



Karlstad

Photo: Imfoto/Shutterstock.com



Mikael Hjerpe/Shutterstock.com

Karlstad is a wonderfully compact Swedish city, built on a grid pattern with wide, tree-lined streets, avenues, promenades and squares. Karlstad has a "big city" feel, with many quality hotel and other accommodation options, with the advantage that Karlstad's many attractions are just a short walk away: shopping streets, malls and arcades, culture, historical sites, urban nature activities, parks, transport and amenities. Don't forget that this is child-friendly Sweden and children are welcome everywhere in Karlstad.



Andreas Kilander/Shutterstock.com



QUIZ

*What Type of Traveller
Are You Based on
Your Travel IQ?*

TAKE THE QUIZ

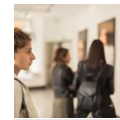
Top 5



Värmlands museum
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Leklandet, or "play land" in English. If your kids love thrills, spills, jum...



THE CITY



Mikael Hjerpe/Shutterstock.com

The city of Karlstad lies on the river delta where two of Sweden's great natural waterways meet; the 500 km long Klarälven and the mighty Lake Vänern, with its archipelago of 22,000 islands.

Klarälven sets the tone of both the style and atmosphere as does the people's reputation for warmth, friendliness and hospitality in Karlstad. As the river meanders through the city its banks fill with traditional Swedish and international cuisine restaurants, café's, eateries, nightspots and places of interest. When summer comes to Karlstad, people come to the banks and the shores of Lake Vänern to enjoy the almost constant daylight that comes with the Swedish summer.

Karlstad is the largest city in the province of Värmland. This naturally makes it a magnet for everyone who is looking for good shopping, entertainment, culture and major events.

Turning back the clock, Karlstad's history stretches down through the ages; to the Viking times at Tingvalla in the heart of the city. Karlstad received its charter in 1584 and it is named after King Karl IX of Sweden ("Karl's town", or "Charles" town). The fine architecture, the museums, typically Swedish country houses, manors, buildings and historical sites in and

around the city testify to Karlstad's importance to the region and Sweden through the ages.

TOP 10



Igor Budasov/Shutterstock.com

Värmlands museum



Highlights of Värmlands Museum, the main museum in Karlstad, are the unique Cyrillushuset, literally the "Cyrillus House", designed by architect Cyrillus Johansson in 1926, and artworks, housed in the Cyrillushuset, by artists like Miro, Chagall and Swedish artists like Lars Lerin, Jörgen Zetterquist and many more.

Photo: Iakov Filimonov/Shutterstock.com

Address: Sandgrundsudden

Opening hours: The museum opens on June 1st, 2019

Phone: +46 54 701 19 00

Internet: www.varmlandsmuseum.se

Mariebergsskogen



The mother of all parks in Karlstad is Mariebergsskogen; part park and part open-air museum down by the shores of Lake Vänern. You could easily spend a day here enjoying its

various environs; ancient forest, glades, old buildings, beach and bathing spots and Naturum Värmland - a wonderful building in which the nature of the province is presented. Stop for a cup of coffee or visit the gift shop.

Photo: Uta Scholl/Shutterstock.com

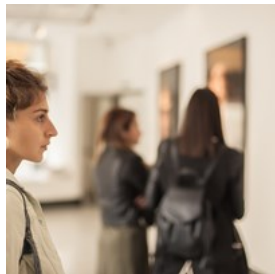
Address: Treffenbergsvägen, Karlstad

Opening hours: The park is open everyday 07.00 - 22.00, Naturum Värmland Tuesday - Sunday 11.00 - 17.00

Phone: +46 54 540 27 50

Internet: www.mariebergsskogen.se/en

Sandgrund Lars Lerin art gallery



Lars Lerin is one of the Scandinavias most famous artists. Lerin is hugely popular in Sweden and is fast approaching "national treasure"

status. The content of the exhibition contains watercolours and oils, collages, graphic art and photographs.

Photo: guruXOX/Shutterstock.com

Address: Västra Torggatan 28, Karlstad

Opening hours: Tuesday - Sunday 11.00 - 16.00, closed on Monday

Phone: +46 54 10 07 80

Internet: www.sandgrund.org

Email: sandgrund@telia.com

Alsters herrgård



Alsters herrgård, located just 8km east from Karlstad, was the house of the beloved Swedish poet Gustaf Fröding.

Nowadays, this countryside estate is considered a cultural heritage and recommended by many tourists that have already visited it. On-site you will find a coffeehouse, shops and exhibitions.

Photo: Sophie McAulay/Shutterstock.com

Address: Alsters Herrgårds väg 3, Karlstad

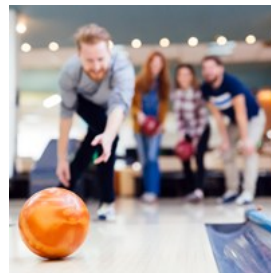
Opening hours: Daily 11.00 - 18.00

Phone: +46 54 540 23 50

Internet: www.karlstad.se/alstersherrgard

Email: alstersherrgard@karlstad.se

Nöjesfabriken - Leklandet



Leklandet, or "play land" in English. If your kids love thrills, spills, jumping and climbing - and let's face it, they all do - then this is the place

to come.

Some of the highlights of Leklandet include an 8-metre high drop slide, trampolines, a 'ball canon', giant climbing frames, a mini racetrack and much, much more. There are play areas for infants (0-1 year) and toddlers (1-3 year) after that it is a free-for-all.

Photo: nd3000/Shutterstock.com

Address: Karlagatan 42, Karlstad

Opening hours: Tuesday - Thursday 11.00 - 22.00, Friday - Saturday 11.00 - 23.00, Sunday 11.00 - 18.00

Phone: +46 54 22 22 00

Internet: www.nojesfabriken.se

Email: info@nojesfabriken.se

Klarälvsvanan



The 90 km railway embankment coated with asphalt. Klarälvsvanan is a disused railway embankment, where the rails have now been

removed and motor traffic is strictly prohibited.

An outdoor experience that will lead you through the landscapes of Värmland, from Karlstad in the south to Hagfors in the north.

Photo: Rene Jansa/Shutterstock.com

Address: Klarälvsvanan, Munkfors

Phone: +46 563 54 10 81

Internet: www.klaralvsbanan.se/en

Email: info@klaralvsbanan.se

More Info: A parking lot near the route that is free of charge

Art at Sliperiet



Sliperiet is a modern art and culture centre in Värmland's countryside, just 40 km outside of Karlstad. It offers the best of two worlds. A

wonderful exhibition of contemporary art and a fantastic atmosphere as well. Sliperiet won the 'Newcomer of the year' tourism award in Värmland 2012. At Sliperiet you can also enjoy an unforgettable taste experience in Major Larssons café & wine bar.

