



Photo: Mickael Tannus/Familjen Helsingborg



Close your eyes. What do you see when you think about Skåne? Undulating fields of rapeseed, villages where the roads winds its way between half-timbered houses and long sandy beaches. If so, then you're quite right. But here in Northwest Skåne we have a little bit more of everything. There's drama here, too. Söderåsen features wild primeval forests and Kullaberg draws visitors who come to marvel at the precipices and caves.

Welcome to the Helsingborg Family!

Featured

Here, the crumbling rocks

Hovs Hallar

Atelje Lena



Mickael Tannus/Familjen Helsingborg

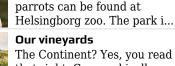


Familjen Helsingborg









Kangaroos and chattering

Helsingborg Zoo

The Continent? Yes, you read that right. Geographically, northwest Skåne is ...

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# 🔰 ArrivalGuides

# Destination: Helsingborg Region Publishing date: 2021-04-26

# TOP 8



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### Söderåsens National Park



Söderåsen National Park was created in 2001 and covers more than 1,625 hectares. The natural landscape is varied and offers leafy deciduous

forests and majestic talus slopes with high rocks, flowing watercourses and panoramic views. Skäralid, Odensjön in Nackarpsdalen and the views from Kopparhatten, Hjortsprånget and Lierna along the Skäralid valley are particularly popular destinations.

Söderåsen National Park is located 30 km east of Helsingborg in Skåne.

Photo: Mickael Tannus Address: Skäralid 747, Ljungbyhed Phone: +46 435 44 21 20 Internet:

www.sveriges national parker.se/park/sode rasens-national park

#### **Hovs Hallar**



In October 2017, Hovs Hallar received the award - Treasure Of European Film Culture. Hovs Hallar Nature Reserve is one of many treasures in southern Sweden. In addition, the album son Ingmar Bergman chose for the opening scene in his film Seventh Seal. On the site is also Hotell Hovshallar which only has a 10 minute walk down to the sea and cliffs adjacent to the parking lot.

Photo: Foto Louise Nordström Pettersson Address: Hovshallavägen 160, 269 91 Båstad Phone: +46 431 44 83 70 Internet: https://www.hovshallar.com Email: info@hovshallar.com

### **Kullaberg Nature Reserve**



Few places in the Nordic region can match Kullen for the beauty of its natural landscape. With its breezy forests of beech and fir, its

romantic grottoes, its vertiginous cliffs that plunge straight into the sea, its cliff-top views over mile after mile of bright blue water, every year Kullen has attracted a steadily increasing flow of visitors from far and wide.

Photo: Mickael Tannus Address: Italienska vägen 323, Mölle Phone: +46 42 34 70 56 Internet: www.kullabergsnatur.se Email: naturum.kullaberg@lansstyrelsen.se

#### Sofiero Palace



With its romantic grounds, Sofiero Palace makes for a popular destination. The grounds are perhaps best known for their unparalleled

rhododendrons, with an incredible 5,000 bushes bursting into flower in the spring. The fairytale of Sofiero began in 1864, when Crown Prince Oskar and his wife Sophia had their summer residence built here. In 1905, Oskar - by now King Oskar ll - gave

the palace to his grandson Prince Gustav Adolf and his bride Princess Margareta as a wedding present. This is when the gardens literally flourished. Princess Margareta was a keen and creative gardener, and it was her who first laid out the grounds that we can enjoy to this day. She arranged flower beds and gardens, had paving laid and wasn't afraid to get her hands dirty. Every summer, the Crown Prince couple travelled from Stockholm with their four young princes and Princess Ingrid, who eventually became Queen of Denmark. When Margareta died in 1920, Gustaf Adolf carried on the work in the garden, particularly with the rhododendrons. The palace was the summer residence of the Swedish royal family up until 1973, when it was given to the town of Helsingborg. This small palace, which lies like a jewel amid the extensive lawns, is home to a restaurant where the food is prepared by some of Sweden's finest chefs. There's also a café with views of the Öresund Sound and Denmark.

Photo: Familjen Helsingborg Address: Sofierovägen 131, Helsinborg Phone: +46 42 10 25 00 Internet: www.sofiero.se Email: sofiero@helsingborg.se

#### Fredriksdal museums and gardens



Nowhere in Europe will you find anywhere to match to Fredriksdal. This is Skåne in miniature, with 360,000 square metres of unique

settings, buildings and gardens. The history and diversity of the countryside are kept alive with care here. With its museums and gardens, Fredriksdal offers interesting activities for all ages, all year round.

Take an exploratory walk, watch the animals grazing or join the manor maids on an interesting tour. Buy a bag of old-fashioned sweets in the old town quarter or your favourite rose in the flower shop. Find answers to your questions about nature or folklore, or just lie back and relax in a hammock.

With its historical parks and gardens, houses and farms, animals, meadows, woods and pastures, all situated around an eighteenth century manor house, a visit to Fredriksdal is like making a journey back into the past.

Photo: Familjen Helsingborg Address: Gisela Trapps väg 1, Helsingborg Phone: +46 42 10 45 00 Internet: www.fredriksdal.se Email: fredriksdal@helsingborg.se

#### Ven island



In the middle of the Øresund strait, right between Sweden and Denmark, lies the idyllic island of Ven. The astronomer Tycho Brahe

was gifted the whole island by King Fredrik II after he discovered a new star in the Cassiopeia constellation. Here he constructed one of the most interesting buildings of the time: the Uraniborg castle, a subterranean observatory called Stjerneborg and a renaissance garden. The New Church of Ven has now been turned into a museum, the garden has been renovated, and in the observatory you can watch a light and sound show.

The light in Ven is said to have a unique quality, which has attracted many an artist and ceramist to the island. Take a tour among the studios and workshops, and meet with sculptors and silversmiths along the way. Ven is a small island, and the best way to get around is by bike, which you can easily rent when you get off the ferry.

Photo: Moob Agency Address: 260 13, Sankt Ibb Public Transport: www.ventrafiken.se Phone: +46 41 84 73 000 Internet: www.ven.se Email: visit@landskrona.se

### Mölle



At the foot of Kullaberg lies the old fishing town of Mölle. At the end of the nineteenth century, Mölle became known as the location of the first unisex

public bath in Sweden, where ladies and gentlemen in striped bathing suits would go swimming in the sea. This was a great sensation that attracted curious and adventurous guests from all over, and there was even a train from Berlin. "Sinful Mölle" was thus established. To this day, Mölle is a popular tourist destination with its population tripling in the summer months.

Photo: Arne Juhlin Internet: www.visithoganas.se

### The gardens of Norrviken



The magnificent park Norrvikens Trädgårdar lies a couple of kilometres west of Båstad. The gardens and buildings were established by

Rudolf Abelin in the early 1900s and were recently restored. In the park there are a restaurant, a café and tours in the park. The park is absolutely perfect for a day trip, where you can enjoy a tasteful lunch in beautiful

### surroundings.

Photo: Bradley Wells Address: Kattviksvägen 233, Båstad Phone: +46 431 30 21 00 Internet: www.norrvikenbastad.se/en/ Email: info@norrvikenbastad.se

### EVENTS



Landskrona stad

Here is a selection of our annual events in the Helsingborg Family.

### DO & SEE



Familjen Helsingborg

Here in northwest Skåne we have extra everything! And it's close to everything. It is close to farm shops with award winning sausages, potteries, emerald green golf courses, castles with flowering gardens, freshly baked vanilla hearts, ancient fishing villages and long Sand Beach.

Welcome to our home!

### **Rothoffska Allotment & the Citadel**



Landskrona features Sweden's only allotment museum. This small, green painted cottage and allotment was built by the Rothoff family in

1903. The cottage is furnished in the style of the early 20th century, and there is a small exhibition about the history of the allotment. Perennial beds and roses flourish in the front garden, while vegetables and herbs grow at the back. Honey from the original beehive is sold at Landskrona Museum. The Citadel Allotments are Sweden's oldest preserved allotment areas, on the old fortifications of Landskrona Citadel. There are 122 allotments here, featuring colourful floral displays and spectacular ornamental woodwork.

Photo: David Elg Moob Agency Address: Citadellvägen 21, Landskrona Phone: +46 418 47 31 20 Internet: www.landskrona.se/se-gora/kultur-noje/museerochk onsthall/rothoffs-museikoloni

#### Söderåsen



Söderåsen - for big and small nature lovers. With its wide range of activities and experiences, Söderåsen is a perfect destination for

all types of nature lovers. The landscape is very varied, with lush deciduous forests, rippling streams, breathtaking cliffs and up on the ridge a fantastic view over the surrounding landscape. Söderåsen can be discovered throughout the whole year and offers several different activities such as hiking, horseback riding, MTB cycling and canoeing. You can get here in just one hour from Copenhagen, and two hours from

### Gothenburg.

Photo: Mickael Tannus Address: 108, 264 53 Ljungbyhed Internet: www.soderasen.com

## Sydkustleden - Landskrona - Helsingborg



Length 27 km Elevation 190 m Degree of difficultyModerate At just under 17 miles with Landskrona and Helsingborg you can

experience lots! From Ålabodarna in the north you will soon come to Borstahusen which is an idyll for itself! This old fishing village dating back to the 18th century has its own fish smokehouse. Here you have a view of Ven!

The undulating and beautiful landscape of Glumslöv's slopes is difficult to miss and the thoughts of Tuscany.

Just before Helsingborg you come to the picturesque fishing village of Råå. The stage ends in Helsingborg, a continental and vibrant city with a cozy town center. In Helsingborg there are plenty of options for those who are interested in history, beautiful castles, wildlife or beautiful nature. Here you will find the Sofiero castle with a large park garden with over 10,000 rhododendron shrubs. Just outside Helsingborg you will find the open-air museum Fredriksdal.

Photo: Familjen Helsingborg

More Info: https://sydkustleden.se/en/etapp/landskrona-helsin gborg#googtrans(sv|en)

### Deep Sea fishing in Öresund



In between Landskrona and Ven there is something unique in fishing circles. Here you can catch cod with rod, which is not possible in

the Baltic Sea or on the West Coast of Sweden,

Sea fishing is not only an activity for experienced recreational anglers, but also for families with children and friends who are fishing for the first time.

This year, fishing trips from Landskrona are arranged with spacious fishing boats to Sweden's best sea fishing waters in the deep holes between Landskrona and Ven.

Pilk fishing in deep water where you can catch cod, herring and mackerel is popular all year-round.

For more fishing tip you can contact Nyhamn Fiske and Marina in Landskrona.

Photo: Lanskronabåtarna Address: Stadskajen , 261 31 Landskrona Phone: +46 76-612 11 31 Email: info@nyhamnfiske.se

#### S:t Petri Church



This world-famous church is an architectural masterpiece that exudes simplicity. It was designed by Sigurd Lewerentz and

consecrated in 1966. It is one of Sweden's most accomplished churches in architectural terms. The entrance can be quite hard to find, but it was deliberately built that way, to represent the difficulty of finding the gateway to the kingdom of God. The font is made of a white mussel shell from the Indian Ocean, placed on a raised area that resembles a rock. All the details have been carefully planned and executed, and all symbolize an event or aspect of Christian faith. Guided tours on request.

Photo: Klippans kommun Address: Vedbyvägen, Klippan Phone: +46 43 52 96 80 Internet: www.sanktpetrikyrka.se/English/ Email: info@sanktpetrikyrka.se

### **Toy World**



Toy World is an experience for both kids and grown-ups. It's neither a play centre nor a traditional toy historic museum, but an amazing

world built with toy exhibitions, play zone and amusement games, spooky room and fun activities.

