls and cheese dishes, and various samosa pastries. All meals are based on fresh vegetables such as chickpeas, eggplant, broccoli, potato, and cauliflower.

Photo: Nataliya Arzamasova/Shutterstock.com

Address: Laisvės al. 40, and Daukšos g. 28, Kaunas

Opening hours: 11:00–21:00 daily

Phone: +370 373 62941, +370 373 20800

Internet: www.radharane.lt

Pas Stanley



A cosy affordable restaurant with traditional dishes, served with the mission to "make you feel at home".

Photo: gkrphoto/Shutterstock.com

Address: Vilniaus g. 24, Kaunas

Opening hours: 10:00–24:00 daily

Phone: +370 650 36506

Internet: <http://pas-stanley.com/en>

Hop Doc gastropub



A laid-back place with lunch offers on weekdays and brunch on weekends. Get free fries and a coke for your burger between 15:00 and 18:00. Private beer tasting is also available.

Photo: Brent Hofacker/Shutterstock.com

Address: M. Daukšos g. 23, Kaunas

Opening hours: Mon: 12:00–22:00, Tue to Thu: 12:00–24:00,

Fri and Sat: 12:00–02:00, Sun: 12:00–23:00

Phone: +370 372 27656

Internet: www.genyspub.lt

Email: info@hopdoc.lt

Piccola Italia



Get a taste of dolce vita at the most popular Italian restaurant in town, and enjoy the premium cheese, ham, and wine selection in an inviting Mediterranean atmosphere.

Photo: baibaz/Shutterstock.com

Address: Maironio g. 22, Kaunas

Opening hours: Mon, Tue, Wed: 11:00–23:00, Thu, Fri, Sat:

11:00–23:00, Sun: 12:00–20:00

Phone: +370 685 61212

Internet: www.piccolaitalia.lt

Email: info@piccolaitalia.lt

Režisierius



Režisierius describes itself with exclusivity, and serves a wide range of Asian food from chicken grilled sticks to over 40 types of sushi.

Photo: kim7/Shutterstock.com

Address: Vilniaus g. 10, Kaunas

Opening hours: Sun to Thu: 12:00–24:00, Fri to Sat:

12:00–02:00

Phone: +370 616 44443

Internet: www.rezisierius.lt/english

Email: info@rezisierius.lt

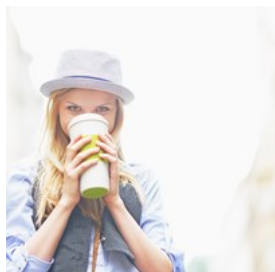
CAFES



Shalyapin Ivan/Shutterstock.com

Whether you are looking to get your daily caffeine fix, or are interested in the sweet cuisine of Lithuania, there are plenty of hidden gems in Kaunas waiting to be explored. Don't miss out on the famous spurgos doughnuts, fruity pyragas, funny-shaped sakotis, crispy zagareliai stripes, and the tinginys chocolate salami!

Green Cafe



coffee in town!

Green Cafe offers a large variety of beverages and pastries in the heart of Kaunas. Start your city tour at what is also hailed as the place with the best

Photo: Alliance/Shutterstock.com

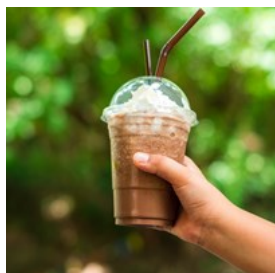
Address: Laisvės al. 46, Kaunas

Opening hours: Mon to Fri: 7.30–09.00 Sat: 09.00–20.00, Sun: 10:00–19:00

Phone: +370 612 44335

Internet: www.facebook.com/greencafe.europe

Coffee Inn



Coffee is always freshly roasted at this pioneer chain of takeaway coffee. Download their app to get access to personal offers and discounts!