Photo: [blurAZ/Shutterstock.com](https://www.shutterstock.com/blurAZ)

Address: Gamla Landsvägen 6, Borgvik

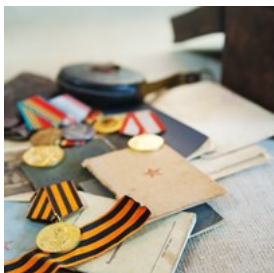
Opening hours: Business hours change according to the season. Check the website for more information

Phone: +46 705 555 174

Internet: sliperietborgvik.se

Email: info@sliperietborgvik.se

The Brigade Museum



The history of Sweden is well-preserved in the Brigade Museum, where tanks and guns located in the courtyard and indoors serve to testify how daily

life has changed for the better from 1940 to the present day. If you're interested in history, take a look at this museum for a glimpse into the past. Don't miss out on taking a break in the coffee shop right next to the museum and taste their fresh, homemade eats.

Photo: [Iakov Filimonov/Shutterstock.com](https://www.shutterstock.com/iakov-filimonov)

Address: Sandbäcksgatan 31, Karlstad

Opening hours: Tuesday - Sunday 10.00 - 16.00, closed on

Monday

Phone: +46 54 15 80 60

Internet: www.brigadmuseum.se

Email: info@brigadmuseum.se

Kayaking in Vänern



Vänern is Sweden's biggest lake and it has an archipelago of 20,000 islands and islets. What a better way of discovering Vänern's northern

reaches than renting a kayak from the experts at Vänerkajak whose shop is at 'Inre Hamn' in Karlstad. You can hire a kayak and go out on your own, or with family and friends, or book a lesson with one of their expert instructors and guides.

Photo: [topseller/Shutterstock.com](https://www.shutterstock.com/topseller)

Address: Sandbäcksgatan 6, Karlstad

Phone: +46 76 765 33 77

Internet: vanerkajak.se

Email: info@vanerkajak.se

Stadsträdgården



In many Swedish cities during the mid 19th century there were ambitions to build parks. They were inspired by parks on the continent.

The ambition was not any different in Karlstad and in the 1860s the work began to lay out a city park. In the early history of the park there were a school for gardeners and a nursery here. After a fire in the old restaurant in 1959 the Karlstad City Park lay fallow until 1993. Today the park has a great selection of trees, bushes and flowers. You can also find many rhododendrons and around forty magnolias here. The Karlstad City Park is really worth a visit for all of you who are interested in flowers.

Photo: Magnus Binnerstam/Shutterstock.com

Address: Hamntorget 3, Karlstad

Opening hours: Open 24/7

Phone: +46 54 540 00 00

DO & SEE



MaxRobe/Shutterstock.com

In Karlstad, choose from many unique and pleasant experiences. Music, food, drama, adventure and much more for all ages. We have chosen a selection below. Some events must be booked in advance.

Shrimp cruise at Stella Polaris



Keep ready for a 3.5 hours shrimp tours on the waters of Lake Vänern on board of Stella Polaris cruise. Enjoy your meal - with a view - with an all-you-can-eat shrimps menu, every kind of drinks (from alcoholic to soft drinks), and desserts, all included in the fare.

Photo: TTphoto/Shutterstock.com

Address: Inre Hamn, Karlstad

Opening hours: The boat departures at 18.00

Phone: +46 707 13 16 52

Internet: www.stella-polaris.nu

Email: info@stella-polaris.nu

Gamla Stenbron



considered a city landmark in Karlstad.

Inaugurated in 1811, Gamla Stenbron, in Swedish Östra Bron, is the longest stone arch bridge in Sweden which, with its 168 meters, is

Photo: Mikael Hjerpe/Shutterstock.com

Address: Klarälven

Opening hours: Open 24/7

Leo's Lekland



Travelling with kids can be tiring, but not if you pay a visit to Leo's, an amusement centre only for kids. Leo's features every kind of attraction, from ball pools to waterfalls to pirate ships - a true paradise for children aged 4 to 7. For the little ones there is the "mini world", a jungle-themed area to have fun.

Photo: Andrey_Kuzmin/Shutterstock.com

Address: Axgatan 6, Karlstad

Opening hours: Daily 10.00 - 19.00

Phone: +46 54 405 03 69

Tickets: Tickets available at: www.leoslekland.se/shop/

Internet: www.leoslekland.se

Värmlands Museum



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Photo: Iakov Filimonov/Shutterstock.com

Address: Sandgrundsudden, Karlstad

Opening hours: The museum opens on June 1st, 2019

Phone: +46 54 701 19 00

Internet: www.varmlandsmuseum.se

Email: museet@varmlandsmuseum.se

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Photo: Uta Scholl/Shutterstock.com

Address: Treffenbergsvägen, Karlstad

Opening hours: The park is open everyday 07.00 – 22.00,

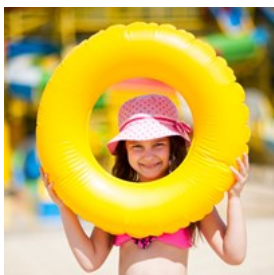
Naturum Värmland Tuesday – Sunday 11.00 – 17.00

Phone: +46 54 540 27 50

Internet: www.mariebergsskogen.se/en

Email: mariebergsskogen@karlstad.se

Sundstabadet adventure pool



Your kids will love you for taking them here. What kid doesn't love waterslides, climbing walls, heated pools and even a very own kid's

pool? And it's just a short stroll from the town centre. Sundstabadet has a fully equipped gym, relax section and a 25-metre long pool for doing laps.

Sundstabadet has two differences water slider, Black Hole and Magic Hole. The differences between them is that kids (and perhaps a co-pilot) fire down the latter in a single or double ring that decides whether they achieve warp-speed – or not. The Black Hole is not quite as fast, as the point here is to collect points by skimming over the illuminated points inside the slide. If your kids get bored of the slides (and how could they?) point them in the direction of the climbing wall that they climb up...and then fall off, usually in quick succession, into the heated pool below.

There are also two heated pools for the little once.

All this calorie sapping activity means that kids are going to get hungry. The café here serves Fairtrade coffee and all the dairy products are ecological. Sandwiches, snacks, cakes, biscuits and most importantly coffee are all on the menu. The café opens on to the kid's section so you can order 'pool side'.