Toy World is one of a kind with its combination of minilands and showcase exhibitions. Unique in both what's exhibited and the way it's done. Experience 500 sqm with thousands of toys from the 1960's until today, trains and slot tracks, music, sound, light and motion effects (that you can activate by pressing buttons). If you look at each toy for one second it takes you several hours! So you should take your time - and don't miss any of the clever details.

A perfect adventure for anyone who wants to spend quality time with family and friends, while having a trip down memory lane. Suits all toy interested, families, grandparents, collectors, schools, companies, societies and tourists.

Photo: Toy World

Address: Hävertgatan 21, Helsingborg Opening hours: Thursday- Sunday 12.00-16.00 Phone: +46 42 453 97 00 Internet: https://toyworld.se/en/home Email: info@toyworld.se

### **Hovs Hallar**



Here, the crumbling rocks create a dramatic landscape with sea stacks, flat rocks and pebbly peaches. In the nature reserve many

movies have been recorded over the years. The perhaps most film scene recorded here is when the Death is playing chess against the knight on the beachmill in Ingemar Bergman's Seventh Seal. In 2017, Hovs Hallar was awarded the "Treasures of European Film Culture" - places of special cultural significance for the European film.

Photo: Louise Nordström Pettersson Address: Båstad

#### Hallands Väderö



The unique island with marvellous beaches and hikes. From Torekov Harbour boats run to the island. Since 2016 there is a hostel for anyone who

wishes to spend the night on the island and experience rocks warmed by the sun at dusk and early morning walks in the magic-looking alder marches.

Photo: Gunilla Svensson Address: Båstad Public Transport: www.vaderotrafiken.se Internet: www.hallandsvadero.se

#### Torekov



At the far end of the Bjäre Peninsula you will find Torekov, the place to be during the summer which attracts a lot of summer guests every year.

Torekov is not only a place to visit during the summer, the other seasons are at least as pleasant and beautiful as the summer, from the colorful transformations of the fall to the beginning of spring.

Come here to enjoy relaxation, tasteful dining experiences and beautiful views.

Photo: Gunilla Hovenäs Address: Torekov Internet: www.torekov.se Email: info@torekov.se

### Hallandsåsen



The diversity of nature, along with a large number of cultural heritage in forest and land, makes The Hallandsås ridge on the

south west coast of Sweden an exciting destination for everyone, whether you wander, bike or travel in other ways.

Photo: Louise Nordström Pettersson Address: Båstad Phone: +46 43 17 50 45 Internet: www.bastad.com/en/hallandsas Email: turistbyran@bastad.com

### The gardens of Norrviken



The park lies a couple of kilometres west of Båstad. The gardens and buildings were established by Rudolf Abelin in the early 1900s

and were recently restored. In the park there are a restaurant, a café and tours in the park. The park is absolutely perfect for a day trip, where you can enjoy a tasteful lunch in beautiful surroundings.

Photo: Bradley Wells Address: Kattviksvägen 233, Båstad Phone: +46 431 30 21 00 Internet: www.norrvikenbastad.se/en/ Email: info@norrvikenbastad.se

#### **Birgit Nilsson Museum**



Sweden's most famous international opera singer, Birgit Nilsson (1918-2005) is both a global celebrity and a national treasure. "La

Nilsson" was the 20th century's leading dramatic soprano and a legendary interpreter of the works of Wagner. The Birgit Nilsson Museum is housed in her childhood home in Svenstorp near Båstad, and is an ordinary Swedish farmstead.

Photo: Familjen Helsingborg Address: Birgit Nilssons väg 27, Båstad Phone: +46 431 31 18 60 Internet: www.birgitnilsson.com/en/start Email: info@birgitnilsson.com

#### **Dunkers Culture House**



Discover cool culture at Dunkers culture house in Helsingborg. Dunkers stands on the water's edge in Helsingborg. There are plenty of things

to see and do for visitors of all ages, all under one roof. There's an art gallery, exhibitions about local history and cultural history, a music stage, theatre, dance and various activities for children and young people. Dunkers Kulturhus is a modern counterpart to Kronborg Castle on the other side of the Öresund Sound. The deep window recesses mirror those of the Danish castle. The building is home to a restaurant, bistro, tourist information office and shop.

Photo: Familjen Helsingborg Address: Kungsgatan 11, Helsingborg Phone: +46 42 10 74 00 Internet: www.dunkerskulturhus.se

### Bike ride on Ven



Ven is the legendary island where astronomer Tycho Brahe's spirit lives on and pink mallow sways in the ditch banks. Bring your bike, or rent one,

and experience the island from the saddle. You own the skies and the sea as you pedal along at a leisurely pace. The climate is so mild that durum wheat thrives here. Barley is also grown, and is used to produce the island's very own whisky at Spirit of Hven Backafallsbyn. Head down to the quay at St Ibb's Church at lunchtime and buy freshly smoked herrings.

Photo: Anders Ebefeldt/Studio-e.se Address: Landsvägen 20, Sankt Ibb Phone: +46 41 87 22 50 Internet: www.vencykeluthyrning.se Email: info@venscykeluthyrning.se

### Guided tour on the Rönne River



Join us aboard the Laxen for a guided sightseeing tour of Ängelholm! The tour will take you along the river Rönne, Skåne's Amazon, as it meanders

through the city centre.

The trip with Laxen (Swedish for salmon) departs from the landing stage at the centrally located City Hall and passes under many bridges on its way out to the Skälderviken marina. Here, the boat will be moored for a short break (approx. 25 minutes), giving you the opportunity perhaps to indulge in an ice cream and take a stroll around the marina before we set sail for the city centre again, bringing us back to the landing stage at City Hall. The trip will take approximately 2 hours and the guided tour on the outward journey is offered in both Swedish and English.

Photo: Ängelholms Näringsliv Address: Stadshusets brygga, Ängelholm Phone: +46 431 203 00 Internet: www.skanemarin.se Email: info@skanemarin.se

### Helsingborg Concert Hall



The Concert Hall is a functional building with acclaimed acoustics and a wide range for both Young and old people with artistic elite, consert

hall chorus and not least Helsingborgs own symphony.

Helsingborg Symphony Orchestra holds regular concerts in the house where you play both older

and more modern classical works. Several invited artists often offers performances of various kinds. Themes may include jazz, 60's music, humor, gospel music and solo performances. They also serve in both preschool and school children in special concerts and performances for children.

Photo: Cc by Helsingborgs konsethus Address: Roskildegatan 1, Helsingborg Phone: +46 42 10 42 70 Internet: www.helsingborgskonserthus.se Email: konserthuset@helsingborg.se

#### Horse riding



Wherever you look in Skåne, you're bound to see a horse. This is our favourite beast of all. There are many different breeds of horse, and

plenty of places where you can ride. As well as the sheer joy of riding, getting up on horseback is a perfect way of coming into close contact with nature, and of covering lots of ground in a short time. Even if you're a complete beginner, you can go riding through leafy beech forests or along the beach. Amiable Icelandic horses that jog along at a moderate pace are available at Spelmansgården in Ängelholm or Kullabergs Islandshästar. The scenery and rich wildlife of Söderåsen are best enjoyed from a western saddle on a good-natured Haflinger horse from Söderåsens Turridning. Söderåsens Forsgård have activities for everybody and therefore the horse riding and their farm is accessible also for disabled persons. Westfield Hästsafari, between Båstad and Torekov, offers riding at Hovs Hallar, through apple groves and at full gallop. If you'd like to try riding an Ardennes horse, you can do so on Hven. Many of the tours welcome children and novices. All you need to bring is a pair of

sturdy shoes. Horses and helmets are available for hire.

#### Photo: Söderåsen

Internet: www.kullabergsislandshastar.com, www.turridning.se, www.soderasensforsgard.se, www.spelmansgarden.se, www.westfield.nu

### Helsingborg City Theatre



Helsingborg City Theatre operates since 1921 theatrical activities primarily in Helsingborg, but the theater also has a large regional

responsibility, as seen through tours in southern Sweden, above all in Skåne.

Photo: Familjen Helsingborg Address: Karl Johans gata 1, Helsingborg Phone: +46 42 10 68 00 Internet: www.helsingborgsstadsteater.se Email: stadsteatern@helsingborg.se

### **Helsingborg Zoo**



Kangaroos and chattering parrots can be found at Helsingborg zoo. The park is an oasis, with exotic plants, 500 colourful birds, lemurs,

prairie dogs and snakes, as well as rabbits and guinea pigs to pet. Some of the animals roam free - so keep an eye open for monkeys in the trees. Walk through the air lock to get close to the birds. Chrysalies hatch into butterflies in the butterfly house. The café is ser amid the greenery.

Photo: Familjen Helsingborg Address: Rausvägen 671, Påarp Phone: +46 42 22 84 80 Internet: www.djurparken-hbg.se Email: info@djurparken-hbg.se

#### The Swedish Railway Museum



Come and see the developement of railways on our large model railway with a slide show, covering their history from horse-drawn freight

#### wagons to

today's high speed trains. Or take a ride in the locomotive simulator, Locomotion.

Everyone, from children till advanced technicians, will certainly find something interesting at the museum.

If you come in summertime, don't miss the miniature railway in the park behind the museum.

In our shop we sell souvenirs, books, films, toys and much more.

We also offer coffee, soft drinks, sandwiches, ice cream and sweets.

Every year we organize a number of large events with steam trains and other attractions. We also arrange temporary exhibitions.

Photo: Ängelholms Näringsliv Address: Banskolevägen 11, Ängelholm Phone: +46 431 46 89 20 Internet: www.jarnvagsmuseum.engelholm.se Email: jarnvagensmuseum@engelholm.se

### Kattegattleden



Explore the nature and the culture by bike! For the first time in Sweden you can do this on a internationall cycling trail. It is 370 kilometres long, almost free from cars, with unique seaside locations and goes from Helsingborg in the south to Gothenburg in the north, all the way through Halland.

Kattegattleden is divided into 8 sections and under these sections you'll find interesting tourist destinations, places to stay, rent a bike and get service along the trail. Go cycling through fantastic landscapes, eat on a small authentic restaurang, swim among rocks or soft sand, and just enjoy the wind in your face and our beautiful country.

Photo: Familjen Helsingborg Internet: www.kattegattleden.se

#### The Tycho Brahe museum



The astronomer Tycho Brahe was born in 1546 at Knutstorp Castle. He was a true visionary with ground-breaking ideas. In 1576 he built Uraniborg

Castle on and laid out a large renaissance garden on the island of Ven. The castle is long gone, but the underground Stjärneborg Observatory, the Tycho Brahe Museum and the reconstructed garden are well worth a visit.

Photo: Mickael Tannus Photography AB Address: Landsvägen 182, Sanky Ibb Phone: +46 418 47 31 09 Internet: www.tychobrahe.com Email: tycho.brahe@landskrona.se

#### Hiking



Welcome to hike in the Helsingborg Region. You have a lot of routes to choose among and beautiful nature to experience.

Kullaleden

Kullaleden is one section of the Skåneleden Trail SL 5 around the Kullen peninsula from Helsingborg to Utvälinge.

Kullaleden is 70 km long, and offers a great variety of experiences along the way.

Here you find everything including the medieval city centre of Helsingborg, beautiful views over the strait from the plateau heights, the well-known Sofiero Palace, Kulla-Gunnarstorp and Krapperup Estates, beaches and picturesque seaside villages, and Kullaberg's dramatic cliff formations.

Photo: Familjen Helsingborg Internet: www.kullaleden.se/en

### North Harbour, Helsingborg



North Harbour has a very continental feel, it is a relatively new district with a beautiful quayside promenade lined by restaurants.