Photo: Nutnaree Saingwongwattana/Shutterstock.com

Address: Laisvės al. 72, and Vilniaus G. 31, Kaunas

Opening hours: Mon to Fri: 7:30–21:00, Sat and Sun: 10:00–21:00

Phone: +370 699 77541

Internet: www.coffee-inn.lt

Email: hello@coffee-inn.lt

Spurginė



Kill your sugar cravings with something that you can probably only find while you're here: spurgos is Lithuania's answer to the worldwide-acclaimed doughnut!

Photo: Bearas/Wikimedia Commons (image cropped)

Address: Laisvės al. 84, Kaunas

Opening hours: Mon to Fri: 8.30–20.00, Sat: 9.00–20.00, Sun: 10.00–19.00

Phone: +370 37 200 355

Presto



A cosy café that is mostly known for its ample tea selection, served very often on discount, and its daily two-dish lunch offers.

Photo: 5 second Studio/Shutterstock.com

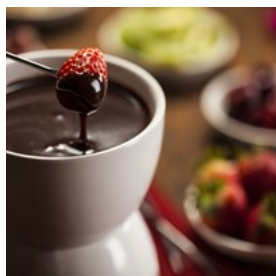
Address: Laisvės al. 90, Kaunas

Opening hours: Mon to Fri: 8:00–21:00, Sat and Sun: 9:00–21:00

Phone: +370 37 210 290

Internet: www.presto.lt

Chocolaterie CH



An elegant but welcoming confectionery with an ample selection of chocolate, cakes, made of premium-quality cocoa beans. Order a fondue pot with strawberries, or sign up for a tasting event!

Photo: Claudio A.Neves/Shutterstock.com

Address: Rotušės a. 26, Kaunas

Opening hours: Mon to Thu: 08:00-22:00, Fri: 8.00-23.00, Sat: 10:00-23:00, Sun: 10:00-22:00

Phone: +370 686 44994

Internet: www.sokoladine.lt

Email: info@sokoladine.lt

Alkava



Alkava is a popular Lithuanian confectionery known for its ample and exclusive selection of handmade cakes, macarons, and bakery products, freshly delivered to you every day.

Photo: Ermolaev Alexander/Shutterstock.com

Address: Varnių g. 24, Kaunas

Opening hours: Mon to Fri: 7:30-19:00, Sat: 7:30-18:00, Sun: 9:00-18:00

Phone: +370 37 209 981

Internet: www.alkava.lt

Email: info@alkava.eu

Holy Donut



At Holy Donut, doughnuts are artwork and bagels are extremely healthy—don't forget to drop by to make your trip whole!

Photo: Kateryna Mostova/Shutterstock.com

Address: Vilniaus g. 37, Kaunas

Opening hours: Mon to Fri: 8:00-21:00, Sat and Sun: 10:00-21:00

Phone: +370 615 13832

Internet: www.facebook.com/Holydonut.lt

Email: info@holydonut.lt

Motiejaus kepyklele



Located in the heart of Kaunas, this old bakery is everyone's favourite place in town for a quick bite. Breakfast is served until 11:30 every day.

Photo: nmedia/Shutterstock.com

Address: Vilniaus g. 7, Kaunas

Opening hours: Mon to Sat: 8:00-19:00, Sun: 9:00-18:00

Phone: +370 616 15599

BARS & NIGHTLIFE



bogdanhoda/Shutterstock.com

There are many great craft beers on tap in Kaunas, including the immensely popular honey beer (midus). Into shots? Lithuania's liquor giant Stumbras is based here.

The OldTown Pub



No visit to Kaunas is complete without visiting the OldTown Pub, a laid-back bar that regularly organises fun activities such as thematic quizzes and the Kaunas pub crawl!

Photo: Shevchenko Andrey/Shutterstock.com
Address: Vilniaus g. 40, Kaunas
Opening hours: Opens at 17:00
Phone: +370 612 09097
Internet: www.facebook.com/theoldtownpub

Džem'Pub



The famous fifth-floor place in town; pay a visit if you are in the mood for live concerts and to mingle with students!