Photo: Sychov Serhii/Shutterstock.com

Address: Drottning Kristinas väg 3, Karlstad

Opening hours: Monday 10.00 – 20.00, Tuesday – Friday

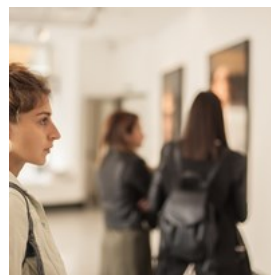
06.30 – 20.00, Saturday-Sunday 10.00 – 18.00

Phone: +46 54 540 24 60

Internet: www.sundstabadet.se

Email: sundsta.badhuset@karlstad.se

Sandgrund Lars Lerin art gallery



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Photo: guruXOX/Shutterstock.com
Address: Västra torggatan 28, Karlstad
Opening hours: Tuesday - Sunday 11.00 - 16.00, closed on Monday
Phone: +46 54 10 07 80
Internet: www.sandgrund.org
Email: sandgrund@telia.com

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Photo: Sophie McAulay/Shutterstock.com
Address: Alsters herrgårdsväg 3, Karlstad
Opening hours: Daily 11.00 - 18.00
Phone: +46 54 540 23 50
Internet: www.karlstad.se/alstersherrgard
Email: alstersherrgard@karlstad.se

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Photo: nd3000/Shutterstock.com
Address: Karlagatan 42, Karlstad
Opening hours: Tuesday - Thursday 11.00 - 22.00, Friday - Saturday 11.00 - 23.00, Sunday 11.00 - 18.00
Phone: +46 54 22 22 00
Internet: www.nojesfabriken.se
Email: info@nojesfabriken.se

Klarälvsbanan



The 90 km railway embankment coated with asphalt. Klarälvsbanan is a disused railway embankment, where the rails have now been removed and motor traffic is strictly prohibited. An outdoor experience that will lead you through the landscapes of Värmland, from Karlstad in the south to Hagfors in the north.

Photo: Rene Jansa/Shutterstock.com
Address: Klarälvsbanan, Munkfors
Phone: +46 563 54 10 81
Internet: www.klaralvsbanan.se/en
Email: info@klaralvsbanan.se

Art at Sliperiet

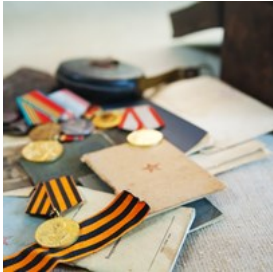


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Photo: blurAZ/Shutterstock.com
Address: Gamla Landsvägen 6, Borgvik
Opening hours: Business hours change according to the season. Check the website for more information

Phone: +46 705 555 174
Internet: sliperietborgvik.se
Email: info@sliperietborgvik.se

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Photo: [Iakov Filimonov/Shutterstock.com](https://www.shutterstock.com)
Address: Sandbäcksgatan 31, Karlstad
Opening hours: Tuesday - Sunday 10.00 - 16.00, closed on Monday
Phone: +46 54 15 80 60
Internet: www.brigadmuseum.se
Email: info@brigadmuseum.se

Kayaking in Vänern



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Photo: [topseller/Shutterstock.com](https://www.shutterstock.com)
Address: Karlstad
Phone: +46 76 765 33 77
Internet: vanerkajak.se

Email: info@vanerkajak.se

Peace monument



When you're in the middle of the Big Square (Stora Torget) in Karlstad, your eyes will behold the Peace monument, erected in 1955 to commemorate the peaceful dissolution of the union between Sweden and Norway in 1095. During the present days, the sculpture (depicts a woman holding a broken sword and one foot on the head of a soldier) was elected as the ugliest statue in Sweden and nicknamed even with pet-names.

Photo: [I99pema/Wikimedia.com](https://www.wikimedia.org) (image cropped)
Address: Kungsgatan 18, Karlstad
Opening hours: Open 24/7
Phone: +46 54 540 00 00

Stadsträdgården



In many Swedish cities during the mid 19th century there were ambitions to build parks. They were inspired by parks on the continent. The ambition was not any different in Karlstad and in the 1860s the work began to lay out a city park. In the early history of the park there were a school for gardeners and a nursery here. After a fire in the old restaurant in 1959 the Karlstad City Park lay fallow until 1993. Today the park has a great selection of trees, bushes and flowers. You can also find many rhododendrons and around forty magnolias here. The Karlstad City Park is really worth a visit for all of you who are interested in flowers.

Photo: [Magnus Binnerstam/Shutterstock.com](https://www.shutterstock.com)

Address: Hamntorget 3, Karlstad
Opening hours: Open 24/7
Phone: +46 54 540 00 00

DINING



Robyn Mackenzie/Shutterstock.com

How about some fresh Vänern smoked salmon, or maybe even homemade meatballs with tangy, zesty lingonberry. Ever tried pea soup and pancakes (only eaten on Thursdays in Sweden)? Traditional Swedish food is called husmanskost in Swedish, and is typically simple, hearty fare of beef, pork, fish (pickled herring anyone) and other, locally sourced ingredients. It differs by region, but if you get the chance, go for moose, reindeer, raw spiced salmon and different types of herring. You can enjoy all of them here in Karlstad.

Almars Krog



Almars Krog is quite small, but is furnished tastefully and cosy.

Photo: Dmitrijs Mihejevs/Shutterstock.com
Address: Almars Gård 443, Karlstad
Phone: +46 54 53 47 32
Internet: www.almarskrog.se

Email: info@almarskrog.se

Br. Olssons Elektriska



A people-friendly bistro-brasserie built on a delicate electrical-engineering nostalgia. A restaurant that promises beautiful and simple dining and which also is based on a slightly different and exciting history, which really sparkles. Lunch menu on weekdays, excluding the summer months.

Photo: Nigar Alizada/Shutterstock.com
Address: Drottninggatan 21, Karlstad
Opening hours: Monday - Friday 11.00 - 22.00, Saturday 12.00 - 23.00, closed on Sunday
Phone: +46 54 15 64 54
Internet: www.olssonselektriska.se
Email: olssonselektriska@olssonsrestauranger.se

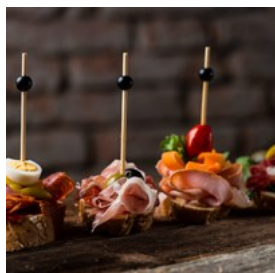
Pitcher's Karlstad



In the restaurant you can choose from various appetisers, sandwiches, salads, classic dishes, snacks and desserts. They also serve a large number of draft beers and malt whiskey. Live sports will be shown on the big screen in a comfortable level so that the sports, food and drink becomes a part of the experience.

Photo: Shebeko/Shutterstock.com
Address: Kungsgatan 12, Karlstad
Opening hours: Monday 17.00 - 22.00, Tuesday 16:00 - 23.00, Wednesday - Thursday 16.00 - 00.00, Friday 15.00 - 02.00, Saturday 12.00 - 02.00, Sunday 12.00 - 19.00
Phone: +46 54 180300
Internet: www.pitchers.se/karlstad
Email: info.karlstad@pitchers.se

Cava 42



touch of Värmland.