Photo: Familjen Helsingborg Address: Norra Hamnen, Helsingborg

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#### Canoeing



The River Rönne winds its way through the countryside from Lake Ringsjön to the sea at Ängelholm. This stretch is 85 kilometres long, and

you can paddle your way along through almost tropical scenery, and past areas with rich cultural traditions and towns. The peaceful journey is occasionally punctuated with rapids. There are plenty of things to see and do along the way. Some sections are ideal for families with children. You can choose to paddle for a few hours or a few days. One example is the trip from Gunnarödsbron/Stockamöllan to Rögnaröd/Djupadal, which takes around four hours. You can hire canoes and kayaks from various locations, and most hire companies also offer overnight accommodation. Stay in a converted stable or a 17th century cottage. Or why not get a whole bunch of friends together and hire a 20 or 12 man tent. If you want to spend the night in the great outdoors, there are places with shelters, toilets and firewood. For a particularly Swedish summer experience, combine a canoeing trip with hiring a sauna trailer. Take a hot sauna, followed by a dip in the river.

Life doesn't get much better than that!

Photo: Mickael Tannus Address: Rynke 589, Ljungbyhed Phone: +46 70 87 10 040 Internet: www.ronneadalens.se Email: info@ronneadalens.se

### The Homestead Park - Hembygdsparken



The Homestead Park in Ängelholm is an oasis for the whole family. The park has a zoo with swedish animals. 5 museums, which is open

during the summer. A big playground for young children, inn and stage performances in summer. Ice-cream stall.

Free entrance.

Photo: Ängelholms Näringsliv Address: Hembygdsparken, Thorslundsgatan, Ängelholm Phone: +46 431 41 12 20 Internet: https://www.hembygd.se/angelholm

### Sancta Maria Church



The oldest Church in the city, dating back to the 14th Century, nestles attractively in the small Square Mariatorget. It's a beautiful gothic brick

Church, which originally was actually ine of Denmark's biggest city churches. Step inside an let the Church tell you its incredible history.

Photo: Familjen Helsingborg Address: Mariatorget, Helsingborg Internet: www.helsingborg.se/?s=maria%20kyrka

### Sofiero Palace



With its romantic grounds, Sofiero Palace makes for a popular destination. The grounds are perhaps best known for their unparalleled

rhododendrons, with an incredible 5,000 bushes bursting into flower in the spring. The fairytale of Sofiero began in 1864, when Crown Prince

Oskar and his wife Sophia had their summer residence built here. In 1905, Oskar - by now King Oskar ll - gave the palace to his grandson Prince Gustav Adolf and his bride Princess Margareta as a wedding present. This is when the gardens literally flourished. Princess Margareta was a keen and creative gardener, and it was her who first laid out the grounds that we can enjoy to this day. She arranged flower beds and gardens, had paving laid and wasn't afraid to get her hands dirty. Every summer, the Crown Prince couple travelled from Stockholm with their four young princes and Princess Ingrid, who eventually became Queen of Denmark. When Margareta died in 1920, Gustaf Adolf carried on the work in the garden, particularly with the rhododendrons. The palace was the summer residence of the Swedish royal family up until 1973, when it was given to the town of Helsingborg. This small palace, which lies like a jewel amid the extensive lawns, is home to a restaurant where the food is prepared by some of Sweden's finest chefs. There's also a café with views of the Öresund Sound and Denmark.

Photo: Familjen Helsingborg Address: Sofierovägen 131, Helsinborg Phone: +46 42 10 25 00 Internet: www.sofiero.se Email: sofiero@helsingborg.se

### **Tropikariet in Helsingborg**



The rain forest at Tropikariet in Helsingborg features many free-roaming animals. Monkeys and lemurs come close

enough to touch. Flying foxes sweep past. Pet the marine animals and let the doctor fish clean your hands. (Don't worry - the snakes, spiders and poison dart frogs are all kept safely behind glass!) Tropikariet is home to meerkats, lizards, turtles, crocodiles and leaf-cutting ants. There's also a café.

Photo: Familjen Helsingborg Address: Hävertgatan 21, Helsingborg Phone: +46 42 13 00 35 Internet: www.tropikariet.com

#### Aquatic safari



When the seabirds circle and dive, it's a sure sign that there are porpoises driving the fish up to the surface. Porpoises look like dolphins, and are one

of the smallest toothed whales at just 1.5 metres long. They live a fairly anonymous existence down in the depths, but you can now get the chance to see them up close. And zipping along in a RIB boat alongside Kullaberg is a highlight in itself. Hold on to your hat! Porpoise tours leave from Paradishamn and Mölle.

Photo: Johan Hammar Address: Naturum Kullaberg, Italienska vägen 323, Mölle Phone: +46 73 98 81 077 Internet: www.kullabergsguiderna.se/en Email: info@kullabergsguiderna.se

#### Upzone



Upzone is an experience for all of you that likes to exercise, push the limits of yourself but foremost likes to have fun. Up among the treetops you

can challenge yourself and others on four different courses with different difficulties.

In our parks you can ride the zip line, balance on logs, climb in nets and swing to get through the

different courses. From 3 to 15 meters up in the air ypu can enjoy our adventure forest. Upzone is unique in the Skåne region and offers a creative park in a fantastic area near Ängelholms Hembygdspark.

At Upzone Adventure Forest you get to a chance to experience the nature from a new perspective through different challenges up to 15 meters from the ground. You have the opportunity to push you limits and challenge yourself through increasingly difficult obstacles. To successfully walk on a rocking bridge 7 meters up from the ground gives you a nice feeling and a rush of adrenaline.

The park consists of four courses, Funzone, Fitnesszone, Adventurezone and Riskzone. The higher the difficulty the higher from the ground. In our park you can crawl through tunnels, swing to the Tarzan net, ride the zip line to the next tree or why not the sledge 6 meters over the ground or jump the Big Jump from 15 meters.

At Upzone the safety always comes first. Before the adventure begins we have a thorough briefing and introduction to ensure that all know how to operate the equipment up among the treetops.

Children aged 6-7 years are allowed to climb Funzone, children between 8-10 are allowed to climb Funzone, Fittneszone and Adventurezone. Children aged 11 or above are allowed to climb all our courses but, all children not 12 years of age are never allowed to climb on their own, they must climb with an adult. That means that it takes one adult per child aged 6-7 and one adult per 2 children if both are 8 years or older. The adult must be climbing with the children. From the date you have turned 12 you are allowed to climb on your own with the permission of a

### caretaker.

Photo: Ängelholms Näringsliv Address: Danielslundsgatan, Hembygdsparken, Ängelholm Phone: +46 033 - 41 17 41 Internet: www.upzone.se/angelholm

#### **Our vineyards**



The Continent? Yes, you read that right. Geographically, northwest Skåne is part of Continental Europe. Hallandsås and

Söderåsen mark the border between the Scandinavian and Continental plates, and the landscape is thickly wooded.

The sea ensures a marine climate. Grapes thrive in the Skåne soil and with the long growing season. They are used to ake red, white, rosé and sparkling wines. Take a wine tour, stopping off at the vineyards of Arilds Vingård (Lillavägen 71, Arild), Villa Mathilda (Stora vägen 158, Arild), Kullahalvöns Vingård (Lyckerisvägen 52, Nyhamnsläge), Vejby Vingård (Västra Ljungbyvägen 319, Vejbystrand), Södåkra Vingård (Gamla Södåkrav. 298, Jonstorp), Aplagårdens Vinhus (Ekebyvägen 27, Helsingborg) and Vingården i Frillestad (Rycketoftavägen 37, Påarp). If you're travelling as a group, you can also book a wine-tasting session.

#### Photo: C Apelöga

Email: www.arildsvingard.se, www.villamathilda.com, www.kullahalvonsvingard.com, www.vejby-vingaard.se, www.sodakravin.se, www.aplagarden.com, www.frillestad.com

# Destination: Helsingborg Region Publishing date: 2021-04-26

### Wallåkra Stenkärlsfabrik



The factory makes traditional stoneware out of clay from its own land. At Wallåkra, you can experience the whole process of making

stoneware – from clay deposit to turning and burning to final product. There is also a lovely shop in connection to the old kiln. The premises are also home to a restaurant in one of the warehouses, with a babbling brook running beneath it. Wallåkra is open all year round, with tours, turning and food experiences as well as conference facilities.

Photo: Familjen Helsingborg Address: Drejarestigen, Vallåkra Phone: +46 42 99 031 Internet: www.wallakra.com

## Ängelholm Mini-train



Take the little ones on board the 'Pyttetåget' train to Ängelholm Hembygdspark (local history park) and back again. The park is home

to a zoo, with swedish animals, and a play area for younger children.

Photo: Ängelholms Näringsliv Address: Hembygdsparken, Thorslundsgatan, Ängelholm Phone: +46 431 41 12 20 Internet: https://www.engelholmshembygdspark.se

## Ängelholm Aviation Museum



Fly a Cessna or check the steam engines in Ängelholm. Ängelholm Aviation Museum tells the story of Skåne´s air flotilla, and has three flight simulators. There is something for pilots of all ages. The museum shop has all manner of aviation-relates souvenirs.

Photo: Ängelholms Näringsliv Address: Drakenvägen 5, Ängelholm Phone: +46 43 11 48 10 Internet: www.engelholmsflygmuseum.se Email: booking@engelholmsflygmuseum.se

# BEACHES



Familjen Helsingborg

### Skansenbadet



Beautiful and lively sandy beach with a jetty, kiosk and parking space. Located in the center of Bastad close to the harbor with all of its

restaurants as well as other activities.

Photo: Erik Nilsson Båstad Hamn Address: Strandpromenaden, Båstad Internet: www.bastad.se/uppleva-och-gora/motion-och-fritid/b adplatser/

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### Segelstorpsstrand



Pack your picnic basket and go to Segelstorps long, fine shallow sandy beach. Perfect for young children! Here you can enjoy a fantastic view of

the Kulla Peninsula and relax at one of the most beautiful beaches of the Bjäre peninsula.

Photo: Karl Olsson Address: Segelstorpsvägen 1 26992 BÅSTAD

### Råbocka and Havsbaden



Sandy beach with shallow waters with sandbanks. On the beach there is a dune landscape, which towards land changes into beach heath and

woods. Lovely hollows behind the dunes - perfect for sunbathing. Toilets, shower, barbecue place, restaurants, camping site. At Klitterhus there is a 100 m long bathing jetty with a handicap ramp. Beach guards.

Photo: Ängelholms Näringsliv Address: Råbockavägen, Ängelholm Phone: +46 431-87 000 Internet: www.engelholm.se Email: info@engelholm.se

### Fria Bad



Fria bad, or Öresundsbadet which is the real name, is Helsingborgs Copacabana. The beach is centrally situated in

Helsingborg but it still offer you sun and bath on a real beach. The beach is well attended all year round, at all times.

In the morning, a group from the neighboorhood

with bathrobes and sandals, during the day families with children takes over and in the evening it's the youths beach.

Photo: Familjen Helsingborg

Address: Strandvägen, Helsingborg

Internet: www.helsingborg.se/uppleva-och-gora/friluftsliv-och -motion/badplatser-och-strander/badplatser-i-helsingborg/fria -bad/

#### **Kvickbadet**



Kvickbadet is the city beach in Höganäs. The beach is very child-friendly with shallow water and for the smallest ones there is

also a fun playground. For the older ones there are slides into the water and a raft. If you feel a bit too relaxed, there is a gym and a boulderblock for those who wants to climb.