Photo: Pixel-Shot/Shutterstock.com
Address: Laisvės al. 59, Kaunas
Opening hours: Opens at 17:00
Phone: +370 657 45003
Internet: www.dzempub.lt
More Info: info@dzempub.lt

Mojo Lounge



A bustling cocktail bar with a rooftop terrace, acclaimed performers, and probably the best parties thrown on the weekends!

Photo: bbernard/Shutterstock.com
Address: Rotušės a. 20, Kaunas
Opening hours: Fri and Sat: 22:00–05:00
Phone: +370 699 11500

YZY bar

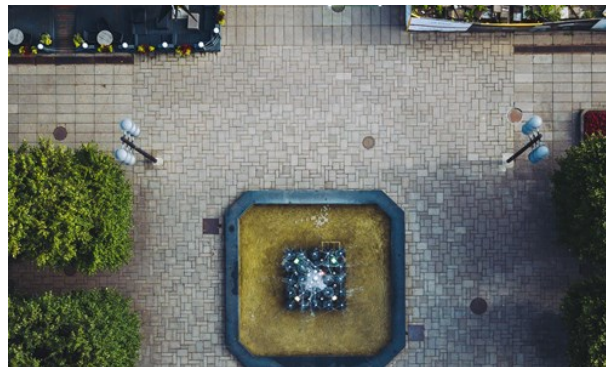


A friendly cocktail bar on the cobblestoned streets of Kaunas downtown, with live performances every week.

Photo: adriangomezfoto/Shutterstock.com
Address: Vilniaus g. 19, Kaunas

Opening hours: Mon to Thu: 12:00–00:00, Fri and Sat: 12:00–03:00 Sun: 12:00–00:00
Phone: +370 655 15066

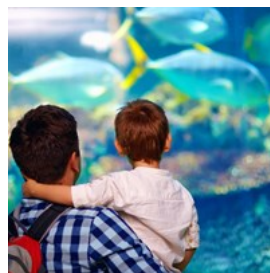
SHOPPING



A. Aleksandravicius/Shutterstock.com

Laisvės alėja, the longest pedestrian street in Eastern Europe is all the way spotted not only with trees, but with unique cafés and stores as well, and there's a lot more to Kaunas than that: stock up on some beautiful amber jewellery and designer work, and go to the malls to keep yourself entertained!

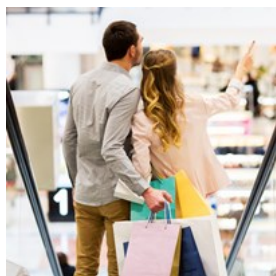
Mega



With over 130 stores and restaurants, and ample entertainment opportunities such as the multiplex cinema, bowling, wellness centre and the impressive aquarium, Mega is the place to hang out for the whole family.

Photo: Olesia Bilkei/Shutterstock.com
Address: Islandijos pl. 32, Kaunas
Opening hours: 8.00–24.00 daily
Phone: +370 372 39000
Internet: www.mega.lt
Email: info@mega.lt

AKROPOLIS



Akropolis is the largest chain of shopping malls in the Baltics by area, and its branch in Kaunas will spoil you with 81 square metres of shopping, dining, and entertainment opportunities!

Photo: Syda Productions/Shutterstock.com
Address: Karaliaus Mindaugo pr. 49, Kaunas
Opening hours: Shops: 10.00–21.00; Restaurants: 10.00–22.00; Supermarket Maxima, Pharmacy: 8.00–22.00
Phone: +370 659 38262
Internet: <https://akropolis.lt/lt/kaunas>
Email: akropolis@newsec.lt

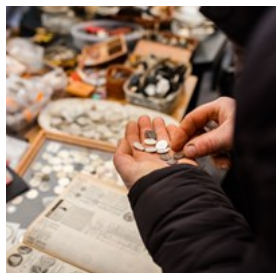
Molas



A major shopping mall featuring a large number of international brands like Rieker, Deichmann, H&M, coupled with diverse dining locations including the famed old Etno Dvaras.