A Spanish boqueria at Nöjesfabriken in Karlstad. Cava 42 is Nöjesfabrikens latest addition. Here you can have Spanish tapas with a

Photo: Visionisi/Shutterstock.com

Address: Karlagatan 42, Karlstad

Opening hours: Tuesday – Saturday 17.00 – 00.00, closed on Monday and Sunday

Phone: +46 54 22 22 10

Internet: www.nojesfabriken.se/cava-42

Email: info@nojesfabriken.se

Blå Kök och Bar



reviews, especially about the five-course tasting menu, the Vänern white roe from a local fish smokery and the moose.

Kungsgatan in the middle of town is packed with good restaurants and one of them is Blå Kök och Bar. The restaurant has received many great

Photo: SARYMSAKOV ANDREY/Shutterstock.com

Address: Kungsgatan 14, Karlstad

Opening hours: Monday – Thursday 16.00 – 22.00, Friday 11.30 – 01.00, Saturday 12.00 – 01.00, closed on Sunday

Phone: +46 54 10 18 15

Internet: www.bla.nu

Email: info@bla.nu

Tiffanys



picks from the menu is fillet of Vänern

Tiffanys is one of Karlstad's most beautifully and stylishly decorated eateries and it has its own veranda, open in summer. One of the

pike-perch with lobster sauce, scallop Saint-Jacques and a vegetable fricassee.

Photo: snpui/Shutterstock.com

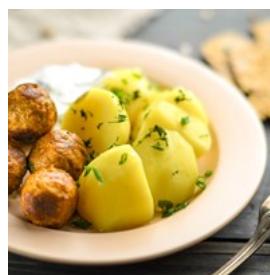
Address: Västra Torggatan 19, Karlstad

Opening hours: Monday – Thursday 18.00 – 22.00, Friday – Saturday 18.00 – 23.00, closed on Sunday

Phone: +46 54 15 33 83

Internet: www.tiffanys.se

Bibliotekskaféet



menu everyday, from 11am to 2pm for a very little price (about 99kr).

Chill out near the city centre in this coffeehouse, whose menu includes home baked sandwiches and cookies as well as a tasty lunch

Photo: Smartum Photo Lab/Shutterstock.com

Address: Västra Torggatan 26, Karlstad

Opening hours: Monday – Thursday 09.00 – 18.00, Friday 09.00 – 17.00, Saturday – Sunday 11.00 – 16.00

Phone: +46 54 540 69 03

Internet: bibliotekskafeet.kvartersmenyn.se

Email: bibliotekskafeet@karlstad.se

Ristorante Alfie



Italian restaurant with à la carte menu as well as pizza and pasta. They also have take away pizza.

Photo: SosnaRadosna/Shutterstock.com

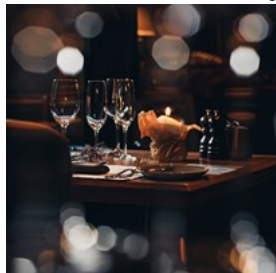
Address: Västra Torggatan 19, Karlstad

Opening hours: Monday – Friday 17.00 – 22.00, Saturday 13.00 – 22.00, Sunday 13.00 – 21.00

Phone: +46 54 21 62 62

Internet: www.alfie.se

Scandic Karlstad City restaurant



The restaurant at the Hotel Scandic City offers organic breakfast buffet every day of the week but also serves fresh lunch buffet on weekdays. In the afternoons you can choose a mouth-watering dish from the à la carte menu. They also serve brunch on Saturdays.

Photo: kirill guzhvinsky/Shutterstock.com

Address: Drottninggatan 4, Karlstad

Phone: +46 54 770 55 00

Internet: www.scandichotels.se/Hotels/Sverige/Karlstad/Scandic-Karlstad-City

Email: karlstadcity@scandichotels.com

More Info: To book the restaurant call +46 54 770 5600

Scandic Klarälven restaurant



In the restaurant located in the Scandic Hotel, you can enjoy a delicious breakfast, lunch and dinner. On evenings an à la carte menu is served with Swedish modern classic and the kids have their own children's menu. The restaurant overlooks Klarälven and during the summer you can sit down on the terrace and enjoy the food and drink outside.

Photo: Andrii_Vovk/Shutterstock.com

Address: Sandbäcksgatan 6, Karlstad

Phone: +46 54 776 45 00

Internet: www.scandichotels.se/Hotels/Sverige/Karlstad/Scandic-Klaralven

Email: klaralven@scandichotels.com

Brasserie Winn



Here you can have breakfast, lunch and à la carte dinner. The chef serves Swedish classics and international favourites. In summer, enjoy the good food on the patio.

Photo: Milosbeo/Shutterstock.com

Address: Norra Strandgatan 9-11, Karlstad

Opening hours: Monday - Thursday 18.00 - 23.00, Friday - Saturday 18.00 - 23.30, closed on Sunday

Phone: +46 54 776 47 00

Internet:

www.scandichotels.se/Hotels/Sverige/Karlstad/Scandic-Winn

Email: karlstadwinn@scandichotels.com

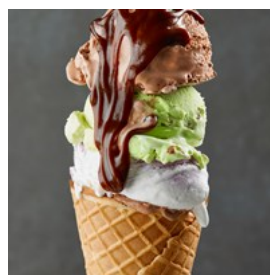
CAFES



Iryna Inshyna/Shutterstock.com

In Karlstad there are plenty of cafés. Here we have compiled a list so that you can find your favourite one.

Carli Choklad



Carli Choklad is a café near the train station in the middle of Karlstad. The family-owned business make their own chocolates by hand,

various chocolate products and Italian gelato. In the cosy café you can also enjoy really good coffee or your favourite among the wide range of

tea.

Photo: MaraZe/Shutterstock.com

Address: Järnväggsgatan 3, Karlstad

Opening hours: Monday - Friday 08.00 - 19.00, Saturday 10.00 - 19.00, Sunday 12.00 - 17.00

Phone: +46 54 15 02 40

Internet: www.carlichoklad.se

Email: info@carlichoklad.se

Rosteriet



A café at the roasting house of the coffee company Löfbergs. Find your own favourite coffee by trying different beans and blends. You are of

course welcome even if you prefer a cup of tea instead. You can choose between white, green, red and black teas from around the world, all with different flavours and ingredients.

There is an assortment of chocolates and buns from local suppliers as well. Furthermore you are also able to purchase everything in the café, from coffee beans and grinders to trays and coffee mugs.

Photo: Successo Images/Shutterstock.com

Address: Tolagsgatan 1, Karlstad

Opening hours: Monday - Friday 07.30 - 18.00, Saturday 10.00 - 16.00, closed on Sunday

Phone: +46 54 140 160

Internet: rosterietkarlstad.se

Email: lofbergs.karlstad@lofbergs.se

Espresso House



Espresso House is a café that offers a selection of coffee, baked goods, sandwiches and salads in the centre of Karlstad.

This coffeehouse chain was founded in Lund and since 1996 has spread all around the Nordics (Sweden, Norway,

Denmark and Finland).