Photo: Familjen Helsingborg Address: Strandgatan, Höganäs Internet: www.hoganas.se/Invanare/upplev/badplatser3/badstrander/

#### Mölles havsbad



The village Mölle is at the tip of Kullahalvön in northwest Skåne. It's probably most famous for being the first place where men and women

bathed together in the 1890s. In the 1890s this was considered shameful and sinful. The striped Mölle-swimsuit is widely known and after this period, Mölle got the nickname "den of iniquity". Mölle is still a very popular beach resort, today most popular for its beautiful coast.

Photo: Familjen Helsingborg Internet: www.visithoganas.se

### Morgonbryggan



Morgonbryggan (the morning jetty) in Torekov is the perfect place to start the day with a refreshing dip in the ocean. Buy a small

breakfast from the local bakery and visit the jetty, which is considered to be one of Skåne's finest. During warm summer days, the queue in order to get a dip stretches out a long way, so put on your morning robe and experience it yourself.

Photo: Louise Nordström Pettersson Address: Hamnplanen, Torekov Internet: www.torekov.se/se-gora/badplatser.html

#### Ransvik



Ransvik - the place for "the sin in Mölle"- where you can take a refreshing bath in the sea and afterwards take a coffee at Ellens Café. The water

is crystal clear and it''s long enough from all honor and probity. Take the opportunity to enjoy the summer - eat an ice cream, take a beer, stay until sunset and take an evening walk back to Mölle.

Photo: Familjen Helsingborg Address: Italienska vägen, Mölle

#### Västersjön-Rössjön



hire rowing boats.

Västersjön and Rössjön is one of Hallandsåsens most beautiful nature areas. At Västersjön, Ängelholm's largest lake, you can swim, fish and The next largest lake, Rössjön, is a protected bird reserve.

Photo: Ängelholms Näringsliv Address: Övre Västersjövägen 260, 266 97 Hjärnarp Internet: www.engelholm.se

### Åsljungasjön



A few miles up towards the E4 highway a haven appears. A havenfor those who love warm lakes framed with lush forests. At this bathing place

there is a sandy beach, dressing rooms, WC and - a jumping tower!

Photo: Familjen Helsingborg Address: Sjövägen, Åsljunga

Internet: www.orkelljunga.se/16/uppleva-och-gora/se-och-gor a/fiske/asljungasjon.html

### FARM SHOPS



Familjen Helsingborg

# Butikerna på Gården, Tant Grön, Elin & Arvid



Welcome to Tant Grön. A unique store in the middle of the country. We have everything from Bjäre-produced to world-famous delicacies. Cheese & Tastes is our passion. Elin Arvid is the clothing store for her and him with style & quality.

Photo: Butikerna på Gården Address: Sönnertorpsvägen 111 269 94 Båstad Sweden Public Transport: https://www.skanetrafiken.se/ Phone: Tel: +46431360039 Internet: https://www.bpg.se/sv-SE Email: tantgron@bjarenet.com

### **Bodils Bod**



On the countryside outside of the small village Örkelljunga lies the farmyard Skönna Torp. Here have the sheeps grazed the lands

since the middle of 19th century. Here is also the home of the farm shop Bodils bod.

Here you can buy crafts of sheepskin and wool. Clothes, home furnishings, lambskins, yarn, etc.. We also sell egg, sheepsausages and lambsmeet/minced when available. NEW! Now there's a guestroom to let.

Photo: Familjen Helsingborg Address: Skönnavägen 21, Örkelljunga Phone: +46 43 55 45 56 Internet: www.bodilsbod.se Email: info@bodilsbod.se

### Sandgårdens Skafferi



A farm shop with locally grown vegetables. Allso bread and cheese.

Photo: Ängelholms Näringsliv Address: Magnarps byaväg 350, Vejbystrand Phone: +46 70 63 01 680 Internet: www.sandgardensskafferi.se Email: therese@sandgardensskafferi.se

### Vilt och Gott



Here you can buy meat from elk, wild boar, deer and roe deer. You can allso buy locally products, oil, herbs and licorice.

Photo: Vilt och Gott Address: Vejbyslättsvägen 56, Vejbystrand Phone: +46 70 96 99 110 Internet: www.viltochgott.se Email: viltochgott@gmail.com

### Bjärhus Gårdsbutik



A miniature market hall! The shop sells own delicatessen products of lamb, veal, beef and pork. It also stocks various types of game when in

season as well as own farmed organic vegetables. A well-stocked plant shop is next door. Do not miss the pick-your-own corn, when it's season.

Photo: Familjen Helsingborg Address: Bjärhus 7738, Klippan Phone: +46 435 102 95 Internet: www.bjarhus.se

### Frideborgs boden



Frideborgs boden grow a lot of unusual organic herbs, they sell plants and produce herb-salt and flavored oil for the kitchen. Chilipeppers is

one of their specialities. You can also find articles for your garden, furniture and fine gifts

in the shop. Take a guided tour in the garden with focus on herbs, have a coffee and enjoy the beautiful nature.

Photo: Familjen Helsingborg Address: Ånhultsvägen 84, Åsljunga Phone: +46 70 83 84 866 Internet: www.frideborgsboden.se Email: info@frideborgsboden.se

### Ingeborrarp museum & farm shop



From April to September you can stroll around among the houses, and experience what it was like 150 years ago. You can eat at the inn and

look at décor and crafts and try delicacies in the shop!

Photo: Familjen Helsingborg Address: Ingeborrarp 406, Örkelljunga Phone: +46 435 531 00 Internet: www.ingeborrarp.se/en/ Email: info@ingeborrarp.se

### Kullasparris



It is hard to find places like Kullasparris. Åsa and Johan Sjöblom searched for a long time after a place in Kullabygden where they could finally

get started with organic asparagus cultivation. They suceeded, and the farm shop is now situated in Hässlebo. The idea of Kullasparris was to develope a business that besides cultivation and the sale of asparagus, also has the possibility to offer food - and people interested in cultivation the opportunity to cultivating, reap and learn more about asparagus. Because of that, you can find something so different as a safari. Not tigersafari - asparagus safari. During an asparagus safari you will get your questions about asparagus cultivation answered, and much much more.

Photo: Familjen Helsingborg Address: Hässlebovägen 12-22, Jonstorp Phone: +46 76 20 27 18 Internet: www.kullasparris.se

### Kärra Gårdsslakteri & Rökeri



The small slaughterhouse where the quality goes before quantity. Rearing, slaughter, cutting and packing - chicken, goose, duck and turkey.

#### Photo: Pixabay

Address: Helsingborgsvägen 548, Ängelholm Internet: www.yourvismawebsite.com/karra-gardsslakteri Email: jb.karragard@gmail.com

#### Lindegrens



In the beautiful Sinarps valley outside Båstad, a footpath goes directly to the farm where cows of the country breed red-balled pasture. The

animals are fed exclusively with organically grown grass and herbs. This feed gives a high content of the healthy Omega-3 fat and the result is simple and natural - a tasty and juicy beef, which is sold in the shop on the farm.

Photo: Familjen Helsingborg Address: Sinarpsvägen 164, Båstad Phone: +46 70 29 13 171 Internet: www.lindegrens.se Email: kontakt@bjarerodkulla.se

#### Vikentomater



Do you have a craving for tomatoes in all shapes and colours? If that's the case, you should pay attention to the company Vikentomater, which has

a large cultivation with an assortment of around 100 different kinds of tomatoes. Susanne and Mats Olofsson is the couple who runs Vikentomater, but for them it is not just a way to make a living, it is more like a lifestyle. On Saturdays during peak season, there is a market hall where other producers of localy produced food and delicacies are given the opportunity to sell their goods. They also have a guest kitchen where they invite chefs who cook in front of an audience.

Photo: Familjen Helsingborg Address: Rågången 41, Viken Phone: +46 42 400 00 35 Internet: www.vikentomater.se Email: info@vikentomater.se

#### Wärsjönäs interiör & Lantliv



Wärsjönäs is a shop in the countryside where you can buy beautiful art and home furnishing accessories. However visiting the shop is a

experience in itself. In the shop there's a iron stove that crackle and outside the windows you see arabian horses on one side and the vast lake Värsjön on the other side. On the side towards the lake there's a big lawn that is perfect for a fika in the summertime. Here is also a jetty with seatings and garden umbrellas.

Photo: Familjen Helsingborg Address: Värsjö 6350, Skånes Fagerhult Phone: +46 43 35 01 80 Internet: www.warsjonas.se

### RESTAURANTS



Familjen Helsingborg

Here in Skåne, we´re especially proud of our excellent food - particularly our local organic produce.

### Bistro Grodlår & Timjan



Båstad has a French-style inn, Bistro Grodlår & Timjan, with a menu that includes both escargots á la provencale and salted Swedish brisket of beef.

The kitchen combines different cuisines, just like in Paris.

Photo: Familjen Helsingborg Address: Köpmansgatan 4, Båstad Phone: +46 43 17 01 66 Internet: www.bistrogrodlar-timjan.se Email: info@bistrogrodlar-timjan.se

#### Ostbutiken



Serve lunch, soup and salad.

Photo: Ängelholms Näringsliv Address: Storgatan 19, 262 37 Ängelholm Phone: +46 43 12 63 33 Internet: www.ostbutiken.com Email: info@ostbutiken.com

### **Restaurangen HUS 57**



At Hus 57 our passion is delicious food and drinks. We offer savory food made from scratch using fresh local produce, often with greens and

vegetables as a base while making sure no food goes to waste. Our menu is designed depending upon availability of freshest seasonal produce we can find among our unique local suppliers. We carefully evaluate and select our local farmers to get the freshest local and quality-assured produce. In this process, we understand that awareness of sustainable, organic and nutritional food provides better quality and is essential for our environment and future of our community.

Photo: HUS 57 Address: Östergatan 57, Ängelholm Phone: +46 431 57 57 57 Internet: www.hus57.se Email: info@hus57.se

### Pausa hos oss på Ven



A really real dream project for both of us and we hope that you will also hos ost feel a warm welcome to our gem and enjoy our kitchen where we cook

with love and care for a sustainable future.

Photo: Pausa hos oss på Ven Address: Kyrkbackens hamn, 260 13 Sankt Ibb, Ven Opening hours: See our website Phone: +46 418 - 722 20 or send an sms +46 731 560206 Internet: https://pausahososs.se/ Email: info@pausahososs.se More Info: Open for season 1 of April 2021 - end of

september 2021.

#### Matscenen



Fate united the local landskrona son Tobias and the Stockholm boy Elias on a rainy Christmas Eve 2017. Their great interest in

food culture and champagne laid the foundation for their next project: The food scene. With great commitment and a lot of creativity, they seek perfection in simplicity. The flavors are released and the raw material gets to show off its best side.

Welcome all life enjoyers to the theater bistro located in the heart of Landskrona.

Photo: Landskrona stad

Address: Järnvägsgatan 2, 261 32 Landskrona Opening hours: Tuesday-Thursday 11:30-Late, Friday 11.30-00.00, Saturday 11.00-00.00 Phone: +46 418 77 00 11 Internet: https://matscenen.se/ Email: hej@matscenen.se

## Bjäre Fisk & Skaldjur



You will find Bjäre Fisk & Skaldjur in the cozy Magnarps Hamn with adorable views of Skälderviken and Kullaberg and with the

Kattegattsleden as the nearest neighbor. Come in and enjoy the calm and family atmosphere. They really love what they do and work all the time to have a wide range with the highest quality and local ingredients from the countryside!

Welcome to enjoy good food in the restaurant or

buy fresh delicious fish in the shop.