Photo: Kamil Macniak/Shutterstock.com
Address: K. Baršausko g. 66A, Kaunas
Opening hours: 8.00–22.00 daily
Phone: +370 611 46688
Internet: www.molas.lt/parduotuves
More Info: info@pcmolas.lt

Urmas



Lithuania's largest shopping centre is home to several domestic and international brands, and offers various forms of entertainment, with the drift competition and the international flea market attracting the greatest public.

Photo: J. Lekavicius/Shutterstock.com

Address: Pramonės pr. 16, Kaunas

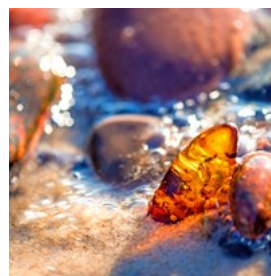
Opening hours: Mon to Fri: 9.00–18.00, Sat: 9.00–17.00, Sun: 9:00–15:00

Phone: +370 373 50662

Internet: www.urmas.net

Email: urmas@urmas.net

Jaukūs namai



Run by family business Kimono, this is the place to shop for unique Lithuanian linen and amber products.

Photo: hjochen/Shutterstock.com

Address: A. Juozapavičiaus pr. 21, Kaunas

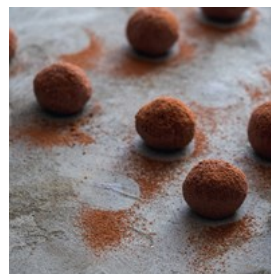
Opening hours: Mon to Fri: 10:00–18:00, Sat: 10:00–15:00

Phone: +370 377 40634

Internet: www.kimono.lt

Email: kimono@takas.lt

Rūta Confectionery



Started off as a decent business in 1913, Rūta has been since producing some of the best confectionery products in Lithuania. Perfect spot for souvenir shopping, and don't miss its interesting chocolate museum, to learn about history from a different perspective.

Photo: FrauTori/Shutterstock.com

Address: Laisvės al. 88, Kaunas

Opening hours: Mon to Fri: 10.00–19.30, Sat: 10.00–15.00, Sun: closed

Phone: +370 618 27060

Internet: www.ruta.lt

Email: info@ruta.lt

KOKO Boutique



A hip and fresh store selling clothes, footwear, and jewelry created by Lithuanian designers.

Photo: Alena Ozerova/Shutterstock.com

Address: Pilies g. 1-2, Kaunas

Opening hours: Mon to Fri: 11.00-19.00

Phone: +370 686 94889

Internet: www.kokoboutique.lt

Email: info@kokoboutique.lt

In Boutique



This small store in the heart of Kaunas is a true gem for unique handmade jewellery and accessories at any time of the year. Visit their

webpage for occasional sales on the products made by over 15 designers.

Photo: NinaMalyna/Shutterstock.com

Address: M. Valančiaus g. 10-2, Kaunas

Opening hours: Mon to Fri: 10.00-18.00, Sat: 11.00-16.00

Phone: +370 655 34188

Internet: www.inboutique.lt

Email: info@inboutique.lt

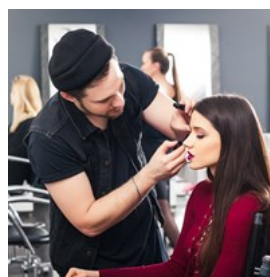
SPA & WELLNESS



Mikhaylovskiy/Shutterstock.com

Bath and sauna traditions go back to ancient times in Lithuania, taken not only for medical purposes, but also to relieve the stress of a long working day. Finish your treatment at one of the health clinics and beauty salons abundant in the city.

High Care Kaunas



Beauty and therapy centre with a wide range of sauna and massage services, in addition to an on-spot cosmetology, hair and make up salon, and further body treatments.