Photo: Panuphon/Shutterstock.com

Address: Drottninggatan 22, Karlstad

Opening hours: Daily 08.00 - 21.00

Phone: +46 10 510 11 97

Internet: www.espressohouse.com

Email: info@espressohouse.se

Swenströmskas Stenugnsbageri



If you're looking for a break or "fika" after all the sightseeing, this coffeehouse is where you will find breakfast rolls, sourdough bread, buns, wheat bread, pastries and traditional Swedish desserts - all freshly cooked in their kitchen.

Photo: rontav/Shutterstock.com

Address: Östra Torggatan 16, Karlstad

Opening hours: Tuesday - Friday 07.30 - 18.00, Saturday 08.30 - 16.00, closed on Monday and Sunday

Phone: +46 54 18 44 53

Internet: www.swenströmskas.se

Email: swenströmskas@gmail.com

Artisan Bread



Artisan Bread is a modern bakery which serves freshly made bread, pastries and coffee.

Gustav Fagerman and Mattias Dröschmeister

from Kristinehamn have opened a bakery on Kasernhöjden in Karlstad. At Artisan Bread you can eat both bread and pastries, all inspired by french traditions.

Photo: Agnes Kantaruk/Shutterstock.com

Address: Kasernhöjden 4, Karlstad

Opening hours: Daily 08.00 - 18.00

Phone: +46 54 153200

Internet: www.artisanbread.se

Email: info@artisanbread.se

King Creole Shop & Café



In Haga, a few minutes walk from the centre of Karlstad, you can enjoy coffee in the spirit of Elvis. On the menu you will find different sandwiches including soup, pie and pastries.

Photo: TheFarAwayKingdom/Shutterstock.com

Address: Nygatan 8, Karlstad

Opening hours: Tuesday - Sunday 11.00 - 18.00, closed on Monday

Phone: +46 70 682 14 91

Internet: cafekingcreole.se

Email: ulla.nazell@comhem.se

Naturum Kaféet



The café is located in the Naturum Värmland building in Mariebergsskogen, together with exhibition and shop. Here you will

find home-baked bread, baked goods, sandwiches, soup and sweets. The coffee is fair-trade.

Photo: autsawin uttisin/Shutterstock.com

Address: Mariebergsskogen, Karlstad

Opening hours: Daily 11.00 - 17.00

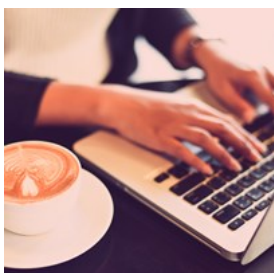
Phone: +46 54 540 27 60

Internet: www.mariebergsskogen.se/naturum-varmland/butik

Email: naturumvarmland@karlstad.se

More Info: Take away available

Wayne's Coffee



The café offers coffee by Wayne's Coffee's own brand, pastries from their own bakery and food with natural ingredients of the highest quality. Wayne's

is also available at Tingvallagatan 8.

Photo: StudiobytheSea/Shutterstock.com

Address: Drottninggatan 18, Karlstad

Opening hours: Daily 09.30 - 19.00

Phone: +46 54 151 460

Internet: www.waynescoffee.se

Email: info@waynescoffee.com

More Info: Located in Mitt i City Shopping Center

House of Melker



Café in the shopping centre Duvan in the centre of Karlstad. Here you can enjoy delicious lunches or a relaxing coffee break with

homemade bread and coffee from Zoéga.

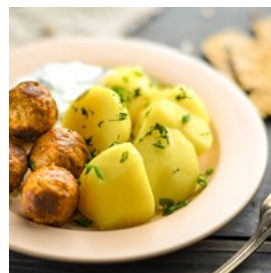
Photo: Pongsathon Ladasuwankul/Shutterstock.com

Address: Järnvägsgatan 2, Karlstad

Opening hours: Monday - Friday 10.00 - 19.00, Saturday 10.00 - 17.00, Sunday 12.00 - 16.00

Phone: +46 54 15 19 20

Bibliotekskaféet



Chill out near the city centre in this coffeehouse, whose menu includes home baked sandwiches and cookies as well as a tasty lunch

menu everyday, from 11am to 2pm for a very small price (about 99kr).

Photo: Smartum Photo Lab/Shutterstock.com

Address: Västra Torggatan 26, Karlstad

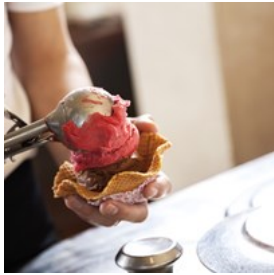
Opening hours: Monday - Thursday 09.00 - 18.00, Friday 09.00 - 17.00, Saturday - Sunday 11.00 - 16.00

Phone: +46 54 540 69 03

Internet: bibliotekskafeet.kvartersmenyn.se

Email: bibliotekskafeet@karlstad.se

Café Slusswakten



Café right by the river with baked goods, sandwiches, salads, lunch and ice cream. The café is situated in a house that earlier was used by the lock guard.

Photo: Tyler Olsen/Shutterstock.com

Address: Västra Kanalgatan 2, Karlstad

Opening hours: Tuesday - Friday 11.00 - 19.00, Saturday - Sunday 11.00 - 15.00, closed on Monday

Phone: +46 70 518 34 71

Internet: www.sjotrafik.com/caf%C3%A9-slusswakten

Molly's Café



This cosy French-inspired coffeehouse is famous throughout the neighbourhood for its French organic chocolate along with a big variety of

pastries and cakes (lactose and gluten free pastries also available). All baked goods are freshly baked every day on-site.

Photo: Freedom Studio/Shutterstock.com

Address: Järnvägsgatan 11, Karlstad

Opening hours: Monday - Friday: 10.00 - 18.00, Saturday 09.00 - 15.00, closed on Sunday

Phone: +46 54 21 15 95

More Info: Located in Suzie Picant Karlstad Day Spa

BARS & NIGHTLIFE



Kamil Macniak/Shutterstock.com

Karlstad has a large selection of bars in several different level, everything from bars with modern style to the bars with older furnishing and a great charm. Looking for a late night out? There are many night clubs to choose from. You can find both traditional nightlife as well as several places that offer live music.

Tempel



Tempel is a restaurant, bar and nightclub with endless opportunities for you as a guest! Modern design and cosy environment imbues

Tempel premises, which are located in the centre of Karlstad. The nightclub has three dance floors with different themes, four bars and a stage spread over two floors.

Photo: Emituu/Shutterstock.com

Address: Västra Torggatan 16, Karlstad

Opening hours: Open only on Saturday night 22.00 - 02.00

Phone: +46 54 21 95 95

Internet: www.tempelkarlstad.se

Email: info@tempelkarlstad.se

Nöjesfabriken



The Swedish word Nöjesfabriken is literally translated as "the entertainment factory" and given that it is housed in an old factory,

it's a pretty good name. You can listen to concerts with international artists or play disco bowling, or if you want to lower the tempo, there is both a restaurant and a bar here.