Photo: Ängelholms Näringsliv Address: Magnarpsvägen 80, 266 54 Vejbystrand Phone: +46 0431-45 23 00 Internet: https://www.bjarefiskochskaldjur.se

### **Klitterhus Restaurang**



The chefs have high ambitions to create food of really high class from the best ingredients. They are served by their friendly staff who also

help you in your choice of menu and drinks from their well-stocked wine cellars.

You can enjoy food with a fantastic view of Skälderviken, just a few meters from the waves

Photo: Ängelholms Näringsliv Address: Klittervägen 45, 262 63 Ängelholm Phone: +46 0431 - 13530 Internet: http://www.klitterhus.com Email: info@klitterhus.com

### Bryggan in Höganäs



Situated in the harbour of Höganäs, in the front row with view over Öresund, you'll find the restaurang Bryggan. With its wonderful outdoor

seating and their appetizing menu, Bryggan is one of the most popular restaurants in town. Try Bryggans shrimp trawl, the fishsoup or the Bryggburger. The menu combined with a sunny and beautiful summer day is hard to beat. When you get enought of the food, Bryggan also has a hotel next door.

Photo: Familjen Helsingborg Address: Småbåtshamnen 16 B, Höganäs Phone: +46 42 34 03 60 Internet: www.hoganasbrygga.se Email: info@hoganasbrygga.se

#### Drottninggatan 35



On Drottninggatam 35 we cook with flavors that are typical for this part of the world and with seasonal ingredients. We serve dishes and wines that will

get you and your friends to enjoy and feel good. You're as welcome when you just want to drink something as when you want to eat. The bar offers drop-in seats at the bar and you can book a table in the dining room, by mail or phone.

Photo: Familjen Helsingborg Address: Drottninggatan 35, Helsingborg Phone: +46 42 14 15 57 Internet: www.drottninggatan35.se Email: info@drottninggatan35.se

#### Eriktorps Kungsgård



The beautiful Erikstorps Kungsgård is a restaurant run by Daniel Berlin, a well-known name in culinary circles. Behind the manor, the

restaurant's own herbs and vegetables are grown in long, raised beds. You can't get much more locally produced than that. The wines are also selected with care, and are often organic wines from small vineyards.

Photo: Familjen Helsingborg Address: Lill-Olas väg 31, Landskrona Phone: +46 41 82 60 75 Internet: www.erikstorpskungsgard.se Email: bokning@erikstorpskungsgard.se

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#### Feskeboa



It's hard to avoid the pleasing scent of fresh fish, when you pass by the restaurant Feskeboa. With its fantastic location in the harbour of Mölle,

and with a menu with parallels to the sea, Feskeboa is a big favorite. In the summer you can enjoy the sun on the cozy outdoor seating and in winter, there is places to sit inside. On the menu you'll find salmon salad, shrimp toasts and fishsoup.

Photo: Familjen Helsingborg Address: Mölle hamn, Mölle Phone: +46 42 34 77 60 Internet: www.kullaliv.se/se/mat-dryck/feskeboa-molle-hamn/

### Holy Smoke BBQ



In the small village of Nyhamnsläge, you'll find the restaurant Holy Smoke BBQ. It is different from everything else you can imagine. They

describe their food as "delicious, simple food without all the unnecessary stuff", and that goes well. The mood in the unique environment is relaxing and here you can enjoy the tasty smoked meat, inspired by meat and food in Texas, USA. Don't miss the shortribs and the amazing street-food burgers!

Photo: Familjen Helsingborg Address: Krapperups Kyrkoväg 116, Nyhamnsläge Phone: +46 42 77 303 Internet: www.holysmokebbq.se Email: info@holysmokebbq.se

#### Kol & cocktails



Kol is a restaurant and bar in Helsingborg. A natural meeting place for those who want to eat and drink in a pleasant atmosphere. Just as the

name suggests, much of the menu charcoal-grill from seafood to fish, vegetables and fruit. There are also vegetarian options.

Photo: Familjen Helsingborg Address: Södra Storgatan 11-13, Helsingborg Phone: +46 42 400 40 60 Internet: www.kolhelsingborg.se Email: kontakt@kolhelsingborg.se

#### Margretetorp



Margretetorp Inn is located by the Bjärehalvön peninsula on the sunny side of Hallandsåsen at the edge of the green beech forest,

Margaretetorp they proudly preserve the culinary traditions of Skåne, following the changing of the seasons and promoting local produce. At the same time they complement this with contemporary favourites and create a menu with attractive choices for all tastes.

Photo: Margaretetorps Gästgifvaregård Address: Kägle väg 9, Hjärnarp Phone: +46 431 45 44 50 Internet: www.margretetorp.se Email: info@margretetorp.se

### Pumphuset



This wonderful building with the enormous view is a fantastic choice for holding parties and celebrations that mean most to you. You can sit

separately in the beautiful art gallery or in the dining room.

Photo: Niclas Lundblad, Landskrona stad Address: Nedre gatan 97, Landskrona Phone: +46 41 81 31 30 Internet: www.pumphuset.nu Email: boka@pumphuset.nu

### Pålsjö Mat & Bar



Pålsjö is not only a very good restaurant, it will also give you an easy-going, vibrant and more accessible meal experience. This is a

restaurant where you can spontaneously drop in after or during a walk along the beach. The view is still the best in town, and we have more than just oysters in the oyster bar, e.g. sardines..

Photo: Familjen Helsingborg Address: Drottninggatan 151, Helsingborg Phone: +46 42 14 97 30 Internet: www.palsjomatbar.se Email: info@palsjokrog.se

### Scandlines HH- Tura



When in Helsingborg, don't miss out on one of the locals favourite experiences; tura! To "tura" means to ride the ferry between

Helsingborg and Elsinore and stay on the ferry for a while without jumping off in Elsinore. Basically, you ride back and forth between the two cities. Enjoy food and drinks in the onboard restaurant during the trip and stay onboard as long as you wish.

Photo: Familjen Helsingborg Address: Knutpunkten 43, Helsingborg Phone: +46 42 18 61 30 Internet: www.scandlines.com/on-board/gastronomy.aspx Email: restaurangbokning@scandlineshh.com

### Sillen och Makrillen



Sillen & Makrillen is a restaurant in Helsingborg is situated right by the water with a lovely view over the strait and Denmark. A place to relax

and watch the boats pass by while the sun slips below the horizon. Glorious on a summer's day, but why not enjoy a tasty supper on a dark autumn day with the stormy winds and the waves beating against the windows.

At Sillen & Makrillen, the focus is on the food and the sea, in particular fish and shellfish. They work with selected ingredients from local suppliers and have a changing menu with seasonal selections.

Photo: Familjen Helsingborg Address: Gröningen Norra 1, Helsingborg Phone: +46 42 28 15 53 Internet: www.sillenmakrillen.se Email: info@sillenmakrillen.se

## Spirit of Hven Backafallsbyn



The restaurant's skilled chefs will be doing the utmost to meet all your specific requests, and they always add their own gastronomic surprises.

The restaurant is located in a modern and

spacious area and is available for culinary events of any kind. And they have their own whisky distillery.

Photo: Familjen Helsingborg Address: Norreborgsvägen 55, Sankt Ibb Phone: +46 418 44 99 99 Internet: www.backafallsbyn.se

# CAFES



Clara Lidstrom

### Albertsgården



Café Albertsgården truly defines how a pure Scanian café should look like. The farm is a Scanian three-divided farmhouse from the

1800s. The farm was bought by Albert and Anna Olofsson 1943 and Albert is the man who the farm is named after. Today it is their granddaughter Diana who runs the café. The homemade cookie buffet is fantastic and it is enjoyed best together with a hot cup of fresh brewed coffee in the garden or in the redesigned stable.

Photo: Albertsgården Address: Farhultsvägen 408, Farhult Phone: +46 42 68 445 Internet: www.albertsgarden.se Email: info@albertsgarden.se

### Ice Cream And Waffel Stall In The Homestead Park



In the ice cream and waffel stall in the Homestead Park there is a large selection of ice creame. You can also enjoy a cup of coffe and a

waffel with crem and jam.

Photo: Glass & Våffelstugan i Hembygdsparken Address: Thorslundsgatan 13, Ängelholm Phone: +46 73 83 18 412 Internet: https://www.hembygd.se/angelholm Email: glassovaffelstugan@hotmail.com

### Pumpans Café & restaurang



Under the lush oak trees of the Pumpkin Café, you can relax in our garden and enjoy our mediterranean inspired, vegetarian,mostly organic

cuisine. Our pizzas are menu favorites. Breads and cakes are baked with flour from our own stonemill, and we use natural sweeteners such as maple syrup and raw sugar. Our homemade apple juice has a hint of cinnamon and our coffee beans are roasted on the premises.

Photo: Clara Lidstrom

Address: Landsvägen 136 26013 Sankt Ibb ( Ven ) Opening hours: 16 maj - 30 augusti - closed Fridays Phone: +46 72-362 18 70 Internet: http://www.pumpans.com/ Email: urban@pumpans.com

### Café Étoile



The ingredients and the service is in focus at Café Étoile, giving you an positive experience in a cozy environment with high comfort. Enjoy

freshly squeezed juices, healthy salads and other lunch alternatives!

Photo: Familjen Helsingborg Address: Drottninggatan 27, Helsingborg Phone: +46 70 94 10 900 Internet: www.cafeetoile.se Email: amor@cafeetoile.se

#### Ebbas Fik



Ebbas Fik won the title of Sweden's best cafe in 2010 and is great fun for those who appreciate 1950s design. You will be impressed by the decor.

Every detail, from vinyl furniture and the jukebox to the smallest coffee spoon, is from that era. The cafe serves freshly ground coffee, hearty sandwiches, fresh salads, large, well-filled baguettes and the famous Elvis Burger with the king of rock & roll's recipe.

Photo: Familjen Helsingborg Address: Bruksgatan 20, Helsingborg Phone: +46 42 28 14 40 Internet: www.ebbasfik.se Email: ebbasfik@ebbasfik.se

#### Ellens Café i Ransvik



Ransvik, in the Kullaberg Nature Reserve, way out on the Kulla Peninsula, is one of the most scenic places in Sweden. Mighty ocean waves roll in just a few metres from Ransviksstugan, where guests have a front-row view of paradise.

Photo: Familjen Helsingborg Address: Italienska vägen, Kullabergs Naturreservat Phone: +46 42 34 76 66 Internet: www.ransvik.se

#### Fahlmans Konditori



An institution in the city's café culture. Offers a traditional range of bread, cakes and sandwiches. Pleasant indoor area and the

summer's best location for sitting outdoors. The Danish pastries are fabulous.

Photo: Familjen Helsingborg Address: Stortorget 11, Helsingborg Phone: +46 42 21 30 60 Internet: www.fahlmans.se

### Fika på Torpet



Fika på Torpet is located on the slopes of Hallandsåsen above Västersjön. Here you can enjoy coffee and homemade goods in a

lovely environment.

The woodlands around the café has a lot of history and are great for a hike.

Photo: Ängelholms Näringsliv Address: Övre Västersjövägen 287, Hjärnarp Phone: +46 73 03 28 348 Internet: www.fikapatorpet.se

### Flickorna Lundgren på Skäret



Great coffee house and restaurant located in the small village of Skäret, between Arild and Jonstorp, on the beautiful Kullahalvön peninsula.

Photo: Familjen Helsingborg Address: Skäretvägen 19, Skäret Phone: +46 42 34 60 44 Internet: www.fl-lundgren.se Email: info@flickornalundgren.se

## Konditori Centrum Ängelholm



Konditori Centrum Ängelholm sell inviting pastries such as bread, cookies, cakes and homemade ice-cream. Everything comes from

the well-known bakery in Munka-Ljungby.