Photo: kievstock/Shutterstock.com

Address: Laisvės al. 43, Kaunas

Opening hours: Monday to Saturday: 9:00-20:00, Sunday: closed

Phone: +370 655 34242

Internet: www.groziocentras.lt

Email: info@groziocentras.lt

Saulėja Spa



Saulėja has been in the service of beauty, relaxed body, and mental tranquillity. Based in the city centre at Park Inn By Radisson Kaunas, Saulėja

SPA provides a remarkable selection of spa treatments. Indulge yourself in a hammam, or take a Lithuanian bath the way they have been doing it since ancient times. Treatments are also available for children.

Photo: Dudits/Shutterstock.com

Address: K. Donelaičio g. 27, Kaunas

Opening hours: Mon to Sun: 9.00-22.00

Phone: +370 372 40847

Internet: www.sauleja.lt

Email: saulejaspa@sauleja.lt

Spa namai



The mission of Spa namai is to foster your body, mind and soul, and to teach you to do all of this at home. There is a large variety of face, body and hair spa services to choose from, to help rejuvenate your body and calm your mind.

Photo: Dasha Petrenko/Shutterstock.com

Address: Kęstučio g. 81, Kaunas

Opening hours: Monday to Friday: 9:00-21:00, Saturday:

09:00-16:00, Sunday: based on need

Phone: + 370 630 55556

Internet: <http://spanamaibeyourself.lt>

Email: info@spanamaibeyourself.lt

Spa Shanti



Spa Shanti is an Ayurvedic centre with plenty of facial and whole body massages and spa services, as well as further extras such as Ayurveda consultation, for first-timers as well as the more experienced.

Photo: mirzamlk/Shutterstock.com

Address: Laisvės al. 3, Kaunas

Opening hours: Monday to Saturday: 10.00-21.00

Phone: +370 616 88777

Internet: www.kaunas.ajurveda.lt

Email: spakaunas@ajurveda.lt

Perkunijos Pirtis



Whether you are new to the world of sauna or are a regular goer, this place will introduce you to the ancient traditions of Lithuanian sauna in a quiet and authentic setting just 30 minutes from the centre of Kaunas. Take a royal sauna—or get inspired to build your own!

Photo: Birute Vijeikiene/Shutterstock.com

Address: Pajiesių gatvė, Pajiesys

Opening hours: Mon to Sun: 12:00-00:00

Phone: +370 610 27921

Internet: www.saunaspa.lt/en

Email: info@saunaspa.lt

CAMPING



welcomia/Shutterstock.com

Prefer the nature? Contact any of the campsites below, both with easy access to the city centre.

Kaunas CampInn



The Kaunas CampInn campsite is situated by the crystal clear lake in Lampedis Park, and has its own beach and sports area. Services: Airport pickup (transfer to the campsite or any other hotel in Kaunas), private walking tours in Kaunas, tennis court, basketball, volleyball, children's playground, fishing, café, sauna, sport equipment rental.

Photo: Photo Image/Shutterstock.com

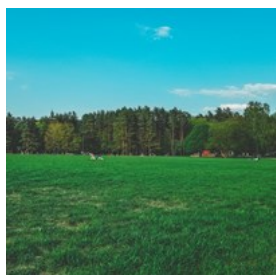
Address: Raudondvario pl. 161A, Kaunas

Phone: +370 602 33444

Internet: www.campinn.lt

Email: kaunas@campinn.lt

Kaunas Camping



A camping site near Kaunas city, off the Islandijos highway by the Neris riverbank in the Kleboniškis forest.

Facilities: caravans, motor-homes allowed, cabins for hire, tents allowed and available for hire, fenced and guarded, electricity, standard and chemical toilets, wash-up sinks, showers with hot water, washing machine, outdoor pool, WiFi, playground.