Photo: Raphael Daniaud/Shutterstock.com

Address: Karlagatan 42, Karlstad

Phone: +46 54 22 22 00

Internet: www.nojesfabriken.se

Email: info@nojesfabriken.se

Röda rummet - Pitcher's Nattklubb



You will find Röda Rummet (the Red Room) nightclub at Pitcher's sports bar in Kungsgatan. Röda Rummet is a small, cosy nightclub with

several seats for the connoisseur. The nightclub opens every Friday and Saturday night and each night is characterised by a different music genre. Dance till the next morning or enjoy a more relaxing night in the bar.

Photo: vchal/Shutterstock.com

Address: Kungsgatan 12, Karlstad

Opening hours: Friday & Saturday 23.00 - 02.00

Phone: +46 54 18 03 00

Internet: www.pitchers.se/restauranger/karlstad/nattklubb

Email: info.karlstad@pitchers.se

Koriander Bar & Deli



Tastefully furnished club and restaurant. Their ambition is to give their guests that little extra and in addition to a well put-together menu there

is a delicious delicatessen stand to browse through. Take a seat in the bar and enjoy a drink or get in the groove with one of the live bands that often play here.

Photo: Pressmaster/Shutterstock.com

Address: Västra torggatan 10, Karlstad

Opening hours: Thursday 21.00 - 02.00, Friday 17.00 - 02.00, Saturday 20.00 - 02.00

Phone: +46 54 21 00 54

Internet: www.korianderkarlstad.se

Email: info@korianderkarlstad.se

Harrys



At Harrys, craft beers on tap and a large variety of wines are paired with classic pub food along with Swedish traditional dishes. Don't leave this

venue without paying a visit to the nightclub. Harrys keep on swinging till dawn offering to its guests quality music.

Photo: Tim Sulov/Shutterstock.com

Address: Kungsgatan 16, Karlstad

Opening hours: Monday - Tuesday 16.00 - 22.00, Wednesday - Thursday 16.00 - 23.00, Friday 15.00 - 02.00, Saturday 12.00 - 02.00

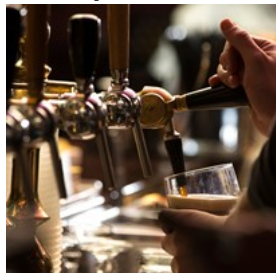
Phone: +46 54 10 20 20

Internet: www.harrys.se

Email: karlstad@harrys.se

More Info: Age limit: 20

The Leprechaun Pub



You can't leave Karlstad without paying a visit to this traditional Irish Pub, which, in addition to beer, is famous to locals for its whiskey tasting.

The pub has cosy outdoor seats to enjoy an "after work" evening, lit up on occasion by live entertainment.

Photo: IsabellaO/Shutterstock.com

Address: Östra torggatan 4, Karlstad

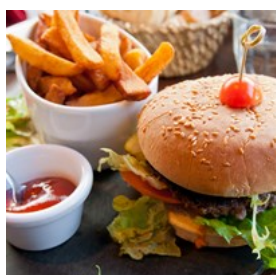
Opening hours: Monday - Tuesday 17.00 - 23.00, Wednesday 17.00 - 00.00, Thursday 16.00 - 00.00, Friday 15.00 - 01.00, Saturday 14.00 - 01.00, closed on Sunday

Phone: +46 54 18 25 50

Internet: www.theleprechaun.se

Email: info@theleprechaun.se

O'Learys



Located in the heart of Karlstad, O'Learys is a sports bar with a menu filled with delicious American plates. If you go for lunch, a buffet for only

99kr awaits you.

Photo: Ilolab/Shutterstock.com

Address: Tingvallagatan 9, Karlstad

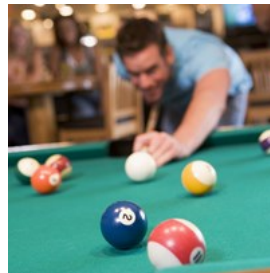
Opening hours: Monday 11.30 - 21.00, Tuesday -Thursday 11.30 - 23.00, Friday 11.30 - 02.00, Saturday 12.00 - 02.00, Sunday 12.00 - 21.00

Phone: +46 54 21 85 00

Internet: www.olearys.se/karlstad

Email: karlstad@olearys.se

Tables



At Tables, billiards is the keyword. The restaurant has 11 pool tables which you can either pre-order or book once you're there. On the menu you

will find classic pub food and there's a large assortment of both beer and wine as well as cocktails.

Photo: Monkey Business Images/Shutterstock.com

Address: Västra Torggatan 15, Karlstad

Opening hours: Monday - Wednesday 15.00 - 23.00, Thursday - Saturday 15.00 - 01.00, closed on Sunday

Phone: +46 54 10 11 25

Internet: www.tables.se

Guldapan



Guldapan specialises in beer, wine and delicacies. The menu at the pub is designed to complement the large assortment of beer and wine; you will

find dishes like roe toast, oysters and several kinds of deli trays.

Photo: Master1305/Shutterstock.com

Address: Östra Torggatan 15, Karlstad

Opening hours: Tuesday - Wednesday 17.00 - 23.00, Thursday - Saturday 17.00 - 00.00, closed on Monday and Sunday

Phone: +46 54 10 15 00

Internet: www.guldapan.se

Email: info@guldapan.se

The Bishop's Arms



The Bishop's Arms doesn't sound very Swedish, does it? This clone of a British pub is at least as good as the original with a huge and

quality selection of international beers, ales, wines and spirits (250 different kinds of whiskey). And a good selection of hearty fare including fish and chips and home-grown Värmland beef. The location isn't bad either; the pub sits just a few metres from Klarälven.

Photo: Don Pablo/Shutterstock.com

Address: Kungsgatan 22, Karlstad

Opening hours: Monday - Thursday 16.00 - 00.00, Friday - Saturday 16.00 - 01.00, Sunday 13.00 - 01.00

Phone: +46 54 29 30 20

Internet: www.bishopsarms.com

GOLF



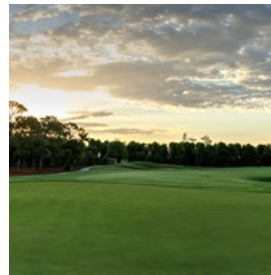
Martin Kucera/Shutterstock.com

One week - seven kicking golf courses around Karlstad and you can play as early, or as late as you want in the summer months. Imagine telling your friends back home about the time you played golf at midnight in full light.

The seven courses we have picked for you are no more than 30 minutes by car from Karlstad, so you can stay in the city, sample its delights and get in 18 holes or more during the day. There are many quality hotels in the city, all centrally located, that offer golf packages. You can also choose from quality hotels, country house stays, cottages and cabins for rent, as well as hostels or camping areas. Some of the golf courses also offer comfortable accommodation options and they have quality eateries where you can

recharge your batteries between rounds.