Photo: Lena Evertsson Address: Storgatan 17, 26237 Ängelholm Phone: +46 43 11 34 00

## Mölle Krukmakeri and Café



At the foot of Kullaberg, in the small village of Mölle, you can find Möllle Krukmakeri and Café which stands for the irrational, the slow and

perhaps somewhat recalcitrant. Besides the ceramics workshop, there is also a café. This little café serves thousands of guests every year, and what's served is simply odd beautiful music in all shapes, cookies and all sorts of bad treats that would make a weight watcher fade, hot soups. fresh pasta, lasagnia and greek moussaka, and some truly strong Chilistew. All this together in a environment you would hopefully not find anywhere else. In the serviceteam you will find some really happy girls, young nobles and some scattered hillbillies.

Photo: Familjen Helsingborg Address: Mölle Hamnallé 9, Mölle Phone: +46 42 34 79 91 Internet: www.mollekrukmakeri.se Email: mollekrukmakeri@hotmail.se

### Nisses Konditori



Nisses patisserie started in 1936 and got its name after the founder Nils Sandberg. Everything that is sold in the store is baked by hand in our own

bakery. We choose the best raw materials and do not add any preservatives or additives.

We offer our customers a wide range of traditional products with high quality that are baked with joy and care.

Photo: Nisses konditori Address: Höjavägen 24, Ängelholm Phone: +46 43 11 05 53 Internet: www.nisseskonditori.se Email: kontakt@nisseskonditori.se

### **Milles Boutique**



In the most beautiful rural locations, in the middle of nowhere Milles Boutique attracts loads of tourists and locals every year. Maybe it's the

gravel roads that draw people attention. Or it might be the homemade ice cream, or the homemade scones with buttercream and jam? Either way, this place is perfect with or without kids, who doesnt love to snoop around in the many drawers of chest around the house? Almost everything you can see can be bought.

Photo: Familjen Helsingborg Address: Tockarp 547, Örkelljunga Phone: +46 73 03 52 849

### Zoégas Café & Shop



A gem for all coffee lovers. The coffee grinder has been turning in the shop window since 1931. None of the interior fittings have been

touched since then. Shop fittings in mahogany, marble floor, beautiful brass details, coffee-grinders and a beautifully painted ceiling.

Photo: Familjen Helsingborg Address: Drottninggatan 30, Helsingborg Phone: +46 42 21 63 00 Internet: www.zoegas.se/kaffevarlden/zoegas-cafe-butik

## GOLF



Familjen Helsingborg

We've never been known for our modesty. But now we are really going to brag. The fact is that Northwest Skåne has the world's second highest concentration of golf courses. Only Florida has a higher concentration. We have 25 golf clubs and 31 courses within 40 minutes of Helsingborg. And these aren't just any courses. The vary in character between coastal and inland, with differing degrees of difficulty to suit everyone from beginners to professionals. When you want to play a round, it is always an advantage if the course isn't covered with snow. Snow is rare this far south in Sweden, so most courses are open all year round.

### Allerum Golfklubb



The golf courses at Allerum offers 27 holes combined with a beautiful nature experience. The course called "Ängsbanan" is designed

by Hans Fock and opened its first nine tees 1993 and was completed with another nine tees 1995.

The other course, "Parkbanan", is a 9-hole course that's also open for players without a green card. A big driving range, several putting greens and a restaurant are also available at Allerum.

Photo: Familjen Helsingborg Address: Tursköpsvägen 154, Allerum Internet: www.allerumgk.nu

### Bjäre Golfklubb



Photo: Familjen Helsingborg Address: Salomonhögsvägen 336, Båstad Internet: www.bjaregolfklubb.se

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### **Båstad Golfklubb**



Photo: Familjen Helsingborg Address: Boarpsvägen 212, Båstad Internet: www.bgk.se

### Helsingborgs Golfklubb



Helsingborg golf club was founded year 1924 and is one of Swedens first golf clubs. The course is beautifully located right next to the sea. The first

official club champion was the swedish Prince Sigvard that often played the course during the summer season.

Photo: Mickael Tannus Address: Golfbanegränd 2, Viken Internet: www.helsingborgsgk.com

### Höganäs Golfklubb



Photo: Familjen Helsingborg Address: Friluftsvägen 5, Lerberget Internet: www.hoganasgk.se

### Landskrona Golf Club



Landskrona Golf Club's two 18-hole parkland and seaside courses provide plenty of variation and challenges for golfers. They also offer

stimulation for the soul with their wonderful views over the Öresund sound with Ven and Denmark in the background.

Photo: Anders Ebefeldt Studio\_e.se Address: Erikstorp, Landskrona Phone: +46 418 44 62 60 Internet: www.landskronagk.se

### Ljungbyheds Golfklubb



Photo: Familjen Helsingborg Address: Monomentvägen 2, Ljungbyhed Internet: www.ljungbyhedsgk.se

### Lydinge Golf Resort



Lydinge Golf Resort is located in Hyllinge, one mile outside Helsingborg and has a very interesting and challenging 18-hole park course in slightly

undulating terrain. In addition to driving range with fine target greens, there is a 7-hole card course as well as pay and play. The course offers unique conditions for golf games and is fun to play during all seasons.

Lydinge Resort has a total experience with hotels, golf courses, restaurant and relaxation.

Enjoy the relaxation with sauna and whirlpool and the incredibly beautiful nature.

Photo: Familjen Helsingborg Address: Lydingevägen, Hyllinge Phone: +46 (0) 42 22 55 46 Internet: www.lydinge.com

### Mölle Golfklubb



Photo: Familjen Helsingborg Address: Italienska vägen 215, Mölle Internet: www.mollegk.se

#### **Perstorps Golfklubb**



Photo: Familjen Helsingborg Address: Gustavsborg 501, Perstorp Internet: www.perstorpsgk.se

#### Rya Golfklubb



Photo: Familjen Helsingborg Address: Rya golfbaneväg 20, Helsingborg Internet: www.rya.nu

#### S:t Arild Golfklubb



Photo: Familjen Helsingborg Address: Golfvägen 48, Skäret Internet: www.starild.se

#### St Ibbs Golf Club



The golf course on the island of Ven is a combined 9-hole parkland and seaside course with extensive views over the Öresund sound.

Photo: Familjen Helsingborg Address: Marielundsvägen 50, St Ibb Internet: www.stibb.se

### Söderåsens GK



Photo: Familjen Helsingborg Address: Risekatslösavägen 8, Billesholm Internet: www.soderasensgk.se

### **Torekovs Golfklubb**



Photo: Familjen Helsingborg Address: Råledsvägen 31, Torekov Internet: www.togk.se

### Vasatorps Golfklubb



Vasatorps golf club is one of the largest golf facilities in Sweden. It offers three courses and excellent training facilities. The course,

reastaurant and training area attracts both beginners and players from the PGA European Tour.

Photo: Familjen Helsingborg Address: Vasatorps Allé, Mörarp Internet: www.vasatorpsgk.se

## Woodlands Country Club



Woodlands Golf & Country Club is placed in a hilly Swedish forest landscape with many lakes only 20 minutes by car from Helsingborg and

60 minutes from Copenhagen.

Besides a magnificent 27-hole golf course, Woodlands consists of a professional golf academy and a modern club house with golf shop and restaurant.

In the gated area of the club, you can enjoy life in stylish houses designed exclusively for Woodlands. Most families use their Woodlands home as a leisure get-away, but an increasing number of families choose to live here all year round.

Photo: Familjen Helsingborg Address: Rya 472, Örkelljunga Internet: www.woodlands.se

### Ängelholms Golfklubb



Ängelholms GK is one of Northwest Skåne's most attractive golf courses with a challenging layout and pleasant forest environment.

Photo: Ängelholms Golfklubb Address: Vasatorpsvägen 183, Munka Ljungby Phone: +46 0431-43 02 60 Internet: www.angelholmsgk.se Email: info@angelholmsgk.se

### Åkagårdens Golfklubb



Åkagårdens Golfklubb ligger mitt på natursköna Bjärehalvön. En kuperad parkbana med milsvid utsikt över det Skånska landskapet. En välskött

bana, par 71, och anläggning med restaurang och övningsområde.

Banan, som är en 18-hålsbana av landskapskaraktär, är kuperad och från ett flertal ställen har man en vidunderlig utsikt över Skälderviken. Den kuperade terrängen har gjort layouten på ett flertal ställen riktigt spektakulär. Banan är ca 5600 meter från gul tee och 4600 meter från röd.

Båda slingorna börjar och slutar vid klubbhuset och det finns därför goda möjligheter att bara spela nio hål eller kanske ytterligare nio hål efter en lunch i den trevliga golfkrogen. Från det trivsamma klubbhusområdet som omfattar kansli, omklädningsrum, shop och golfkrog är utsikten över landskapet betagande. Det finns golfbil att hyra. Endast softspikes är tillåtna. Hundar i koppel får tas med på banan. Photo: Familjen Helsingborg Address: Lyngåkravägen 39, Båstad Internet: www.akgk.se

# Äppelgårdens Golfklubb



Photo: Familjen Helsingborg Address: 6608 Hemmeslöv, Båstad Internet: www.appelgarden.se

### Öresund Golf Club



A modern parkland golf course close to the sea with a winding route amongst gentle hills, water and trees. It's a short golf course, but

quite a technical one.

Photo: Familjen Helsingborg Address: Barsebäcksvägen 70, Häljarp Internet: www.oresundsgk.se

## HOTELS



Familjen Helsingborg

### **Radisson Blu Metropol Hotel**



The Radisson Blu Metropol Hotel, Helsingborg is ideally placed in the city center and close to an array of transport options.

Business travelers enjoy being near several corporate offices, such as IKEA, while leisure guests appreciate easy access to the beaches of Öresund. Walk to the iconic Kärnan tower then spend an afternoon shopping and dining at the Stortorget, a pedestrian area filled with medieval architecture and lots of restaurants. Each of our 205 elegant rooms and suites includes Free high-speed, wireless Internet, a flat-screen television and individual climate control.

Sample local and international dishes at our on-site restaurant, Nelly's Food Etc. After dinner, stop by Nelly's Lounge Bar for a cool cocktail or a glass of your favorite wine. Our fitness center makes it easy to maintain your workout routine. You can also enjoy services such as secure on-site parking and 24-hour room service. For those planning a meeting or special occasion, the hotel offers 8 versatile meeting rooms and a spacious event area to host conferences, seminars, banquets and other events. Golfers can take advantage of great packages through our partnership with Vasatorps Golf Club.

Photo: Familjen Helsingborg Address: Carl Krooks gata 16, Helsingborg Phone: +46 42 62 37 900 Internet: www.radissonblu.com/en/hotel-helsingborg Email: info.helsingborg@radissonblu.com

### Klitterhus



With its traditions beginning early in the 20th century, our historic seaside hotel is right on the beach in the beautiful bay of Skälderviken. For

many years it has been a natural meeting place for the residents of Ängelholm who enjoy swimming, a walk on the sand, and the chance to have a drink and a good meal. Because the hotel setting is as close to the beach you can come without getting wet, the feeling is really "living by the sea" and is most keenly felt and heard by the sound of the waves which are on the doorstep. This has always been known to bring a peacefulness and calmness which sharpens the mind and senses.

One of the benefits that Klitterhus has by not being a large hotel is its cosiness. With just 14 double rooms, the atmosphere is very warm and personal.

All rooms are restored and redecorated in light, modern colours, although the original styling and feel is always kept in mind and can be found in the details. Most of our rooms face the sea with a breath-taking view overlooking Kullaberg and towards the Danish coastline.