Photo: MontyBa/Shutterstock.com

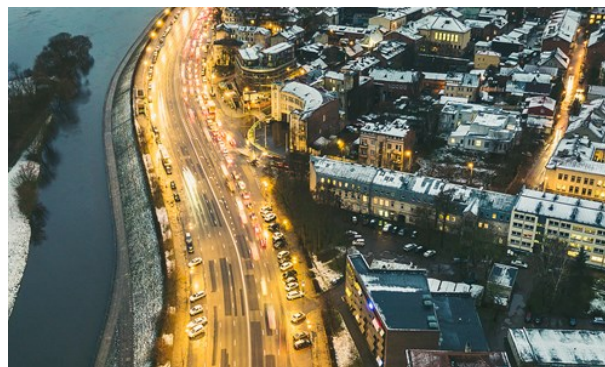
Address: Jonavos g. 51A, Kaunas

Phone: +370 618 09407

Internet: www.kaunascamping.eu

Email: camp@kaunascamping.eu

TOURIST INFORMATION



A. Aleksandravicius/Shutterstock.com

Passport / Visa



Lithuania can be visited visa-free for up to 90 days by citizens of most European countries, as well as Australia, New Zealand, Japan, South Korea, Taiwan, Malaysia, Israel, UAE, and most countries in America. If you are unsure whether or not you need to apply for a visa, please contact your embassy or consulate in your country. International (non-Schengen) travelers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the Schengen zone. Citizens of Schengen countries may travel without a passport, but must have a valid ID with them during their stay.

Photo: TukTuk Design/Shutterstock.com

Best Time to Visit



Due to its continental climate, winters can get very chilly here, with temperatures dropping a few degrees below 0°C. Summers are usually mild and moderate with occasional rainfall only,

making Kaunas a pleasant city tour destination from June to September.

Photo: VectorA/Shutterstock.com

Kaunas International Airport (KUN)



Kaunas International Airport is located 14 km northeast of Kaunas City. Take bus 29 or 29E to/from the airport, tickets are available for

purchase on board. If you arrive by car, pre-booking is recommended for parking. Car rental available Green Motion, Sixt, Avis).

Photo: Juan Garces

Address: Oro uosto g. 4, Karmelava

Phone: +370 37 399 307

Internet: www.kaunas-airport.lt

Email: info@kun.lt

Public transport



The services are operated by Kauno autobusai. Single as well as electronic tickets (Kaunas card) are available.

Photo: Pierre-Luc Auclair

Address: Raudondvario pl. 105, Kaunas

Phone: +370 8 800 20000

Internet: www.kvt.lt/en, a simple platform for timetable

search: <http://www.stops.lt/kaunas/#plan/en>

Email: info@kaunoautobusai.lt

Taxi



Recommended taxi companies: TAKSI A&G +370 682 34000 Vyto taksi +370 37 733337 OptiTAXI +370 644 64646 Rates and further

providers are on the link below.

Photo: Taxi

Internet: www.taxi.lt/language/en/taksi/taksi-kaune-2

Telephone



Country Code: +370 Area code: 37

Photo: Jardson Almeida

Post



Postal services in Lithuania are provided by Lietuvos paštas.

Photo: Andy Fuchs

Address: Laisvės al. 102, Kaunas

Opening hours: Central Post Office: Mon to Fri 09:00-19:00,

Sat: 09:00-14:00, Sun: closed. May vary in other offices

Phone: +370 700 55 400

Internet: www.post.lt/en

Pharmacy



The pharmacies of Gintarinė, Camelia, BENU are found at several points throughout the city. BENU Vaistine Lietuva Žemaičių g.

31

+370 37 205796

Open 24 hours

Photo: Gemma Garner

Electricity



The standard voltage is 220 V. Power sockets: type F

Photo: Stirling Tshan

Population

299,601 (2015 estimate)

Currency

Euro (EUR) €1 = 100 cents

Opening hours

Business hours are usually from 8:00 to 15:00 on weekdays. Major shopping malls are open until 22:00 or later. As of January 2018, liquor store opening hours are shortened to 10:00–20:00 (until 15:00 on Sundays).