Karlstad Golfklubb



This is a classic forest and park-like course in stunning nature. Thirty-six holes split into four nine-holers.

Photo: LagunaticPhoto/Shutterstock.com

Address: Höja 510, Karlstad

Opening hours: Monday - Friday 08.00 - 18.00, Saturday - Sunday 08.00 - 16.00

Phone: +46 54 86 64 05

Internet: www.karlstadgk.se

Email: info@karlstadgk.se

Bryngfjorden GK



The long course is 18-holes of rolling terrain with changing park-like and forest nature. There is also the Östra (Eastern) course which is a 9-hole course.

Photo: antpkr/Shutterstock.com

Address: Bryngfjorden 401, Karlstad

Opening hours: Monday - Friday 09.00 - 17.00, Saturday - Sunday 09.00 - 14.00

Phone: +46 54 21 70 36

Internet: www.bryngfjorden.com

Email: info@bryngfjorden.com

Sommarro Golf



Sommarro Links opened in 2006 and is known for being Karlstad's most central golf course. Since then many have found out an unique golf experience and praised the course for its "Scottish-style links" layout and for almost always being in

Sommarro Links opened in 2006 and is known for being Karlstad's most central golf course. Since then many have found out an unique golf experience

perfect condition. As well as the 12 hole inland links, there is also a 9 hole Pay and Play (the small course). Sommarro's spectacular clubhouse, which is an old airport terminal, opened in 2007 and whether you are a beginner or a pro, young or old, at Sommarro everyone can enjoy the game.

Photo: M Selcuk Oner/Shutterstock.com

Address: Flygfältsvägen 1, Karlstad

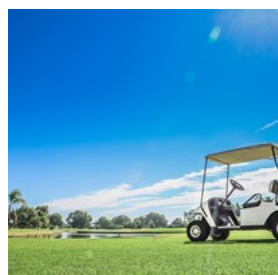
Opening hours: Monday - Thursday 08.00 - 19.00, Friday 09.00 - 18.00, Saturday - Sunday 08.00 - 18.00

Phone: +46 54 15 90 15

Internet: www.sommarrogolf.se

Email: info@sommarrogolf.se

Billeruds Golfklubb



This course is beautifully located on a headland of lake Ekholm which is a bay of Lake Vänern. This 18-hole gently rolling park-like and forest

course uses the best aspects of the surrounding environs.

Photo: bentaj hicham/Shutterstock.com

Address: Valnäs, Segmon

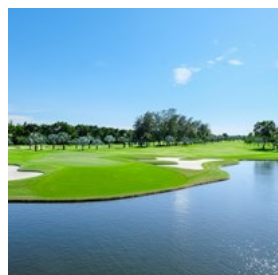
Opening hours: Monday - Friday 08.00 - 16.00, Saturday - Sunday 08.00 - 15.00

Phone: +46 555 785 054

Internet: www.billerudsgk.se

Email: kansli@billerudsgk.se

Kils Golfklubb



Beautifully appointed 18 holes golf course on the south-east bank of lake Fryken.

Photo: Phawat/Shutterstock.com

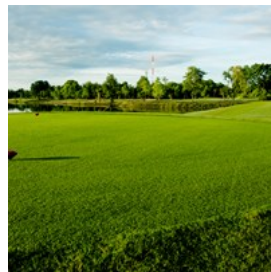
Address: Skärningsberg 1250, Kil

Phone: +46 554 407 05

Internet: www.kilsgk.se

Email: kansli@kilsgk.se

ForshagaDeje GK



Located in the beautiful setting of the Dömle estate. This forest and park-like course has enough water hazards to test the very best golfer's skills. The Dömle river wends through the 18 holes course.

Photo: THALERNGSAK MONGKOLSIN/Shutterstock.com

Address: Dömle 1, Deje

Opening hours: Monday - Friday 09.00 - 17.00, Saturday - Sunday 09.00 - 15.00

Phone: +46 552 414 40

Internet: www.forshagadejegk.se

Email: info@forshagadejegk.se

Hammarö Golfklubb



Hammarö Golf Club offers a varied 18 holes golf course built on sand and sandy soil of a varied nature with a long playing season thanks to its archipelago location in Lake Vänern.

Photo: SweetSoda/Shutterstock.com

Address: Barrstigen 103, Hammarö

Phone: +46 54 52 26 50

Internet: www.hammarogk.se

Email: info@hammarogk.se

SHOPPING



kikovic/Shutterstock.com

Shopping is a breeze in Karlstad. The brilliant thing about shopping in Karlstad is that all the shops are within walking distance in the city. And the biggest shopping centre in Karlstad and the Ikea store outside the city are just a short bus ride or drive away.

City centre



In Karlstad city centre you'll find all the big, established Swedish retail brands like Lindex (women's wear), Åhléns (department store), all with their own stores. In the smaller stores and boutiques you'll also find rising stars of the international and Swedish fashion scenes such as Odd Molly, Filippa K, Whyred, J. Lindberg, Nudie Jeans and Cheap Monday jeans. And as for legendary Swedish art glass, crystal and tableware, look no further than Kosta and Orrefors which you'll find in stores on the streets that criss-cross Järnvägsgatan and Drottninggatan. Still in the city, you can also shop at "Mitt i City", "Duvanhuset", "15-huset", shopping centres that sell Swedish and international goods and products, as well as restaurants and cafés.

Photo: Kamil Macniak/Shutterstock.com

Address: Karlstad

Opening hours: Monday - Friday 10.00 - 19.00, Saturday 10.00 - 17.00, Sunday 12.00 - 16.00

Internet: www.centrumkarlstad.se

Bergvik shopping centre



Why not visit Ikea on its home turf? We won't bother telling you what to look out for at Ikea, you probably live close to one. Ikea lies beside Bergvik Köpcentrum (shopping centre) just outside town. Bergvik was awarded 'shopping centre of the year' in Sweden in 2008, with its 68 shops, restaurants and cafés. All the big Swedish names are here and look out in particular for Swedish-design clothes and accessories, outdoor wear, household goods, glassware, textiles and kitchenware.

Photo: Sebra/Shutterstock.com

Address: Frykmansväg 1, Karlstad

Opening hours: Monday - Friday 10.00 - 20.00, Saturday - Sunday 10.00 - 18.00

Phone: +45 54 400 40 01

Internet: www.bergvik.se

Email: info@bergvik.se

Leo's Lekland



Travelling with kids sometimes could be tiring but not if you pay a visit to Leo's, a playland only for kids. Leo's features every kind of attractions, from ball pool to waterfall to pirate ship - a truly paradise for kids from age 4 to 7. For the little ones there is the "mini world", a jungle-themed area where to have fun.