Why not try a couple of relaxing quiet nights in

our comfortable beds, where the only sound you hear, is the sea lapping at the sand outside your window?

Photo: Klitterhus Address: Klittervägen 45, 26263 Ängelholm Phone: 0046 0431 - 135 30 Internet: 0046 0431 - 135 30 Email: info@klitterhus.com

### Hotel Öresund Conference & Spa



Hotel Öresund Conference & Spa, invites you to a unique experience in Landskrona

Photo: Hotel Öresund Conference &Spa Address: Sofia Albertinas Plats 5, 261 31 Landskrona Phone: +46 (0)418-47 40 00 Internet: www.hoteloresund.se Email: bokning@hoteloresund.se

#### Spirit of Hven - Backafallsbyn



On the island of Hven located in the strait of Öresund between Denmark and Sweden lies Spirit of Hven – a distillery as well as a four

star Conference and Hotel resort with Restaurant and Pub. Spirit of Hven Backafallsbyn is situated on an island rich in agricultural heritage. The surrounding region is home to some of Sweden's absolute best producers of agricultural products, which explains why we at Spirit of Hven emphasise use of local raw materials.

Photo: Landskrona stad Address: Norreborgsvägen 55, 260 13 Sankt Ibb Phone: +46(0)418 - 449999 Internet: http://www.hven.com

### **Best Western Hotel Duxiana**



Our collaboration with the bed manufacturer DUX guarantees a focus on highly comfortable beds, perhaps the most comfortable in Sweden?

We want you to sleep well as our guest so that you can enjoy your stay in Helsingborg, whether it is for business or pleasure.

Photo: Familjen Helsingborg Address: Bruksgatan 40, Helsingborg Phone: +46 42 13 23 40 Internet: www.helsingborg.hotelduxiana.com Email: info@helsingborg.hotelduxiana.com

#### **Best Western Plus HUS 57**



Best Western Plus, HUS 57 offers 112 rooms in 6 different room categories. While most rooms are double rooms, two suites with private walkout

terraces.

Photo: HUS 57 Address: Östergatan 57, Ängelholm Phone: +46 431 57 57 00 Internet: www.hus57.se Email: info@hus57.se

#### **Hotel Riviera Strand**



Hotel Riviera is a hotel for the entire family. Here, you can bring your children but at the same time get a chance to relax while the kids

participates in fun activities. With the beach outside the door, a nice indoor pool and the Flamingo club, Hotel Riviera Strand is the perfect family getaway. Add beautiful suites, amazing scenery, creative cocktails and local food and you will have an amazing vacation.

Photo: Hotel Riviera Strand Address: Rivieravägen 33, Båstad Phone: +46 43 17 85 00 Internet: www.hotelrivierastrand.se/en/ Email: info@rivierastrand.se

### The Vault Hotel Hälsingborg



If you look up the word "vault" in the dictionary, you will see that one of the definitions is "a secure room in a bank in which valuables are

stored". And you may well have known that already. Whether you did or not, it is not unreasonable to ask what that has to do with a hotel in Helsingborg, Sweden. Quite a lot, actually, as The Vault Hotel is built on an authentic bank vault from the beginning of the last century. From the time the building itself was a bank. But if you hear a tinkling sound today, it probably isn't change being counted – it's more likely to be ice cubes landing in a glass to chill it for your Manhattan.

Welcome to The Vault – the hotel that is steeped in roots and traditions. The hotel see everyone who visits them as their friend, no matter whether you have just dropped in for an espresso, a few olives and a cold beer in the trattoria, are here for a meal in the restaurant, or intend to spend the night sleeping soundly in one of our sumptuous beds.

Photo: Familjen Helsingborg Address: Stortorget 20, Helsingborg Phone: +46 42 37 18 00 Internet: www.thevaulthotel.se Email: reception@thevaulthotel.se

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### **Clarion Grand Hotel**



Clarion Grand Hotel is one of Helsingborg's most classic hotels with a unique history and atmosphere. The hotel is perfectly located in the

town square in a nice part of central Helsingborg. Right next door you will find the shopping street, and less than five minutes' walk from the hotel is the hub and the ferry to Denmark. The hotel restaurant and bar, Kitchen & Table by Marcus Samuelsson, offers you an exciting menu with influences and inspiration from Manhattan, combined with local flavours and ingredients. Downstairs in the hotel is Spa Savor, inspired by Japan.

Photo: Familjen Helsingborg Address: Stortorget 8/12, Helsingborg Phone: +46 42 38 04 00 Internet: www.nordicchoicehotels.se/clarion/clarion-grand-ho tel-helsingborg/ Email: cl.grandhelsingborg@choice.se

### **Comfort Hotel Nouveau**



A hotel with a difference. That is good for business travelers, romantic getaways and family weekends. Great location and quality rooms at good

rates.

Photo: Familjen Helsingborg Address: Gasverksgatan 11, Helsingborg Phone: +46 42 37 19 50 Internet: www.nordicchoicehotels.com/hotels/sweden/helsing borg/comfort-hotel-nouveau/ Email: co.helsingborg@choice.se

### Elite Hotel Marina Plaza



In central Helsingborg at the edge of the Öresund is the Elite Hotel Marina Plaza. With the marine environment as a constant theme, both

indoors and outdoors, the hotel has created the atmosphere that currently characterises the Elite Hotel Marina.

Guests can relax in the bright, airy atrium and lobby which is a central focal point of the hotel, and where you can enjoy something cool or warm to drink and rest your legs after a day in the town or get in the mood for tonight's dinner. If you want to eat well, you don't have far to look. The Aqua Restaurant, the Lobby Bar, The Bishop's Arms and Oceano (open during the summer) make sure there is something for all tastes.

Photo: Familjen Helsingborg Address: Kungstorget 6, Helsingborg Phone: +46 42 19 21 00 Internet: www.elite.se/sv/hotell/helsingborg/marina Email: info.marinaplaza@elite.se

#### **Elite Hotel Mollberg**



Traditional, old and newly renovated hotel is centrally located in the Main Square in Helsingborg. Here are French brasserie Café le

fil du Rasoir, pub The Bishops Arms and sauna.

Photo: Familjen Helsingborg Address: Stortorget 18, Helsingborg Phone: +46 42 37 37 00 Internet: www.elite.se/en/hotels/helsingborg/hotel-mollberg/ Email: info.mollberg@elite.se

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#### **Hotell Erikslund**



Hotell Erikslund is a comfortable and fresh hotel. We wish our guests to have a nice and pleasant stay while visiting the north-western

part of the district of Skåne.

Regardless of whether you are here on business, at a conference, with your family or friends, a tourist, on a coach trip or with your club – you will have a pleasant stay, because we have room for everyone!

Photo: Ängelholms Näringsliv Address: Åstorpsvägen 15, Ängelholm Phone: +46 43 14 15 700 Internet: www.hotellerikslund.se Email: reception@hotellerikslund.se

### **Grand Hôtel Mölle**



It's easy to feel at home at the beautiful Grand Hotel in Mölle - and so it has been for hotel guests for over 100 years. People came here at the

beginning of the century to spend weeks enjoying life in a seaside hotel. To this day the hotel has a family atmosphere, to which guests regularly return. The hotel has 45 rooms, many with balconies and sea view. Locally produced and organic ingredients both touch and inspire the hotel's kitchen. Local specialties are, of course, whatever the sea has to offer, as well as the earth's wonderful bounty. Kullabygden and Mölle are now attracting more and more people who appreciate what is genuine and beautiful.

Photo: Familjen Helsingborg Address: Bökebolsvägen 11, Mölle Phone: +46 42 36 22 30 Internet: www.grand-molle.se Email: info@grand-molle.se

#### Hotel Lilton



Lilton is a charming small hotel built in the late 1800´s. It is beautifully situated beside the Rönne River. We have everything you need,

such as wireless internet, parking and we are licensed to sell beer and wine.

There is a lovely garden running down to the river, where you can eat your breakfast or just sit and relax when the weather permits.

### Welcome!

Photo: Lilton Address: Järnvägsgatan 29, 262 37 Ängelholm Phone: +46 431 44 25 50 Internet: www.hotel-lilton.se Email: lilton@hotel-lilton.se

#### Hotel Skansen, Båstad



At Hotel Skansen, the story is literally in the walls. The house was built as a granary in 1877, and in the 1920s was converted into a

hotel and meeting place for prominent bathing and tennis guests. Hotel Skansen is now a high-class resort. Enjoy food, wine and friends in the famous Restaurant Sand, meet over a cup of tea in nature-inspired conservatory and chat for a while by the fire in the Tennis Pavilion. All over the resort are tastefully designed places to meet and socialise. The hotel's spa is designed to appeal to all your senses, with cold baths, bright Nordic design and a Japanese pool under the open sky. Photo: Familjen Helsingborg Address: Kyrkogatan 2, Båstad Phone: +46 431 55 81 00 Internet: www.hotelskansen.se Email: info@hotelskansen.se

#### V Hotel



Photo: Familjen Helsingborg Address: Fågelsångsgatan 1, Helsingborg Phone: +46 42 14 44 20 Internet: www.vhotel.se/en/ Email: info@vhotel.se

### Örenäs Slott



Örenäs Castle is a lush oasis right at the heart of the coast of Skåne. Here you can choose between a number of cosy hotel packages such as

champagne weekends, golf packages and Ven package. Örenäs Castle is located 10 km north of Landskrona, directly by the Sound and with a magnificent view over the island of Ven.

Photo: Familjen Helsingborg Address: Ålabodsvägen 193, Glumslöv Phone: +46 418 45 11 00 Internet: www.orenasslott.com Email: info@orenasslott.com

#### Margretetorp



A place where you can find peace. In the beautiful half-timbered farmhouse on the sunny side of Hallandsåsen, you can relax. Margretetorp

located at the edge of the green beech forest, surrounded by a wonderful park. This is a Skåne hostelry in its true sense. The farm is built entirely of timber frames, and all of the rooms have exposed beams in the ceiling. All guests have their own private entrance from two beautifully paved courtyards with plants and trickling water.

The kitchen at an inn in Skåne holds a unique position. At least when it comes to food, and this is no exception. Culinary traditions are very important, and the hotel restaurant boasts delicacies from local woods and fields. The kitchen follows the changing seasons and uses produce from local farms.

Photo: Margretetorps Gästgifvaregård Address: Kägle väg 9, Hjärnarp Phone: +46 431 45 44 50 Internet: www.margretetorp.se Email: info@margretetorp.se

#### **Riverside hotel**



Riverside Hotel is a small, affordable and cosy hotel located in the heart of Ängelholm, where you will find a wide selection of shops and restaurants.

Ängelholm offers nice, long, beautiful sandy beaches. The surroundings also offer great opportunities for both cultural experiences and active outdoor activities such as fishing, canoeing, cycling and hiking in amazing countryside. Photo: Riverside Hotel & Apartments Address: Östergatan 27, Ängelholm Phone: +46 431 41 10 02 Internet: www.hotelriverside.se Email: info@riversidehotel.se

## Rusthållargården



Romantic Rusthållargården, which dates back to 1675, is beautifully situated in Arild overlooking the harbour. There is a

high-quality restaurant and the spa department offers different forms of treatments and bathing, with a jacuzzi, swimming pool and sauna. The rooftop terrace offers fantastic views of the cove, the Bjärehalvön peninsula and Kullaberg. The village of Arild is ideal for a relaxing holiday. Wander along the lanes leading through the village down to the harbour. Discover Kullabergsvägen with its mythical locations. Rusthållargården is the perfect place to start from, whether you are looking for adventure or just want to enjoy the silence of nature.