Newspapers

Kauno diena

<http://kauno.diena.lt>

Lietuvos Rytas

www.lrytas.lt

Respublika

www.respublika.lt

DELFI

(The main Lithuanian news portal in English)

<https://en.delfi.lt>

The Baltic Times

www.baltictimes.com

Emergency numbers

112

Tourist information

Visit Kaunas

Rotušės a. 15, Kaunas

+370 616 50 991

<http://visit.kaunas.lt/en>

info@kaunas.lt

A Jakšto gatve	A2 A3	J Naugardo	A3	Papilio gatve	A2 A3
A Kriščiukaicio gatve	A1 B1	J Naujalio gatve	A1	Puodžių gatve	B3
A Mackevičiaus gatve	B2 C2	Jonavos gatve	A2 B1 B2 C1	Raseinių gatve	C2
A Mapu	B3	Jurbarko gatve	A1	Rokiškio gatve	C1
A Mickevičiaus gatve	D2 D3	K Donelaicio gatve	C2 D2	S Dariaus ir S Gireno gatve	A4
Amerikos Lietuviu	A4	Kalniecių gatve	D1	S Daukanto gatve	D3
Antakalnio gatve	B4	Kapsų gatve	D1	S Hariso gatve	B4
Ariogalos gatve	A1	Karaliaus Mindaugo prospektas	B3 C3 D4	Savanorių prospektas	C2 D1
Astronomijos	D2	Kaunakiemio gatve	D4	Seinų gatve	D1
Aukštaičių gatve	D1	Kernavės gatve	A1	Spaustuvinių gatve	D3
Aukštoji gatve	B4	Kestučio gatve	C3 D3	Telšių gatve	C1 C2
Aušros gatve	D2	Kumelių gatve	A2 A3	Tilžės gatve	A1
Benediktinų gatve	B2	Laisvės aleja	C3 D3	Turženu gatve	C2
Betygalos gatve	A1 A2	Lietuvių gatve	D2	V Cepinskio gatve	A4
Birštono gatve	B3	Linkuvos gatve	A1	V Putvinskio gatve	D2
Brastos gatve	A2	Liškiavos gatve	C1	Vaisių gatve	C1 D1
D Poškos gatve	B3 C3	M Daukšos	B2 B3	Vaistinės skg	D2
Dainavos gatve	D2	M Valanciaus	A2 A3	Vasario 16-osios	C2 C3
Druskininkų gatve	B3	Maironio gatve	C2 C3	Veiverių gatve	A3 A4 B4
Dvaro gatve	A1	Merkinės	C1	Veliuonos gatve	A1
Dzūkų gatve	D2	Miško gatve	D3	Vežėjų gatve	A1
E Ožėškienės	C2	Moletų gatve	D1	Vidukalnio gatve	B4
Gedimino gatve	D3 D4	Muitinės gatve	A3	Vidurinė gatve	A1
Gimnazijos gatve	B2 B3	Muziejaus	A3	Vilniaus gatve	A3 B3
Griunvaldo gatve	D4	Nemuno gatve	B3	Zanavykų gatve	D1
H ir O Minkovskių gatve	B4 C4	Neries krantine	B1	Zarasų gatve	C1 D1
I Kanto	C3	Obuolių gatve	C1 C2	Šakių gatve	D1
J Damijonaicio gatve	B4	P Kalpoko gatve	C1 D1	Širvintų gatve	D1
J Grudžio gatve	B3 C3	P Višinskio gatve	D1 D2	Šv Gertrudos gatve	A2 B2 B3
J Jablonskio	B2 B3	Palangos	B3	Žalioji gatve	B2 C2
J Kumpio gatve	B4	Panerių gatve	A1	Žemaičių gatve	C1 D1 D2