Photo: Andrey_Kuzmin/Shutterstock.com

Address: Axcgatan 6, Karlstad

Opening hours: Daily 10.00 - 19.00

Phone: +46 54 405 03 69

Tickets: Tickets available at: www.leoslekland.se/shop/

Internet: www.leoslekland.se

Kayaking in Vänern



Vänern is Sweden's biggest lake and it has an archipelago of 20,000 islands and islets. What a better way of discovering Vänern's northern

reaches than renting a kayak from the experts at Vänerkajak whose shop is at 'Inre Hamn' in Karlstad. You can hire a kayak and go out on your own, or with family and friends, or book a lesson with one of their expert instructors and guides.

Photo: [topseller/Shutterstock.com](https://www.shutterstock.com)

Address: Sandbäcksgatan 6, Karlstad

Phone: +46 76 765 33 77

Internet: vanerkajak.se

Email: info@vanerkajak.se

Välsviken



Here in Välsviken you can find different kind of stores, like ICA Kvantum, Elgiganten MegaStore, Jula, Lager 157, Stadium Outlet and XXL Sport.

Välsviken is 8 km east from Karlstad city centre and they provide also a free parking lot.

Photo: [gpointstudio/Shutterstock.com](https://www.shutterstock.com)

Address: Rävbergsvägen 2, Karlstad

Phone: +46 70 331 80 06

Internet: valsviken.com

TOURIST INFORMATION



Mikael Hjerpe/Shutterstock.com

Airport



About 18 km north of Karlstad is Karlstad airport with good connections to major airports. To and from the airport, you can choose

between bus and taxi.

The airport bus comes when you book by phone on +46 771 32 32 00 or book online varmlandstrafik.elasticmobile.net and can be ordered when travelling to / from Stockholm and Frankfurt.

The taxi price from Karlstad to the airport is about 360 SEK. The travel time is estimated to be about 20 minutes.

At the Karlstad Airport you can also rent a car from companies such as AVIS, Hertz and Europcar.

Photo: Juan Garces

Address: Karlstad Airport

Phone: +46 54 540 77 00

Internet: www.ksdarprt.se

Passport/Visa



Sweden can be visited visa-free for up to 90 days by citizens of most European countries, Australia, New Zealand, Japan, South Korea,

Taiwan, Malaysia, Israel, UAE and most countries in America. If you are unsure whether or not you need to apply for a visa, we recommend contacting the embassy or consulate in your country. International (non-Schengen) travellers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the Schengen zone. Citizens of Schengen countries can travel without a passport, but must have a valid ID with them during their stay.

Photo: TukTuk/Shutterstock.com

Best Time to Visit



When to visit Karlstad is up to you, whether you want to experience the famously long Swedish winter, witnessing the magic of winter

landscapes, or pick a warmer season (such as summer) to really appreciate the outdoors is completely up to individual preference. In the hottest months of July and August the temperatures rarely reach above 20°C.

Photo: VectorA/Shutterstock.com

Post



If you're looking for a post office, you might just not find any in Sweden. Why? Simply because they don't exist. In Sweden, supermarkets,

newsagents and petrol stations act like postal service agents. Here you will be able to buy stamps, envelopes and many more postal services that are offered.

Photo: Andy Fuchs

Public Transport



You can't miss the bright orange local buses with the sun emblazoned on the side here in Karlstad. Karlstad has a great bus network and tickets can

be bought at the tickets vending machines, via sms with your mobile, at Karlstad tourist office or at Pressbyrå outlets. The bus is a great way of getting around the city.

Photo: Pierre-Luc Auclair

Address: Karlstad

Phone: +46 54 540 46 00

Internet: www.karlstadsbuss.se

Email: karlstadsbuss@karlstad.se

Bus and Train



You can travel to Karlstad from Stockholm, Gothenburg and Oslo by train and bus. There are also good links between Karlstad and other major

cities in Sweden.

Train: www.sj.se

Bus: www.swebus.se

Photo: GoperVector/Shutterstock.com

Regional bus and train



Travel in the beautiful region Värmland with Värmlandstrafik by bus or train.

Photo: Pierre-Luc Auclair

Phone: +46 771 32 32 00

Internet: www.varmlandstrafik.se

Waterbuses



There are frequent water buses around the waterways of Karlstad and Lake Vänern in June, July and August. The ticket fare is the same as

for the regular local buses.

Photo: M-O Vector/Shutterstock.com

Address: Karlstad

Phone: +44 54 540 46 00

Internet: karlstad.se/Karlstadsbuss

Email: karlstadsbuss@karlstad.se

Solacykeln



In the centre of Karlstad you can borrow a bicycle for free during summertime. If you pay a visit to the local tourism office they'll give you a

map of the sites you should see by bicycle, for example the famous statues and buildings of Karlstad.

Photo: GateOut/Shutterstock.com

Address: Karlstad

Opening hours: Monday - Friday 07.30 - 18.45

Phone: +46 54 540 52 12

More Info: To borrow the bicycle you must be 18 years old and don't forget to have a valid ID card

Taxi



Taxi054 +46 54 15 11 51

Sverige Taxi i Karlstad

+46 20 22 23 33

Taxikurir +46 54 15 02

00 Taxi Tingvalla +46 54

52 52 52 Taxi Solsta +46

54 100 150

Minitaxi i Karlstad

+46 54 21 82 18

Photo: Taxi

Pharmacy



Apoteket Örnen

Järnvägsgatan 2 +46 771

450 450 Apoteket Mitt i

City Järnvägsgatan 10

+46 771 450 450

Photo: Gemma Garner

Address: Järnvägsgatan 2, Karlstad

Phone: +46 771 450 450

Internet: www.apoteket.se

Electricity



Standard voltage is 230

volt / 50 hz and plugs and sockets are type F.

Photo: Stirling Tschan

Telephone



Country code: +46 Area
code Karlstad (0)54

Photo: Jardson Almeida

Distances



Karlstad is 220 km from
Oslo, 300 km from
Stockholm and 250 km
from Gothenburg.

Photo: Sergio Marko/Shutterstock.com

Population

61,492 (2015)

Currency

Swedish SEK/Krona (kr)

Opening hours

Most shops are open Monday-Friday 10.00 - 19.00, Saturday
10.00 - 16.00 and Sunday 12.00 - 16.00.

The most restaurants are open for lunch 11.00 - 14.00 and
for dinner 17.00 - 22.00.

Internet

www.visitkarlstad.se/en

Newspapers

Nya Wermlands Tidningen, NWT
Värmlands folkblad, VF

Emergency numbers

Emergency services: 112

Tourist information

Karlstads Turistbyrå
Västra Torggatan 26, 652 24 Karlstad
+54 540 00 00

Visit Karlstad (online tourist information)
www.visitkarlstad.se/en