Photo: Familjen Helsingborg Address: Stora Vägen 26, Arild Phone: +46 42 34 65 30 Internet: www.rusthallargarden.se Email: receptionen@rusthallargarden.se

## Scandic Hotel Nord



Explore Helsingborg from the Scandic Helsingborg Nord hotel, just 5 km from the city centre and local attractions. Dine in Berga Bistro while the

children enjoy the playroom, or unwind in the sauna, pool and gym. Business is easy with 12 meeting rooms for 2-180 and wireless Internet access in public areas. Photo: Familjen Helsingborg Address: Florettgatan 41, Helsingborg Phone: +46 42 495 20 00 Internet: www.scandichotels.com/hotels/sweden/helsingborg/ scandic-helsingborg-nord Email: helsingborg@scandichotels.com

### Torekov Hotel



Torekov Hotel is located on the western slope of the Bjärehalvön peninsula, with beautiful forests, ancient stone walls, heaths rich in bird

life and long-horned cows. Right here it's easy to take a step aside and indulge in time to just be. Slip gently into the hotel's hot Japanese outdoor pools, or sip a glass of wine by the fire in the cosy lounge and enjoy the beautiful feeling that characterises life at Torekov Hotel.

In the hotel's personalised spa unit, you can enjoy warm, healing waters, a wonderful steam room, Japanese outdoor pools and an amazing relaxation area with panoramic windows to the sky, sea and earth.

The bistro offers the best nutrition for both your body and your senses. Help yourself to a delicious breakfast buffet each morning and enjoy the evening's menu with local flavours from the Bjärehalvön peninsula.

Photo: Familjen Helsingborg Address: Själaviksvägen 2, Torekov Phone: +46 431 47 16 00 Internet: www.torekovhotell.se Email: info@torekovhotell.se

#### Valhall Park Hotel



A quiet hotel located in a beautiful park, only 1.5 km from the beach. Valhall Park Hotel is located in a beautiful park, just north of

Ängelholm.

We have 70 rooms, of which 5 are suites, all with toilet and shower, cable TV and high-speed Internet access.

Guests may borrow the hotel's bicycles.

Parking is free of charge.

The closest beach for swimming is only 1.5 km away.

The hotel has a non-smoking policy. Pets are allowed in certain rooms.

Photo: Valhall Park Hotell Address: Stjernsvärds allé 66, Ängelholm Phone: +46 431 255 20 Internet: www.hotelvalhallpark.se Email: info@hotellvalhallpark.se

### **Woodlands Country Club**



Imagine waking up in the middle of a beautiful forest. Looking out the window you see a perfectly still lake and the quiet golf court. Just by

stepping outside you are ready to play.

Welcome to a community of golfers who live in the magnificient tree houses in one of Scandinaviums best country clubs.

Here you can rent a luxurious tree house in the middle of the golf court.

Photo: Woodlands Country Club Address: Rya 472, Örkelljunga Phone: +46 43 57 49 193 Internet: www.woodlands.se Email: km@woodlands.se

### CAMPING



Leo Erdfelt/Familjen Helsingborg

#### Råbocka Camping



The Råbocka caravan & campsite is situated in a lovely setting just 2 km outside Ängelholms city. 6 km of sandy beaches offers ample

opportunities to swimm in the sea, while the sand dunes shelters you from the cool breeze. You can take long walks in the surrounding forrest, on one of the well signed posted tracks. "Skåneleden", the footpath leading from the west coast to east coast of Skåne, passes just outside the campsite gates.

Råbocka campsite offers about 300 plots for caravans, campers and tents, all of them with electricity. We can also offer small cottages, sleeping up to 4 persons, all equipped with a small kitchen( but no Wc/shower).

Photo: Ängelholms Näringsliv Address: Råbockavägen 101, Ängelholm Phone: +46 43 11 05 43 Internet: www.rabockacamping.se Email: info@rabockacamping.se

### Mötesplats Borstahusen



Skåne's only 5 star camping site is located right next to the sea in one of the best locations in the Öresund region. A camping site of the

future. It has entirely new service buildings that meet fantastic standards.

The resort offers activities suitable for everyone. Hike along the most beautiful parts of the Skåne Trail, explore nature, visit Spa or just enjoy the sunshine. The proximity to stimulating destinations is apparent. Copenhagen and Helsingør are less than an hour away, and you can see the island of Ven only few kilometres away.

If you prefer to take it easy and enjoy the holiday, you are guaranteed to have a great time on the extensive beach. The child-friendly seashore, with its shallow waters, also suits families with children perfectly.

All of resort's places are equipped with electricity, water/sewage connections, TV and drainage.

In addition, all sites are prepared with roadbeds and suitable for heavy vehicles.

Photo: Leo Erdfelt Address: Lill-Olas väg 30, Landskrona Phone: +46 41 81 08 37 Internet: www.motesplatsborstahusen.se/en/camping Email: bokning@motesplatsborstahusen.se

### Camp Ven - camping/glamping



Choosing Camp Ven is choosing nature and each other's company. With us you can camp in your own tents right up to the beach edge or search for

yourself under the green roof of the trees up in the camp's lovely forest.

However, if you prefer the comfort with a real bed and fixed roof over your head at night, you should choose our small nice cabins and camp-rooms

### Camp with luxury

Glamping, our most glamorous form of camping. Here you sleep in real hotel beds with a luxurious tent experience surrounded by fantastic nature.

Ideal for those who like to camp but feel the extra comfort in the form of a comfortable bed. Our glamping tents are set overlooking the sea, we take care of the nature around us.

Accommodation in our glamping tents includes: Breakfast, final cleaning, bathrobe, slippers and a cozy feeling.

Photo: Camp Ven Address: Camp ven, Husviksvägen, 260 13 S:t Ibb, Ven Phone: +46 (0)418 725 50 Internet: http://www.campven.com/om-camp-ven/ Email: reception@campven.com or booking@campven.com

#### **Båstad Camping**



Båstad's campsite is located in the middle of beautiful nature close to beaches and activities. In the area you can find something that suits everyone, all from the quiet countryside to the lively harbour of Båstad with all its activities and events. The campsite is equipped with a shop, all facilities, a mini golf course, playground, restaurant and much more.

Photo: Båstad Address: Norra vägen 128, Båstad Phone: +46 43 17 55 11 Internet: www.bastadcamping.se/en/index.php Email: info@bastadcamping.se

## Nordic Camping Röstånga



Nordic Camping Röstånga is a campsite by Söderåsen National Park, one of Sweden's most visited tourist destinations. The

campsite has its own fishing lake and lots of activities for all the family. There are six pleasant camping cottages and one large holiday house for hire, available to book all the year round. Heated pool area is included throughout your stay. There are three children's pools and a water slide.

Photo: Röstånga Camping & Bad Address: Blinkarpsvägen 3, Röstånga Phone: +46 77 11 01 200 Internet: www.nordiccamping.se/vara-anlaggningar/nordic-ca mping-rostanga

### Norrviken Camping



Norrviken's campsite just outside Båstad has the perfect seaside location, but is not too far from lively Båstad with all its activities and events. The

proximity to both hiking and cycling trails makes it possible to explore the Bjäre Peninsula close up and discover all the highlights that you can find along the way. The campsite offers a playground, live entertainment, a shop and much more.

Photo: Caravan Club of Sweden Address: Kattviksvägen 347, Båstad Phone: +46 431 36 91 70

### **First Camp Torekov**



The campsite First Camp in Torekov, with its seaside location, is a wonderful summer campsite located at the tip of the Bjäre Peninsula.

The proximity to most excursion destinations, such as Hallands Väderö, Hovs Hallar and Birgit Nilsson museum and lively Båstad with all its activities and events, makes the campsite very attractive.

The campsite is equipped with all facilities, a shop, restaurant, miniature golf course and much more.

Photo: First Camp Address: Flymossavägen 5, Torekov Phone: +46 431 36 45 25 Internet: www.firstcamp.se/destination/torekov-bastad/ Email: torekov@firstcamp.se

### Råå Vallar Resort



Råå Vallar Resort offers varied accommodation right on the Öresund with views of the Ven and Denmark. Only a few minutes from the center

of Helsingborg, you will find a resort out of the ordinary. We offer attractive camping opportunities for all guests! Not only will you find a great variety of pleasant

Not only will you find a great variety of pleasant accommodation spread over a family orientated camping but facilities like the restaurant, a TIME-shop, exciting activities for the whole family and close proximity to the center of Helsingborg with all it has to offer too.

Here you can choose between all options, from cosy camping accommodation to more exclusive newly built and fully equipped cottages right by the beautiful Öresund! Motorhomes, caravans and those who choose to camp in tents are all welcome.

Photo: Helsingborgs stad/Anna Alexander Olsson Address: Kustgatan, Råå Phone: +46 42 18 26 00 Internet: www.nordiccamping.se/vara-anlaggningar/nordic-ca mping-raa-vallar/ Email: raavallar@nordiccamping.se

# TRAVEL TO HELSINGBORG REGION



Mickael Tannus/Familjen Helsingborg

In this region all the distances are short. Close to everything and easy to get here. That's the right way to describe Helsingborg Family.

We are located conveniently close to the E4 and E6 and train ferry and bus connections are good. We also have three airports within an hour's travel from the region: Ängelholm Helsingborg, Malmö Airport and Copenhagen Airport. Copenhagen takes you quickly. A train ride in just over an hour from Helsingborg, and presto, you are there.

#### By Air



There are three airports in this region: Ängelholm-Helsingborg Airport, Malmö Airport and only 20 minutes away from Malmö over the

Öresund Bridge you also have Copenhagen Airport.

Ängelholm-Helsingborg Airport +46 431 48 45 13. www.angelholmhelsingborgairport.se

Malmö Airport +46 40 61 31 000. www.swedavia.se/sv/Malmo/Resenar

Copenhagen Airport +45 32 31 32 31. cph.dk/CPH/DK/MAIN

Photo: boph.se Email: www.helsingborgfamily.com

### **By Ferry**



You can also reach our region by ferry from Denmark. The ferry departures 3-4 times an hour between Helsingborg and Elsinore

in Denmark, and the journey takes about 20 minutes.

www.scandlines.se www.sundbusserne.dk

Photo: Familjen Helsingborg Address: Helsingborg C

# Destination: Helsingborg Region Publishing date: 2021-04-26

#### By train



Travelling by train in the region is both quick and convenient. SJ is the largest train operator and operates on most long-haul routes from

Oslo, Copenhagen and Berlin as well as in Sweden. With the fast X2000 train from Stockholm trip takes about 5 hours to Helsingborg and Gothenburg takes about 2 hours. Skånetrafiken runs the public transportation within Skåne.

www.sj.se www.skanetrafiken.se

Photo: Studio e Address: Helsingborg C

#### By car



Arriving to the region by car? Welcome! Both E4 and E6 passes the region and makes it easy for you to drive to us. If you want to rent a car during your

visit, several of the well known rental companies are represented in our region. Many gas stations also have car rental.

www.hertz.com www.europcar.se www.avis.se www.sixt.se/en/

Photo: Familjen Helsingborg

**Population** Approximately 351,000

**Currency** Swedish SEK/crowns

Internet

www.helsingborgfamily.com – Helsingborg Family's official website.

# **Emergency numbers** 112

#### **Tourist information**

Close to everything, and easy to find your way around. That's one way to describe the Helsingborg family. We're close to the E4 and E6 motorways, with excellent rail, ferry and bus connections. We also have three airports within an hour of the region: Ängelholm Helsingborg Airport, Malmö Airport and Copenhagen Airport. Distances are short – Stockholm is just as close as Berlin, only 550 kilometres away.

